

PLAN^{OF THE} MONTH

Your Leadership Tool for Communicating Internally



JULY 2024

IMPORTANT DATES:

Feb. 1- Nov. 30	CY24 PRT Cycle
July 4	Independence Day

DEADLINES:

July 1	Seaman-to-Admiral (STA-21) Applications Due
July 24	Seaman-to-Admiral (STA-21) All Documentation Due
Sept. 26	2024 Application Deadline for TA and NCPACE
Sept. 30	Enlisted to Medical Degree Preparatory Program (EMDP2) Applications Due
Oct. 31	National Intelligence University AY 25-26 Cohort Applicants Deadline for Detailer Release

SPOTLIGHT

Command Advance to Position (CA2P)

Command Advance to Position (CA2P) will replace the seasonal Meritorious Advancement Program (MAP) for Navy-wide promotions to E-5 and E-6 over the next two calendar years. CA2P allows commanders to fill open billets in any rating (except nuclear) by recommending deserving Sailors for advancement to the corresponding pay grade. Details about CA2P and how Sailors can benefit are available in [NAVADMIN 111/24](#).



NAVY CULTURE



CNO's Reading List

Calling all Warfighters! Dive into [CNO Franchetti's Reading List](#) and discover thought-provoking books that will inspire and challenge you. Explore leadership, history, and personal development through the lens of warfighting. Need a starting point? Take a look at these books:

- "The Boys in the Boat" by Daniel James Brown
- "War Transformed" by Mick Ryan
- "Engineers of Victory" by Paul Kennedy
- "Winning a Future War" by Norman Friedman

PROFESSIONAL DEVELOPMENT

FY25 Enlisted to Medical Degree Preparatory Program (EMDP2)

Are you interested in going to medical school? The Enlisted to Medical Degree Preparatory Program (EMDP2) is a two-year, full-time education curriculum for enlisted military members to prepare for medical school applications. Selectees will be immersed in classroom instruction, MCAT preparation, and clinical experiences. Students will also receive orders to be a part of the Uniformed Services University of the Health Sciences and remain on active duty. [Applications](#) for FY25 enrollment are due Sept. 30, 2024.



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MONEY MATTERS

CY2025 Blended Retirement Continuation Pay

NAVADMIN 104/24 announced the continuation pay rates for CY25 under the Blended Retirement System (BRS). Continuation pay is a direct cash payout, like a bonus, available to active-duty and reserve members in a pay status between their eighth and 12th years of service. The CY25 bonus is two and a half times the monthly basic pay for active-duty sailors. To qualify for continuation pay, sailors must opt-in via NSIPS before reaching their 12th year of service. For more details, view the [continuation pay rate memo](#).



HEALTH & WELLNESS

Physical Readiness Program Update

Build great people, leaders, and teams with the physical readiness program (PFA)! The physical readiness program is modernizing its approach to better align with the Culture of Excellence 2.0 initiatives. The updated changes include removing mandatory significant problem comments and administrative actions concerning physical readiness program failures. Learn more about the PFA policy changes to enlisted evaluations and officer fitness reports on [MyNavy HR](#).



FAMILY RESOURCES



Plan My Deployment (Military OneSource)

Plan My Deployment is a comprehensive guide to preparing for and navigating upcoming deployments for Sailors and their families. Access detailed task checklists, valuable resources, and informative articles to prepare for each phase in the cycle: Pre-deployment, Deployment, Reunion, and Reintegration. This resource supports keeping families connected, assisting children through deployment, and preparing for sailors' return home. For more information, visit [Military OneSource](#) today.

RESOURCE SPOTLIGHT

Navy-Marine Corps Relief Society

The Navy-Marine Corps Relief Society is a nonprofit organization that provides assistance to active-duty and retired Sailors, Marines and their families in financial need. [Quick Assist Loans](#) up to \$1,000 are available to eligible active-duty members who apply. No appointment is required, and the application process takes about 15 minutes.



NAVY-MARINE CORPS
RELIEF SOCIETY