

SAILOR TO SAILOR

THE OFFICIAL NEWSLETTER OF MYNAVYHR

JANUARY 2023

If you or someone you know is in crisis, call the Veterans Crisis Line.



IMPORTANT DATES:

March 2: E-6 Exam
March 9: E-5 Exam
March 31: E-4 EAWs Due
Feb. 1 to Nov. 1: CY 23 PRT Cycle

AWARDS AND APPLICATIONS DEADLINES:

Deck Log Poem Contest
Submissions due Feb. 24

USNCC will accept Aviation
Maintenance Technology program
applications from
Feb. 27 - March 26

MC Syracuse University AMVJ
Applications due March 10

Capt. Joy Bright Hancock and
Master Chief Anna Der-Vartanian
Leadership Awards Nominations
due March 15

Spirit of Hope and Zachary and
Elizabeth Fisher Distinguished
Civilian Humanitarian Award
Nominations due March 17

FY24 Advanced Education Voucher
Program applications due May 5

CHIEF OF NAVAL PERSONNEL:
Vice Adm. Rick Cheeseman

**FLEET MASTER CHIEF OF MANPOWER,
PERSONNEL, AND TRAINING:**
FLTCM Delbert Terrell Jr.

[MyNavyHR Website](#)

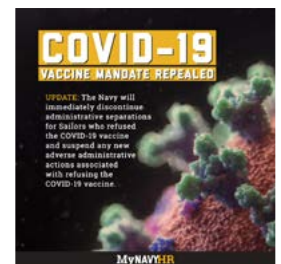
PARENTAL LEAVE PROGRAM EXPANDED [NAVADMIN 008/23](#) ■ [FACT SHEET](#)

In accordance with the National Defense Authorization Act for Fiscal Year 2022, the Navy extended parental leave to 12 weeks. This policy applies to Sailors who experience a qualified event (birth, adoption, long-term foster care placement) on or after Dec. 27, 2022, as well as to Sailors who had at least some unused caregiver leave on Dec. 27, 2022.



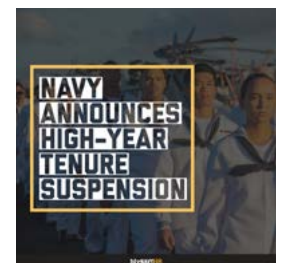
COVID-19 VACCINE MANDATE REPEALED [NAVADMIN 005/23](#) ■ [FACT SHEET](#)

The Navy announced the discontinuation of administrative separations for Sailors refusing the COVID-19 vaccine, including those with approved separation letters. Additionally, all Navy commands will stop any new adverse administrative actions associated with refusing the COVID-19 vaccine.



NAVY ANNOUNCES HYT SUSPENSION [NAVADMIN 288/22](#) ■ [FACT SHEET](#)

The Navy announced the High-Year Tenure Plus Pilot Program, which is a two year suspension of enlisted high-year tenure to improve Navy retention efforts and Fleet readiness.



EVERY SAILOR IS A RECRUITER [NAVADMIN 290/22](#)

Provides information about the Navy's recruiting referral program, "Every Sailor is a Recruiter." The goal of this program is to have Sailors share their experiences in the Navy with others who could benefit from what the Navy has to offer. Commander, Navy Recruiting Command has authorized a FLOC (max of 2) for any Sailor who provides a referral that ultimately leads to a future Sailor contract. FLOCs are worth one point each towards advancement.

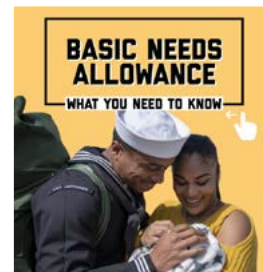


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NAVY ANNOUNCES BASIC NEEDS ALLOWANCE

[NAVADMIN 289/22](#) ■ [FACT SHEET](#)

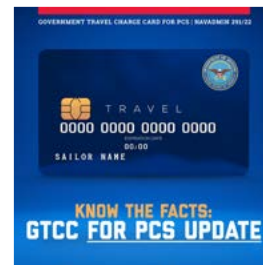
The Basic Needs Allowance program provides a monthly allowance to Sailors whose gross household income and household size place them below 130 percent of Federal Poverty Guidelines for their permanent duty station location.



GTCC FOR PCS UPDATE

[NAVADMIN 291/22](#) ■ [FACT SHEET](#)

Announced updates and revisions to policy regarding the mandatory use of the MyPCS Travel Voucher and Government Travel Charge Card for permanent change of station travel expenses, as well as a hold on Phase III of the rollout which will require all paygrades to use the GTCC for PCS expenses.



UNIFORM POLICY UPDATE - FALL 2022

[NAVADMIN 285/22](#)

The Navy announced seven uniform policy changes & five other uniform initiatives now underway.



NOMINATIONS FOR 2023 CAPTAIN JOY BRIGHT HANCOCK AND MASTER CHIEF ANNA DER-VARTANIAN LEADERSHIP AWARDS

[NAVADMIN 280/22](#)

This NAVADMIN solicits nominations for the 2023 Captain Joy Bright Hancock (officers) and Master Chief Anna Der-Vartanian (enlisted) leadership awards. Nominations are due midnight, 15 March 2023.

Who are your **INSPIRATIONAL LEADERS?**

Capt. Joy Bright Hancock

MCPO Anna Der-Vartanian

Put your Sailors in for the **Captain Joy Bright Hancock and Master Chief Anna Der-Vartanian Awards!**

MyNAVYHER

A graphic with a dark background. It features two portraits of women in Navy uniforms. The text asks 'Who are your INSPIRATIONAL LEADERS?' and lists 'Capt. Joy Bright Hancock' and 'MCPO Anna Der-Vartanian'. At the bottom, it says 'Put your Sailors in for the Captain Joy Bright Hancock and Master Chief Anna Der-Vartanian Awards!' and includes the MyNAVYHER logo.

Abuse is Not Okay!

Revised for 2022. The Navy's Domestic Violence Prevention – All Hands mobile application, provides training and resource tools that offer easy access to guidance, information, and instructions on preventing domestic violence and child abuse. The app meets the new Domestic Violence Prevention General Military Training (GMT), now mandatory as of 1 October 2022.

Quick access to DVP-AH app scan here.
Or Download DVP-AH app: applocker.navy.mil

A graphic with a purple and blue background. It features the text 'Abuse is Not Okay!' in large letters. Below that is a QR code and a smartphone displaying the app. There are also images of hands holding a purple ribbon and a person sitting on a couch. The MyNAVYHER logo is visible in the bottom right corner.