

**FIELD MEDICAL TRAINING BATTALION - EAST**

**CAMP LEJEUNE, NC**

<https://www.fmtbneast.marines.mil/>



# The Sailor's Creed

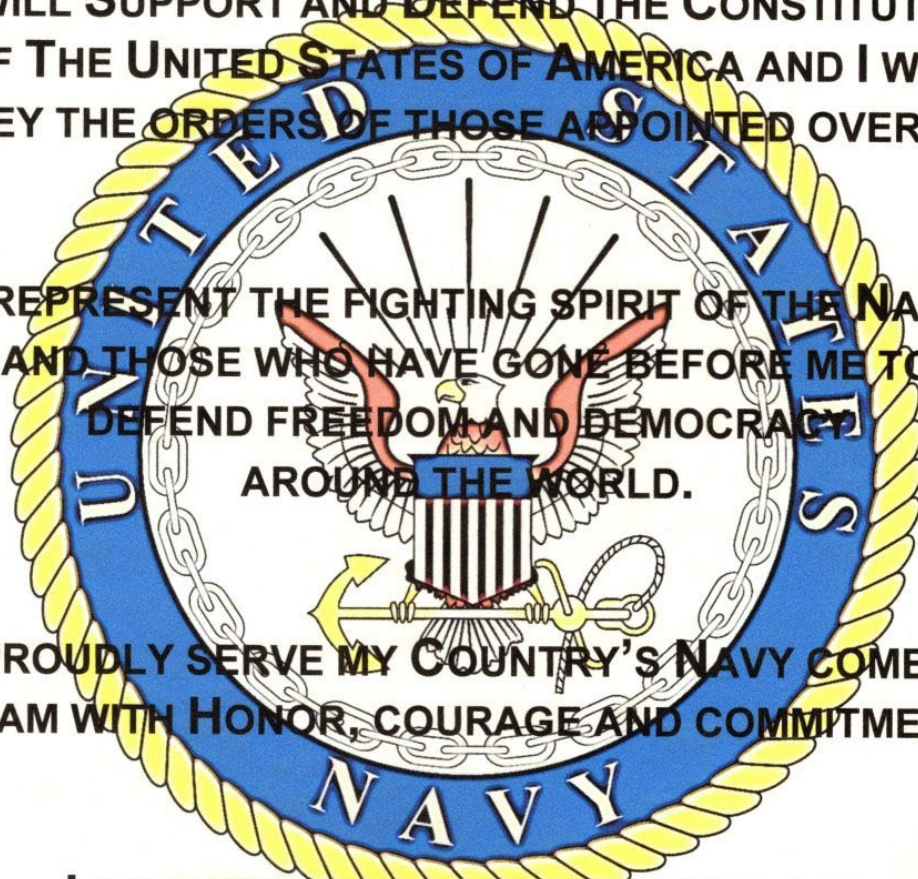
**I AM A UNITED STATES NAVY SAILOR**

**I WILL SUPPORT AND DEFEND THE CONSTITUTION  
OF THE UNITED STATES OF AMERICA AND I WILL  
OBEY THE ORDERS OF THOSE APPOINTED OVER ME.**

**I REPRESENT THE FIGHTING SPIRIT OF THE NAVY  
AND THOSE WHO HAVE GONE BEFORE ME TO  
DEFEND FREEDOM AND DEMOCRACY  
AROUND THE WORLD.**

**I PROUDLY SERVE MY COUNTRY'S NAVY COMBAT  
TEAM WITH HONOR, COURAGE AND COMMITMENT.**

**I AM COMMITTED TO EXCELLENCE AND  
FAIR TREATMENT OF ALL**



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1. **MORNING REVEILLE:** Reveille will be at 0430 unless otherwise specified. Reveille may be earlier for field training, conditioning hikes, obstacle courses, and practical training. Attention to the schedule, listening, and understanding of information being passed by advisors, instructors, and staff is your responsibility. The command will post a schedule for the upcoming days and weeks in your barracks. **Stay flexible; the schedule is subject to change.**

2. **FORMATIONS:** Every student will muster in formation 15 minutes before any scheduled event. Company formations are held in front of the barracks.

