

# PLAN OF THE MONTH



Your Leadership Tool for Communicating Internally

## SEPTEMBER 2024

## SPOTLIGHT

### IMPORTANT DATES:

- Feb. 1- Nov. 30 CY24 PRT Cycle
- Aug. 1- Nov. 30 Command Climate Assessments
- Sept. 1 National Suicide Prevention Month & Insider Threat Awareness Month
- Sept. 5 E6 Advancement Exam
- Sept. 11 National Day of Service and Remembrance
- Sept. 12 E5 Advancement Exam

### DEADLINES:

- Sept. 30 [2024 Application Deadline for TA and NCPACE](#)
- Sept. 30 [Enlisted to Medical Degree Preparatory Program \(EMDP2\). Applications Due](#)
- Oct. 31 [National Intelligence University AY 25-26 Cohort Applicants Deadline for Detailer Release](#)
- Dec. 31 [Deadline for Enlisted applications to the Naval Academy Class of 2029](#)

### GUIDANCE ON POLITICAL ACTIVITIES

Are you familiar with the regulations regarding political activities for service members? Now that the 2024 election season is upon us, it is more important than ever to remember that the Navy is an apolitical body. Sailors cannot participate in activities that could appear to imply Navy sponsorship, approval, or endorsement of a political candidate, campaign, or cause. This includes online activity. See [ALNAV 061/24](#) for more information.



## NAVY CULTURE

### NEW MNCC WEBPAGE



### NEW MNCC WEBSITE

Did you know that the online Navy pay and personnel help center has a new home? MyNavy Career Center (MNCC) is in a new location on the MyNavy HR website at "About MyNavy HR > Commands > MyNavy Career Center". Here you can find basic information about MNCC's services, including pay and travel claim inquiries, electronic service record updates, selection board correspondence, information about GTCC use during PCS, and much more.

## PROFESSIONAL DEVELOPMENT

### TA AND NCPACE INFORMATION MEETINGS

If you're interested in using TA to get a degree but don't know where to start, the Navy College Program hosts monthly virtual TA and NCPACE informational briefings. All briefings are conducted from 1500-1600 EST on Microsoft Teams. Learn about TA or NCPACE eligibility, including steps and processes, degree and certificate opportunities, and more. Register using the QR code to the right, or learn more [here](#).



SCAN THIS QR CODE

# MONEY MATTERS

## ANNUAL RECERTIFICATION OF SPECIAL DUTY ASSIGNMENT PAY (SDAP)

Are you eligible for special duty assignment pay? During the Special Duty Assignment Pay (SDAP) [recertification process](#) for FY24, happening now, commands are required to annually review and certify the entitlement to SDAP for each assigned Sailor. This ensures that every Sailor assigned to an eligible billet remains qualified to fill the billet and is receiving the correct SDAP level. Recertification will continue through 30 September 2024. A complete list of authorized skills and pay amounts can be obtained [here](#).



# HEALTH & WELLNESS



## CHILL DRILLS

Feeling stressed? Head to Military OneSource and check out [Chill Drills](#), your pocket-sized stress fighter! The app provides simple audio exercises designed to help you relax and manage the symptoms of stress. These stress relief drills can help slow your heart rate, lower your blood pressure and reduce the level of stress hormones in your body. Audio sessions include guided meditation exercises and sleep music. [Download Chill Drills today](#) and decompress anywhere!

# FAMILY RESOURCES



## DOD HOUSING FEEDBACK SYSTEM (DHFS)

Want to share feedback about your current PPV housing unit or get insight about the condition of PPV housing at your next duty station? The new [DHFS website](#), launched August 10, provides a platform for service members to publicly post feedback and receive responses from their PPV property manager. This online platform opens an additional line of communication between the Military Housing Office, the landlord and the resident.

# RESOURCE SPOTLIGHT

## STIPEND FOR PET PCS COSTS

If you wish you had some extra cash to cover PCS-related costs for your furry family member, you're in luck! Pet travel expenses like pet shipping or quarantine fees incurred by service members during a Permanent Change of Station are now eligible for reimbursement. Service members going through a PCS in CONUS can be reimbursed up to \$550 for one household pet, either cat or dog, and up to \$2,000 for moves OCONUS. Learn more about the policy [here](#).

