



Many clinicians lack the clinical skills, practice experience, or necessary knowledge to deliver standard-of-care PTSD treatments to those most in need. To address this urgent need for more effective dissemination of the Veterans Administration (VA)-Department of Defense (DoD) Clinical Practice Guidelines for the treatment of PTSD, researchers from the Walter Reed Army Institute of Research (WRAIR), Palo Alto VA Medical Healthcare System, and New England Research Institute (NERI) were funded by US Medical Research and Materiel Command (MRMC) to develop, implement, and evaluate a novel PTSD Practitioner Exchange. The resulting Clinicians Online Resource Exchange (CORE) is an interactive, web-based dissemination resource and support mechanism for clinicians to access CPG/best practice information, online training resources, and other practice-relevant materials.

The effectiveness of CORE to increase familiarity and perceived benefits of key practices within the CPG was tested with a randomized controlled trial of 605 mental health clinicians across three service sectors (VA, DoD, and Community). While only a small fraction of those assigned to the CORE-condition accessed the resource, among those that did, practice familiarity ratings were significantly higher than those assigned to a newsletter-only condition indicating that CORE may aid in efforts of to disseminate evidence-based practices for the treatment of PTSD¹.

The Clinicians Online Resource Exchange includes:

- ***Explore***
Discover best practices for treating Post-Traumatic Stress, as well as practices that are emerging as important for addressing PTSD in veterans and military personnel
- ***Learn***
Immerse yourself in online learning and become a more effective clinician.
- ***Connect***
Find support in a community of providers who share the common goal of improving and enriching the lives of veterans, military service members, and their families.

Interested in CORE? Register for an account to access resources:

<https://core-exchange.org/account/register/>

¹Ruzek, J. I., Wilk, J., Simon, E., Marceau, L., Trachtenberg, F. L., Magnavita, A. M., Coleman, J. L., Ortigo, K., Ambrosoli, J., Zinavage, R., Clarke-Walper, K., Penix, E., & Rosen, R. C. (2020). Randomized Controlled Trial of a Web-Based Intervention to Disseminate Clinical Practice Guidelines for Posttraumatic Stress Disorder: The PTSD Clinicians Exchange. *Journal of Traumatic Stress, 33*(2), 190–196. <https://doi.org/10.1002/jts.22483>