- **Morning formation** will be conducted at **0500** unless otherwise specified. All students will be present and will march to chow. The company must arrive at the chow hall no later than **0515**. After chow, students need to prepare for the training day and, as such, will be in their classroom seats 15 minutes before the start of class or as dictated by their platoon advisors.
- **Field Day formation** will be every **Thursday at 1830** **unless otherwise specified.** This formation will commence the field-day of the barracks.
- **Post 72/96 formation** is an all-hands muster that will occur at **2045** on the last day of the extended liberty period. Each Platoon Commander will ensure full accountability of their command members and report to the OOD by 2100.

3. **STUDENT LEADERSHIP POSITIONS/ROLES:** Seven student leadership positions are available during your time at FMTB-E. All leaders, regardless of their position, must set an example. If you have questions concerning your role and position, ask your Platoon Advisors. Remember, leaders are not born but made. Use this training opportunity to develop and perfect your leadership skills. As always, leaders are held to a higher standard of conduct, professionalism, and accountability and will be held accountable for maintaining the higher standard as a leader.

- **Student Platoon Commander:** Their function is to supervise and carry out the instructions given by the Training Officer, Senior Military Instructor, Training Chief, or Platoon Advisors. The Student Platoon Commander serves as the platoon's focal point of contact and receives instructions to be passed down. The Student Platoon Commander is responsible for keeping their squad leaders well informed and accountable for all students within the platoon. If the Platoon Advisors are not present, the Student Platoon Commander will carry out the daily routine designated in the schedule. The Platoon Commander is not authorized to give extra military instruction (EMI) or punish another student. Discuss any problems that arise with the Platoon Advisors and/or Training Chief.
- **Student Platoon Sergeant:** The Student Platoon Sergeant is responsible for holding all platoon formations, conducting musters, keeping all the troops well-informed, and marching the platoon to and from all destinations. Assistance with calling close-order drill is available from the Platoon Advisors. The Student Platoon Sergeant will account

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for all personnel, including weapons when carried, and report them on the morning muster report. The Student Platoon Sergeant will conduct a daily uniform inspection at the morning formation. The following will be checked during uniform inspections: **clean, neat, serviceable uniforms, blackened collar devices, clean boots, and personal grooming to standards.**

- **Student Platoon Scribe:** The Platoon Scribe will be an experienced Petty Officer. The Student Scribe will be given a binder/bag with important forms (sick call, administrative services, special request forms, etc.) necessary to conduct day-to-day functions. The Platoon Advisors will assemble the Scribe binder/bag and properly inform the Scribe of their responsibilities. The Student Platoon Scribe is responsible for documenting the student morning report while other duties may vary according to their platoon advisors.
- **Student Platoon Master-at-Arms (MAA):** The MAA assigns and oversees daily clean-up tasks while maintaining good order and discipline in the barracks. The MAA will ensure that the barracks are clean and neat while ensuring that the platoon classroom and accompanying head are clean, tidy, and restocked before leaving every afternoon. The MAA is additionally responsible for Field Day of the barracks and classroom. The MAA will ensure stock of all cleaning supplies and submit the proper request to the Supply Petty Officer for additional gear and supplies as needed. If a malfunction or infraction occurs, the MAA promptly informs the Student Platoon Advisors during regular working hours or the Officer of the Day (OOD) outside those hours.

**Squad Leader:** The Squad Leader ensures their squad's accountability, welfare, readiness, and understanding of orders while also completing tasks assigned by the chain of command to achieve objectives successfully.

