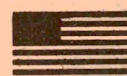


The Hercules Herald

January 29, 1982

Serving Spring Lake and Fayetteville, N.C.



Volume 3, Number 12

Doctors save life of 15-year-old heat stroke victim



(U.S. Air Force photo by SrA Tanya L. Lairmore)

Doctors Phiamolis and Parkinson (from left) examine X-ray
Saved 15-year-old's life during Volant Rodeo

By SrA. Tanya L. Lairmore

Capt. Michael Parkinson and Thomas Phiamolis may appear to be just two ordinary flight surgeons--and may even consider themselves rather ordinary--but they are also the heroes in a life-saving episode that happened here last summer.

The two captains recently were presented Air Force Commendation Medals for saving the life of a 15-year-old Junior ROTC cadet during the Volant Rodeo exercise in June.

Part of the Volant Rodeo activities included a grueling run through Fort Bragg's Recondo obstacle course for the competing combat control teams. At the same time, a group of Junior ROTC cadets, who were visiting Fort Bragg, were given the opportunity to run part of the course.

As the cadets ran the obstacle course, several began to have problems with heat exhaustion and the on-scene medical technicians called the doctors out to evaluate the situation.

When the doctors arrived at the

course, several students already were resting in the shade and one had been taken to an ambulance. They examined the cadet and found that his pulse and respiration were shallow.

"He appeared to be in heat stroke," Doctor Phiamolis said.

The doctors began an intravenous line to administer fluids and called for an evacuation helicopter.

"He was in bad shape when we first got there," Doctor Parkinson said. "But he seemed stable enough, with fluids, to get him to the hospital."

The helicopter arrived and Doctor Parkinson prepared to fly with the cadet to Womack Army Hospital. Before the helicopter could take off, Doctor Parkinson checked his vital signs and found he had no pulse or respiration. He had gone into cardiac arrest.

The doctors began two-man cardiopulmonary resuscitation as the helicopter flew to the hospital.

"Shortly before we landed at

(Continued on page 6)

27 complete three-day IRS course

Tax advisors ready to help Pope people

Twenty-seven squadron tax advisors completed training yesterday and are currently available for counseling, according to Capt. Kevin Finnigan, assistant staff judge advocate.

The tax advisors attended a three-day course sponsored by the Internal Revenue Service. They are qualified to assist in the preparation of income tax forms and can answer most tax questions.

Questions cannot be answered by squadron tax advisors will be referred to the base legal office. Only squadron tax representatives, however, will be authorized to make legal assist-

nance appointments for tax problems, Captain Finnigan said.

Federal income tax returns must be filed by April 15, 1982. Single workers, under the age of 65, who earned more than \$3,300 are required to file. Married workers under 65 must file if they earned more than \$5,400. Tax forms can be acquired from squadron tax advisors or from the lobby of the Wachovia Building in Fayetteville.

Every state except Alaska, Florida, Nevada, South Dakota, Texas, Washington and Wyoming have some form of personal income tax.

The following are this year's squadron tax advisors:

| Name/Rank | Organization | Duty Phone |
|------------------------------|---------------------------|------------|
| Capt Martha Moorhouse | ACF | 2202 |
| Capt Cheryl Gardner | HQ SQ | 4741 |
| A1C Joan Trawick | DP (Personnel) | 4308 |
| 2Lt Allen Vafides | FMS | 2441 |
| 2Lt Michael G. Harris | TRNSS | 4147 |
| 2Lt Lee E. McClain, Jr. | 39 TAS | 4315 |
| Capt John R. Gaddis | 317 TAW/SG | 2182 |
| 2Lt Julia R. Holcomb | OMS | 4881 |
| 1Lt Richard G. Smith | 317 Supply | 2675 |
| Alternate 1Lt Jose Rodriguez | | |
| Capt Charles D. Sanders | SPS (Plans) | 2426 |
| 1Lt John Short | SPS (Operations) | 4649 |
| 1Lt Freddy Banks | 3 MAPS | 4803 |
| 2Lt Michael Moss | Det 21, 15 WEA | 4233 |
| 2Lt Gerald W. Barnes | Services | 4721 |
| SSgt St. Peter | Det 12, 1600 Mgmt Engr Sq | 4232 |
| Maj C.T. Biliouris | 1 AES | 2685 |
| Alternate 1Lt Michael Jones | | |
| Lt Gregory Balkanikis | 40 TAS | 2731 |
| TSgt Roger D. Cribb | 1943 Comm Sq | 2227 |
| TSgt Robert Moore | 1934 Comm Sq | 2849 |
| 2Lt David Guadalupe | 317 CES | 2681 |
| 1Lt Brenda Lamb | AMS | 4115 |
| Maj Jerry Mrozek | Airlift Center | 2449 |
| MSG Michael Polek | Airlift Center | 4818 |
| Capt Steven V. Breiner | 41 TAS | 4204 |
| Alternate 1Lt Thomas Morris | | |

At a glance

Note of Thanks

About 30 people from Pope attended funeral services at the Charleston AFB Chapel for SMSgt. Joseph L. Waymer who was killed in an auto accident Dec. 19.

