

# SAILOR TO SAILOR

THE OFFICIAL NEWSLETTER OF MYNAVY HR

JANUARY 2024

If you or someone you know is in crisis,  
call the Veterans Crisis Line.



## EVENT DATES:

**Feb. 1 - 29, 2024:**

[SELRES E5-E7 Exams Window](#)

**Feb. 1 - Nov. 30, 2024:**

[2024 PFA Cycle](#)

**March 7:**

[AD/TAR E-6 Exam](#)

**March 14:**

[AD/TAR E-5 Exam](#)

## DEADLINES:

**Feb. 23**

[New Years Day Deck Log Poem Contest for 2024](#)

**March 29**

[2024 Captain Joy Bright Hancock And Master Chief Anna Der-Vartanian Leadership Awards](#)

**March 31**

[Navy Language Program Awards Nomination Submissions](#)

**April 31**

[CNO Naval History Essay Contest](#)

**May 3**

[Blue Angels Enlisted Applications](#)

**CHIEF OF NAVAL PERSONNEL:**

VADM Richard J. Cheeseman Jr.

**FLEET MASTER CHIEF OF PERSONNEL,  
MANPOWER, AND TRAINING:**

FLTCM Delbert Terrell Jr.

## POLICY FOR THE ASSIGNMENT OF PREGNANT SAILORS AND SAILORS WHO EXPERIENCE PERINATAL LOSS

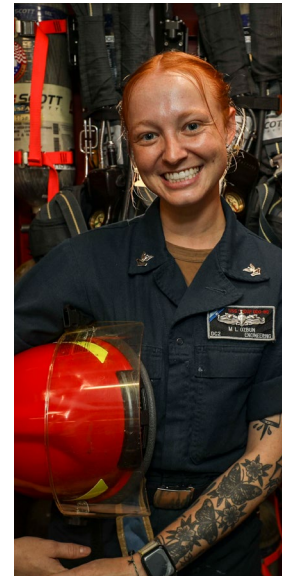
### [NAVADMIN 006/24](#) | [FACT SHEET](#)

This NAVADMIN updates policy and procedures for the assignment of pregnant Sailors. Sailors who become pregnant during a sea duty tour will be reassigned to a valid requirement ashore billet. Pregnant Sailors assigned to shore duty who are within 13 months of their Projected Rotation Date may be extended at their current command or moved locally to fill a valid billet.

## DETAILING MARKETPLACE ASSIGNMENT POLICY PHASE IV - DC AND ABE EXCLUSIVE

### [NAVADMIN 017/24](#) | [FACT SHEET](#)

This NAVADMIN announced next steps toward implementing Billet-Based Advancements focused on the journeyman pay band (E-5 and E-6) for the ABE and DC ratings. Starting June 1, 2024, these Sailors in the active component will advance through Advance-to-Position (A2P) and Command Advance-to-Position (CA2P) opportunities. The update also includes the introduction of the Rating Knowledge Exam, which will replace the Navywide Advancement Exam for Phase IV participants.



## GUIDANCE FOR MARCH 2024 AD/TAR E-5 AND E-6 NAVYWIDE ADVANCEMENT EXAMINATIONS

### [NAVADMIN 010/24](#)



The guidance for the March 2024 Cycle 263 Navywide Advancement Exams for Active-Duty and Training and Administration of the Reserve Sailors details eligibility requirements, responsibilities for candidates and commands, key dates, deadlines, and more.



## AMERICA'S WARFIGHTING NAVY **CNO** A MESSAGE FROM THE

To read the full message, click the link:  
<https://dvidshub.net/r/mnuqmi>

### KEY RESOURCES THAT LEADERS NEED TO KNOW

DO YOU KNOW WHERE TO GO FOR:

CAREER MANAGEMENT

LEADERSHIP DEVELOPMENT

MENTAL HEALTH ASSISTANCE

SAILOR PAY SUPPORT

EDUCATION RESOURCES

**[CLICK HERE](#)**  
**[FOR DIRECT LINKS](#)**  
**[TO THESE PROGRAMS](#)**

NAVADMINS CONT'D

### MIT SEMINAR XXI CLASS OF ACADEMIC YEAR 2024-2025 CALL FOR APPLICATIONS

#### [NAVADMIN 004/24](#)

Eligible Sailors can now apply for the academic year 2024-2025 Massachusetts Institute of Technology (MIT) Seminar XXI - Foreign Policy, International Relations, and the National Interest. This is a unique opportunity for future policy leaders to share perspectives, while cultivating their understanding of the intricate relationships among economy, society, and culture in the international environment.

### 2024 CNO NAVAL HISTORY ESSAY CONTEST

#### [NAVADMIN 009/24](#)

The Chief of Naval Operations invites entrants to submit essays that apply lessons from throughout naval history to solving today's Navy challenges. Submit essays no later than April 30, 2024.



## MYNAVY CAREER CENTER IS NOW ON FACEBOOK!

Follow them for:

- Direct insights from MNCC leadership
- Proactive updates
- An open line to ask questions and get answers



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