- **Fire Team Leader:** Within each squad, Fire Team Leaders are responsible for any tasks given by the chain of command and their fire team's accountability, welfare, readiness, and understanding of orders and the mission to achieve objectives successfully.
- **Education Petty Officer:** An Education Petty Officer in the military has a crucial role in ensuring their fellow service members' professional development and educational advancement. Their responsibilities typically include hosting study sessions three times per week, and before every Annex exam, while maintaining accurate records of study sessions.

**4. SICK CALL PROCEDURES:** Students seeking to attend sick call must notify platoon leadership in the morning by obtaining and completing a sick call slip from the platoon scribe. Students must submit this slip to any platoon advisor before PT or 0700, whichever comes first. Students will report directly to the Branch Medical Clinic (BMC) Camp Johnson (located on Company A Street) NO LATER THAN 0715. Students must not report to sick call without completing and submitting a sick call slip to the platoon advisor.

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- BMC Camp Johnson conducts sick call, and students can walk in from 0730-0830. Students will be triaged for same-day appointments (for illness/injury less than 72 hours) or booked for a future appointment (for injury greater than 72 hours in duration). Alternatively, students may call BMC Camp Johnson to schedule an appointment at 910-450-0440. Ancillary services other than those provided aboard Camp Johnson will require a duty vehicle for transportation.
- Dental sick call will follow the same procedures as medical sick call.
- Students must inform platoon advisors of medical/dental appointment times and location 24-48 hours before the appointment.
- There is **NO** sick call on any day that a major training evolution is scheduled. Additionally, any medical/dental appointment booked on these days **MUST** be rescheduled.
- Student **MUST** wear PT shorts underneath their uniform.
- Upon return from Medical, the student must immediately present any light duty or SIQ chit to their platoon advisor for documentation. Failure to provide any light duty or SIQ chit when issued will result in disciplinary action.

Call 911 and immediately inform a Platoon Advisor if it is an emergency. If you are off base, call 911 or go directly to the nearest Emergency Room. Remember, that keeping your chain of command and the OOD (at 252-764-5588) informed of your whereabouts and status (discharge, sick-in-quarters, hospitalization). After being seen, you will report to the Independent Duty Corpsman (IDC) the following day. Report if it is on the weekend or holiday. In all cases, you must report to the FMTB-E OOD immediately upon release/departure from the hospital.

**5. UNIFORM STANDARDS:** The MARPAT combat utility uniform (woodland) will be the prescribed uniform of the day. The utility uniform **will always** be clean, and collar devices will be blackened. Boots will be cleaned daily, and your trousers will be bloused appropriately. You will not be penalized if your boots get dirty during the training day. **PT gear is NOT AUTHORIZED anywhere on base except the gym or while exercising.**

The MARPAT combat utility uniform, or any portion thereof, will not be worn in town. You may wear the utility uniform anywhere on base. The **ONLY** exception is during a medical emergency or a vehicle breakdown. This instruction differs from the wear of the Navy Working Uniform (NWU), outlined in the Navy Uniform Regulations Manual.

**6. FIELD DAY:** Field Day will be conducted on Thursdays and inspected on Fridays by a staff member(s). Failure to properly clean will result in re-inspection by the OOD. The MAA will delegate daily assignment for cleaning. As always, daily barracks maintenance result in an easier Field Day. QR codes are posted at the quarterdeck to report any maintenance/facilities requests. Barracks trash will be emptied in the dumpster, at least, twice daily (0500 and 2145 daily). The barracks and all common spaces are **subject to inspection at any time.**

The Training Chief or Platoon Advisors will assign the platoon additional cleaning tasks, such as maintaining the main classroom, heads, lounges, training areas, grounds, or parking areas, alongside regular Field Days. The MAA is responsible for executing these tasks and reporting

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their completion to the Student Platoon Commander or Sergeant, ensuring all assignments are finished before the next day. These tasks must not interfere with evening chow.

**7. ACADEMIC INFORMATION:** Mentally and physically prepare for this course months *before* arrival, as it will challenge you. Focus on prioritizing sleep, eating nutritious foods, hydrating with water, and increasing your physical conditioning strength and endurance. Students will complete two-mile, four-mile, six-mile, and eight-mile hikes. They will also participate in a Litter-O course, rifle range training, and field exercises designed to enhance their learning experience.