Mrs. Sarah Waymer sent the following note to Pope people:

The relatives of Sergeant Waymer

take this time to thank all their friends, members of the U.S. military forces who so unselfishly traveled miles to comfort the family, and the chaplains who served so beautifully. We thank you, and may God who understands all things be with you and your family.

DUIs

| | |
|-----------------|----------|
| Through Jan. 20 | 8 |
| Jan. 21-27 | 1 |
| Total | 9 |

Pope AFB—"We put the Air in Airborne"

The Hercules Herald is an unofficial newspaper published weekly under exclusive written agreement with the 317th Tactical Airlift Wing commander in the interest of personnel of Pope AFB, N.C. of the Military Airlift Command. It is published by the Cumberland

Publishing Company, Inc., Hope Mills, N.C., a private firm in no way connected with the Department of the Air Force. Opinions expressed by the publisher and writers in this publication are their own and are not to be considered an official expression of the Department

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Briefs



Colonel Field works the controls of MAC's newest engine test cell

Propulsion Branch opens cell

By 2nd Lt. Alan H. Vafides
Officer in Charge, 317th Field Maintenance Squadron
Propulsion Branch

Col. Edsel R. Field, 317th Tactical Airlift Wing commander, cut a ribbon to formally open the new engine test cell of the 317th Field Maintenance Squadron's Propulsion Branch Jan. 22.

After the ceremony, Colonel Field operated the first engine tested in the new facility, with assistance from TSgt. Bobby B. Briggs, noncommissioned officer in charge of the test cell.

Pope's Test Cell is the newest in the Military Airlift Command. Last year, 113 C-130E engines went through the former test cell for operational checks and needed repairs.

After passing the strict criteria of the test cell, engines are given a thorough inspection by Wing Quality Control. Once through QC, the engine is moved

to the spare line in the Propulsion Branch and is mission capable.

During the opening ceremony, Colonel Field addressed the airmen of the Propulsion Branch, thanking them for their work and emphasizing their role in the accomplishment of the 317th TAW mission.

Also in attendance at the ceremony were Col. David D. Patton, deputy commander for Maintenance, Lt. Col. Norman R. Hull, assistant deputy commander for Maintenance, Maj. Larry K. Thomas, 317th FMS, Maj. Phillip L. Harris, 317th Organization Maintenance Squadron commander, Capt. Edward A. Hayes, 317th FMS Maintenance supervisor, Chaplain (Capt.) John W. Hubbard, and the men and women of the Propulsion Branch.

Pope prayer breakfast planned

Pope AFB will observe the National Prayer Breakfast with a local prayer breakfast at 7 a.m., Thursday, at the Noncommissioned Officers' Club.

Anyone associated with the base is invited to participate in the interfaith event. There will be a charge of \$2.50 for the breakfast collected at the door. Advance registrations are required and may be made by calling the base chapel Ext. 2676.

The prayer breakfast speaker will be Dr. James Cammack, pastor of Snyder

Memorial Baptist Church in Fayetteville. Base leaders and chaplains of all faith groups will take part.

The National Prayer Breakfast is held annually to remind citizens of our spiritual heritage, to pray for the nation and for our national leaders. It has been held each year since the days of the Eisenhower administration when presidential and congressional staff met together for prayer. Breakfasts will be held throughout the nation and on United States military installations around the world Thursday.

Four Thunderbirds killed during practice session

Four pilots of the U.S. Air Force Air Demonstration Squadron, the Thunderbirds, were killed Jan. 18 during an aerial demonstration practice mission.

The accident, involving four T-38 Talons, occurred at 10 a.m. Pacific Standard Time at the Indian Springs auxiliary station, 40 miles northwest of Nellis AFB. A board of qualified officers will convene to investigate the accident. No one on the ground was hurt.

Killed were Maj. Norman L. Lowry, of Radford, Va.; Capt. Willie Mays, of Ripley, Tenn.; Capt. Joseph N. Peterson, of Tuskegee, Ala.; and Capt. Mark E. Melancon, of Dallas.

The Thunderbirds were practicing at the Indian Springs training site for this year's planned 87 shows in the United States, Puerto Rico and Canada.

President Ronald Reagan expressed sadness upon hearing of the tragic accident and joined Secretary of the Air Force Verne Orr and Air Force Chief of Staff Gen. Lew Allen, Jr. in extending condolences to the families of the officers as well as to all members of the Thunderbird team.

