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COFFEE WITH A SHIPMATE CHALLENGE

MISSION CARD

MISSION BRIEF

EVERY MEMBER OF THE WORKFORCE HAS A STORY. TAKING THE TIME TO GENUINELY CONNECT WITH A SHIPMATE STRENGTHENS TRUST, UNIT COHESION, AND REINFORCES THAT NO ONE STANDS WATCH ALONE.

ACTION

INVITE A SHIPMATE FOR COFFEE, BREAKFAST, LUNCH, OR A WALK. THE ONLY OBJECTIVE IS TO LEARN MORE ABOUT THEM THAN YOU KNEW BEFORE. LEAVE RANK, JOB TITLES, AND DAILY TASKING BEHIND FOR A FEW MINUTES. BE CURIOUS. LISTEN MORE THAN YOU SPEAK.

PARAMETERS

PHONES DOWN. LISTEN WITHOUT INTERRUPTING. ASK FOLLOW-UP QUESTIONS. DON'T TRY TO FIX EVERY PROBLEM. KEEP THE CONVERSATION CONFIDENTIAL UNLESS SOMEONE'S SAFETY IS AT RISK. BEFORE WRAPPING, ASK: "HOW CAN I SUPPORT YOU THIS WEEK?"

CONVERSATION POINTS. CHOOSE THREE.

- WHAT BROUGHT YOU TO THE COAST GUARD? • WHO HAS HAD THE BIGGEST INFLUENCE ON YOUR CAREER?
- WHAT'S SOMETHING YOU'RE PROUD OF THAT MOST PEOPLE DON'T KNOW? • WHAT KEEPS YOU MOTIVATED DURING LONG PATROLS OR DEPLOYMENTS? • WHAT'S BEEN YOUR TOUGHEST LESSON IN THE COAST GUARD?
- WHAT DO YOU ENJOY DOING WHEN YOU'RE OFF DUTY? • WHAT'S ONE GOAL YOU'RE WORKING TOWARD THIS YEAR? • WHAT'S ONE THING PEOPLE SHOULD UNDERSTAND ABOUT YOUR JOB? • WHAT'S SOMETHING THAT'S GONE REALLY WELL FOR YOU LATELY?

LISTEN FOR

✓ WINS WORTH CELEBRATING ✓ SOURCES OF STRESS ✓ FAMILY UPDATES ✓ CAREER ASPIRATIONS
✓ SIGNS THEY MAY NEED ADDITIONAL SUPPORT ✓ OPPORTUNITIES TO ENCOURAGE THEM

DEBRIEF

AFTERWARD, TAKE ONE MINUTE TO SELF-REFLECT. WHAT DID I LEARN? WHAT SURPRISED ME? HOW WILL WE STAY CONNECTED?

BONUS CHALLENGE WITHIN 72 HOURS: ☐ SEND A FOLLOW-UP TEXT. ☐ TALK AGAIN. ☐ INVITE THEM TO PT, LUNCH, OR ANOTHER COFFEE. ☐ INTRODUCE THEM TO ANOTHER SHIPMATE. ☐ RECOGNIZE SOMETHING THEY SHARED.

EFFECT: STRENGTHENS TRUST, BELONGING, UNIT COHESION, PEER SUPPORT & MISSION READINESS

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