FMTB-E offers two Programs of Instruction: Field Medical Service Technician (FMST) Course and Marine Corps Expeditionary Combat Skills Training (MCECST) Course. Students in both courses must pass both written and performance exams to graduate.

**FMST - 55 training days (does not include holidays)**

Marine Corps Common Skills  
Field Medical Skills  
CM/C TCCC  
Prolonged Casualty Care

**\*\*Students must obtain 80% or higher on all written exams to pass. Students must perform a Tactical Trauma Assessment based off Defense Health Agency (DHA) Combat Medic/Corpsman Course Tactical Combat Casualty Care Curriculum (CM/C TCCC) on the Deployed Medicine App or website at <https://deployedmedicine.com>. Students must pass CM/C TCCC to graduate and will leave with a certificate. **Student are encouraged to create a Deployed Medicine Account prior to reporting to the course (using an accessible personal email).**\*\***

**MCECST - 45 training days (does not include holidays)**

Marine Corps Common Skills  
Marine Corps Martial Arts Program - Tan Belt  
CLS TCCC  
Religious Ministry in Combat  
Combat Skills  
Service Rifle Familiarization

**\*\*Students must obtain 80% or higher on all written exams to pass. Students will be taught the DHA Combat Lifesaver (CLS) TCCC Curriculum on the Deployed Medicine App or website at <https://deployedmedicine.com>. Students that pass CLS TCCC, will leave with a certificate. **Student are encouraged to create a Deployed Medicine Account prior to reporting to the course (using an accessible personal email).**\*\***

The first day of class, you will be introduced to the Command's staff members, advised of their roles at FMTB-E, and be provided support service information. **PAY ATTENTION!** This information may be beneficial to you in the weeks to come!

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Student should report to FMTB-E with all materials needed for studying (pens, notebook, flashcards, etc.). Students will be required to create a Marine Net account and will need to know their Common Access Card (CAC) pin and EDIPI/DOD ID for course registration. A technology device will be issued to every student.

**\*\*Hint: The questions are based on your Enabling Learning Objectives (ELOs) in the lessons. Although you are responsible for all the material the ELOs are helpful for focusing on the most important material.**

Studying with a group might be helpful, but studying is ultimately **YOUR** responsibility. Utilize a variety of study methods (flashcards, study groups, note taking, reading ahead). Students who fail any exam(s) will be counseled and re-tested the following morning. Students who fail one exam will also be placed on remedial mandatory study sessions. If a student fails two tests, a Student Performance Academic Review (SPAR) board will be conducted to assess the student's progress. Three total written or performance test failures will result in a student being recycled to the next iteration or being completely dropped from the course.

**8. FITNESS REQUIREMENTS:** An Individual Fitness Assessment (IFA) will be completed within the first two days of class, which consist of push-ups, planks, and 1.5-mile run. **FAILURE TO SUCCESSFULLY MEET BCA OR NAVY FITNESS STANDARDS WILL RESULT IN BEING DISENROLLED FROM THE CLASS.** It is your responsibility to be prepared for the Navy's Physical Fitness Assessment (PFA), Marine Corps Physical Fitness Test (PFT), Marine Corps Combat Fitness Test (CFT), Tactical Combat Casualty Care buddy carries, conditioning hikes, Liter-O course, and physical training sessions.

Do not let your teammates down and train months before arrival. There is no time to conduct a remedial physical training program to get students who are minimally qualified to be fully prepared to commence training. It is recommended that you PT in safe conditions with reflective gear and buddy, stay hydrated, limit caffeine, and eat nutritious dense foods.