The Thunderbirds were formed in 1953 to show the capabilities of Air Force aircraft and people and to support Air Force recruiting efforts.



Junior Officer of Year

Junior Officer of the Year 1st Lt. Steven P. Scheuermann is a C-130 copilot with the 41st Tactical Airlift Squadron. The 1979 Air Force Academy graduate is in charge of the Pope Honor Guard Secretary of the Junior Officer's Council and project officer of the recently completed Lieutenants' Professional Development Seminar.



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Editorials

Commander's forum

By Col.
Edsel R. Field

317th TAW
commander



If you have a question or recommendation you want to bring to my attention, dial 4357 (HELP).

By 2Lt. Michael E. Williams
317th Civil Engineer Squadron

Perhaps some of you have noticed the odd assemblage on the roof of the Precision Measurement Equipment Laboratory building. This work, recently completed, is a prototype solar energy system designed to augment conventional equipment that maintains a precisely controlled environment (temperature and humidity) within the work areas of the PMEL.

The fact that the Air Force and Department of Defense are willing to expend substantial funds on projects of this type in order to conserve energy should impress upon you that energy is a very valuable resource and that wasting energy negates all those expenditures.

Do you know that by setting the thermostat only one degree above Air Force specified settings you are wasting energy? It takes approximately 3 percent more energy to heat a building one degree above 65 degrees.

Apply this base wide and this waste amounts to \$20 thousand per degree during the course of a year. By far the

Your message will be recorded and your question with answer will be published in the newspaper or will be answered personally as soon as practical. Please clearly give (or spell) your name to insure a reply. If you request anonymity, your name will not be used in answer preparation. I would like to use this column, however, to select those questions which pertain to more than the individual involved.

Check check-up

Why doesn't the cleaners on base ac-

cept checks? It is an Army and Air Force Exchange Service operation and most of the other AFFES places accept checks, but they don't.

It is not written in the contract for the base cleaners to provide check cashing services. It is up to each contractor to establish a check cashing policy. Furthermore, contractors do not have access to the AAFES military garrisoning procedures. Because of this, many have established a policy not to accept checks.

largest waste of energy during the winter months is non-compliance with the Air Force specified temperature settings.

These specified settings are: offices and administrative areas, 65 degrees; warehouse working areas, 55 degrees; and storage areas, 45 degrees. In years past, we became accustomed to temperature settings of 70 degrees and over, but these Air Force specified temperature settings have been in effect now for several years and settings above these are considered waste and abuse.

Last year, this waste of heating fuel alone cost Pope AFB approximately \$140 thousand and sent our energy conservation efforts into a tailspin.

Another way of wasting energy that many of us are guilty of is forgetting to switch off the lights when leaving the building for the night or over the weekend. It costs about eight cents to light a 100-watt bulb over night. When you consider that there are 193 buildings and 459 housing units on Pope and if just one light is left on overnight in each building, we are wasting energy costing \$52.16 per

weekday and \$143 per weekend. In the course of a year, this could amount to more than \$28 thousand.

Have you thought about this? Faucets that drip. If one hot water faucet is left to drip overnight, it will waste energy costing about 5.5 cents. Now multiply this by 459 family housing units and the waste could amount to about \$23 each day. Base wide, if only 10 percent of the buildings have one faucet leaking, we are wasting over \$1,100 per year.

Pope spent about \$2 million last year for energy, so the potential for saving money by eliminating energy waste and abuse is there. You must keep in mind money wasted could have been used for other base needs such as maintenance projects or equipment that would make living or working conditions better. Also, this year we have a special goal to use 10 percent less heating energy than we used last year. This alone could save Pope over \$65 thousand.

Only with your help in preventing energy waste and abuse can we have some extra money to accomplish some good things for Pope.

will be working on.

The old philosophy of sitting in class all day long for knowledge only is virtually gone.

Turboprop Propulsion and Avionic technicians also receive extensive hands-on training and become more productive to their shops upon graduation.

The Field Training Detachments are also part of the Community College of the Air Force which recognized by the Southern Association of Colleges for its high academic standards. Students attending are eligible to receive credits through the CCAF program.

So the next time one of your people has a chance to attend FTD, ask yourself "Can I afford not to send him?"

Every penny counts

myself until my assignment to Field Training Detachment 215.

Since then, the most important part of my job has been to convince supervisors that "They can't afford not to release a person to attend FTD." The tangible benefits derived from the temporary loss of a person will be greatly substantiated by an increase in quality and quantity production.

In today's highly sophisticated and computerized Air Force, an efficient and effective training program is a must. Supervisors do not have adequate time nor is the environment conducive to effectively train their personnel.

