

# PLAN OF THE MONTH

Your Leadership Tool for Communicating Internally



## DECEMBER 2024

### IMPORTANT DATES:

Dec. 7	Pearl Harbor Day
Dec. 14	Army Navy Game
Dec. 31	New Year's Eve
Jan. 16	E7 Advancement Exam

### DEADLINES:

Dec. 13	<a href="#">Deadline for Enlisted Applications to the FY25 Judge Advocate General's (JAG) Corps In-Service Procurement Program</a>
Dec. 15	<a href="#">Deadline for Applications to the 2026 Navy Legislative Fellowship Program</a>
Dec. 31	<a href="#">Deadline for Enlisted Applications to the Naval Academy Class of 2029</a>
Feb. 14	<a href="#">Deadline for Enlisted Applications to the 2026 Navy Flight Demonstration Squadron (Blue Angels)</a>

## MENTAL HEALTH

### SUPPORT DURING THE HOLIDAYS

The holiday season, while joyful to many, can be a difficult time for others. The Military Crisis Line connects those in need to a trained counselor with a single phone call. This confidential, immediate help is available 24/7 at no cost to active-duty, Guard and reserve members or their families and friends. Contact the [Military Crisis Line](#) at 988, then press 1, or access online chat by texting 838255.



## SPOTLIGHT



### PFA UPDATE

Calling all PRT phenoms! Per NAVADMIN 242-24, effective for the CY2025 PFA cycle, Sailors who do not meet official Navy BCA standards and score EXCELLENT-LOW or above on their official PRT will receive an overall PFA PASS and be exempt from participation in FEP. Sailors who do not meet Age-Adjusted Standards and score EXCELLENT-LOW or above on their official PRT will also be exempt from participation in FEP. Learn more [here](#).

## PROFESSIONAL DEVELOPMENT

### CAREER DEVELOPMENT SYMPOSIUM

The MyNavy HR Career Development Symposium (CDS) helps Sailors take charge of their careers by connecting them with tools, resources, and HR experts. CDS Southeast kicks off December 3 - check [MyNavy HR CDS](#) for updates on when one may be happening near you!



PREPARED BY  
Navy Office of Information

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# MONEY MATTERS

## **FINANCIAL WELLBEING ASSESSMENT**

Have you checked your financial health recently? The [Financial Well-Being Assessment](#) can help provide you insights into areas where you might have room to improve. Answer just 12 simple questions to get your score and then review additional resources to help you take control of your financial future.



# HEALTH & WELLNESS



## **TRICARE TRAVELING GUIDE**

Traveling this holiday season? TRICARE ensures you're covered for medical care. Emergency care is available wherever you go—just call 911 or head to the nearest ER and keep your receipts for easy reimbursement later. For medical advice on the go, reach out to the MHS Nurse Advice Line at 800-TRICARE, option 1. Specific rules depend on your plan, so check out the [TRICARE Traveling Guide](#) before you go.

# FAMILY RESOURCES



## **OPERATION KID COMFORT**

Make deployment a little easier for your little one. Operation Kid Comfort, available through the Armed Services YMCA, offers custom quilts and pillowcases for children ages 0-12 that incorporate personal photos of their hero overseas. Since its establishment in 2004, Operation Kid Comfort has distributed thousands of quilts and pillowcases around the country, helping children cope with the separation of a deployed family member. Learn more about the application process and eligibility [here](#).

# RESOURCE SPOTLIGHT

## **SPOUSE EDUCATION AND CAREER OPPORTUNITIES**

Family readiness is mission readiness. The [SECO](#) (Spouse Education and Career Opportunities) program provides military spouses with resources and support to achieve their education and career goals. It offers personalized career counseling, access to job search tools, and information on education and training opportunities.