**9. CORRECTIVE LENS EYEWEAR:** Students who require corrective lens eyewear must report to training with **two pair** of government issued clear lens glasses. Contact lenses are not authorized during your time here except when specified by the staff or IDC. Decorative, shaded/colored, and faddish eyewear is prohibited during training. Broken/lost glasses with a prescription less than a year old can be re-ordered through the Camp Johnson Clinic.

**10. MISCELLANEOUS ITEMS:** Additionally, the items listed below can be purchased upon arrival or you may bring them with you:

- Good pair of running shoes with white socks (no basketball shoes)
- Pen and highlighter
- Notebook
- Hydration source
- Glow Belt (Yellow plastic type)
- 4 sets of boot bands

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- 4 sets of blackened rank insignia (will wear these until given rating shield at graduation)
- 3 combination locks
- 1 mesh laundry bag
- Toiletry items to provide for your personal comfort during the training period
- 1 set of dog tags (red tags for allergies)
- Medical equipment (EPI pen, inhalers, etc.)
- Shower shoes
- 1 Flashlight or headlamp with red light capability
- Sunscreen
- Wristwatch
- 2 subdued cover rank insignia (LARGER and for personnel E4 and above only)
- 2 towels

**\*\* All students are required to know their PIN to their Common Access Cards (CAC). Please ensure you know your current PIN or have it reset prior to check-in.**

**11. DISCIPLINE/RESPECT:** At no time will anyone disrespect another shipmate. If you have a problem, bring it to your **Platoon Advisor's** attention (or the OOD if after hours) and they will resolve the issue. Do not misconstrue training, guidance, accident prevention, and leadership for hazing. It is incumbent upon all members of this command to conduct themselves in such a manner to set the best possible example for subordinates, peers and seniors and represent the Navy and Marine Corps. Unseemly conduct while in and out of uniform tends to reflect discredit upon the Navy and the Marine Corps and may be considered an infraction of the Uniform Code of Military Justice (UCMJ). This is a Marine Corps Formal Learning School, and we represent the Navy's finest on a Marine Corps Base. Teamwork is essential in combat. You must obey the orders of the leaders appointed over you.

**12. AWARDS:** There are several awards that can be achieved at FMTB-E. If you are motivated, you can earn more than one:

- *Honor Graduate:* Awarded to the HM and RP with the highest combined Individual Fitness Assessment (IFA), PFT, CFT and GPA. Any event failure disqualifies you from this award.

#### **Corpsmen Awards:**

- *Super Doc:* Awarded to the HM who displays the most motivation, professionalism, leadership, and who helps others to succeed.

#### **Religious Program Specialist (RP) Awards:**

- *RP Motivator:* Awarded to the RP who displays the most motivation, professionalism, leadership, and who helps others to succeed.

**13. CIVILIAN ATTIRE:** At the conclusion of the training day, based upon your phase liberty status, liberty will be granted so bring proper civilian attire. When you leave this base, you will be in proper civilian attire. Pants and shorts with pockets are acceptable only if they are not fraying or in disrepair. Belts and shoes or tennis/running sneakers/shoes are to be worn. Tank

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tops and white or green undershirts are unauthorized unless used as an undershirt with civilian attire. Shower shoe type footwear is **not** authorized outside the berthing area; however, SANDAL type footwear is authorized. There are plenty of Marines and Sailors out there ready to correct inappropriate attire. Remember, you represent the Navy, in and out of uniform, so take pride in your personal bearing and appearance.

- You are **NOT** permitted to enter the Marine Corps Exchange or Chow Hall in PT gear.
- You are **NOT** authorized to mix civilian clothes or footwear with the MARPAT uniform
- On base, if entering a building in civilian attire with a cover, any cover will be removed and remain off while indoors.

**IT IS YOUR RESPONSIBILITY TO KNOW THE REGULATIONS FOR CIVILIAN ATTIRE.**

**14. PROHIBITED POSSESSION AND CONSUMPTION OF ALCOHOL: THE LEGAL DRINKING AGE IN THE STATE OF NORTH CAROLINA IS 21!** Driving Under the Influence (DUI) is a very serious offense in North Carolina and carries some harsh penalties. Regardless of the outcome in civilian court, members charged with drinking underage or a DUI shall be referred for evaluation and counseling for substance abuse, loss of base driving privileges, and non-judicial punishment.

The possession and consumption of alcoholic beverages in a privately owned vehicle is strictly prohibited while on, or assigned to, the Camp Lejeune area, Camp Johnson, and FMTB-E. Additionally, no alcoholic beverages are authorized on the grounds, parking areas, buildings, training areas, or barracks of Camp Johnson to include FMTB-E. **Four Corners** is the only authorized area where alcohol may be consumed by students 21 years of age or over, after normal working hours and not in a duty status.

All watch standers are prohibited from consuming alcohol 12 hours before duty muster and during the 24 hours of their duty section. The student must always be available and ready for tasking by the CDO or OOD. Violations of this policy will result in disciplinary action.

**15. SMOKING/DIPPING/CHEW/VAPING POLICY:** Tobacco use of any kind (including E-Cigarettes) is **NOT** authorized during training hours; **this includes while conducting range operations**. Smoking in uniform while walking is NOT authorized. Use of tobacco is only authorized at base designated smoke deck (**tobacco use is NOT authorized within 50 feet of any entrance to any building on base**). It is the responsibility of student smokers to maintain the cleanliness of all smoking areas. If the authorized smoking areas are not appropriately maintained, they will be secured.

**16. PROHIBITED ACCESS TO BERTHING AREAS:**

Only students assigned to a barracks specific squad bay are authorized to enter or visit students in that squad bay only, unless otherwise authorized by the OOD, CMC, XO, or CO. No family members, friends, salespersons (food delivery personnel), prior students, or any other person not assigned to FMTB-E barracks is authorized to enter or visit that or any other barracks at any time without the explicit permission of the OOD and signing into the visitor logbook. Unauthorized

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persons subject to the Uniform Code of Military Justice who enter any barracks to which they are not authorized to enter shall be prosecuted, and all other persons not subject to the Uniform Code of Military Justice shall be arrested and charged in federal court for trespassing and unauthorized entrance. Students that inappropriately allow or authorize, or who do not report an unauthorized entry, may be subjected to the same disciplinary action.

**17. PARKING OF PRIVATELY OWNED VEHICLES (POVs):** Student and guest parking are limited to the student parking area. Students are only authorized to park in the M-501 parking lot. **Student POVs are NOT authorized to be parked in the M-508 parking lot at any time.** All student vehicles parked at other than the prescribed student parking area (e.g., at the Recreation Center, in any other FMTB-E parking area, etc.) shall be subject to ticketing, towing, loss of base privileges, and/or other administrative or disciplinary action.

**18. STUDENT MAILING ADDRESS:**

**Student Mailing Address:**

Rank, Full Name, USN or USNR

FMTB-E CLASS # \_\_\_\_\_

PLATOON # \_\_\_\_\_

PSC BOX 20042

CAMP LEJEUNE, NC 28542-0042

**For USPS/FEDEX ONLY:**

Rank, Full Name, USN or USNR

FMTB-E Class # \_\_\_\_, Platoon # \_\_\_\_

BLDG 508

Camp Johnson, NC 28542

\*\*Students should discontinue mail being sent to FMTB-E 10 working days prior to graduation to ensure there is no loss of mail.\*\*

**19. EMERGENCY TELEPHONE NUMBERS:**

**OOD:** (252) 764-5588

**S-1 (Admin):** (910) 450-0929/0459/0927/1187

**20. LEAVE AND LIBERTY FOR STUDENT PERSONNEL:** Leave and liberty can be found on the official FMTB-E website.

**21. PERSONAL ELECTRONIC DEVICES:** The use of personal electronic devices during the training day and any training event is **NOT** authorized. Therefore, students are not authorized to carry their personal devices with them during training. If there is an emergency, it will be reviewed on a case-by-case basis.