As a result, 70 FTDs located throughout the Continental United States, Europe, Pacific and Alaska are providing on-site technical training on a worldwide scale. More than 1300 instructors who are experts in their field produce an average of 130,000 graduates per year. The overall management of field training is centralized at Sheppard AFB, Texas under the 3785th Field Training Group.

FTD 215's mission here at Pope is two fold. First, we provide system and associate training for the 317th Tactical Airlift Wing personnel. Second, we provide on-the-job training advisory service to all Pope AFB personnel and organizations.

A unique aspect of the detachment is that it is operated entirely by 17 non-commissioned officers and a secretary. We provide quality instruction in 16 system courses, eight associate courses and seven OJT courses.

Our largest program is the 431X2 "Able Chief", which is an Air Force Specialty Code awarding course. The "Able Chief" training concept was

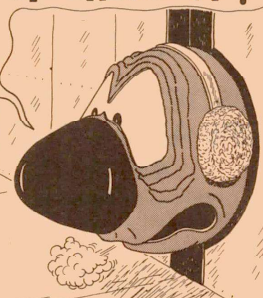


SMSgt. Roger
Vermette

developed during a search for a more cost effective approach to training.

The program is a two phase training program wherein a student is given a reduced amount of general principle training in technical school and then given extensive hands-on field training on the specific aircraft the individual

GET LOST—I'M NOT COMIN'
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DAVE
HARTY
1982

I can't afford to

By SMSgt. Roger F. Vermette
Detachment 215

3751st Field Training Squadron
Nothing could be further from the truth. As an aircraft maintenance supervisor, I used to think that way

FMS mechanic is volunteer life saver at night

By A1C Andrew Knef

By day A1C Charles Nail is a turbo-prop mechanic with the Field Maintenance Squadron propulsion branch. At night he saves lives.

Airman Nail, "Track" to his friends, is from Hickory, North Carolina. The first time he saved someone's life was in the fall of 1981. He revived his 72-year-old grandmother who had slipped into a diabetic coma.

Earlier that year, in June, he received his license as an emergency medical technician from Central Carolina Technical College in Sanford, N.C.

As a volunteer fireman and Emergency Medical Technician with the Anderson Creek Volunteer Fire and Rescue Department, Airman Nail has responded to fires and all kinds of medical emergencies.

Anderson Creek is a small community in the Old Farm area of Spring Lake. According to Airman Nail, many of its residents are military people.

Two or three nights a week, for twelve-hour shifts, he stays next to his home monitor and waits to be called. He describes the anticipation of

responding to a call as a mixture of dread and excitement.

"We're on the edge of Harnett County," he said. "An ambulance sent by the county might take an hour to get here. We are able to respond to an emergency in less than 15 minutes."

"Sometimes we might not get a call for a week. Around pay day weekends though, we tend to really get busy."

Airman Nail said that he can remember driving to fires as a boy with his dad who also was a volunteer fireman.

"I like fighting fires," he said. "The first night I worked for the Anderson Creek Department I helped haul water to the big fire at one of the Spring Lake churches. Working on the rescue squad is still my main interest."

EMTs are qualified to give emergency first aid, drive an ambulance and provide emergency services. They are forbidden, by law, to administer medicine, but are trained in procedures such as extracting victims from automobile accidents and performing CPR on cardiac arrest victims.

"Our basic purpose is to prolong life and make the person as comfortable as possible until we can get them to the hospital," Airman Nail explained. "If

you have somebody in full cardiac arrest, driving an ambulance can get hectic. We are required to obey the speed limit, but in an emergency we will run fast."

Although he has not yet encountered a highway fatality, Airman Nail said that he has seen enough accidents to convince him of the necessity of wearing seatbelts.

In performing his duties as an EMT, Airman Nail said that his Air Force supervisors have been extremely cooperative.

"To do this you have to have the cooperation of your supervisors," he said. "They help me out. I'm on call until 5:30 a.m. If I have to respond to a call it usually takes two to three hours. If I'm going to be late and call in they'll understand."

Airman Nail said that he is equally

thankful for the support of his wife and former hometown sweetheart, Wanda.

"She is real understanding about the late hours," he smiled. "She says that what I'm doing makes her feel proud."

After two and a half years in the Air Force, Airman Nail said that he is seriously considering reenlisting. He would like to eventually retrain into a medical-related field.

Despite the hardships of working on a volunteer fire and rescue department many Pope and Fort Bragg members have decided to contribute to their local communities in this way.

"I don't think any of them would regret what they are doing," Airman Nail said. "When you know you have saved a life you really feel good. Just helping one person makes the whole job worthwhile."

No automatic driver's license extensions for military

WASHINGTON (AFNS) -- Not all states automatically extend driver's license expiration dates for active-duty service members.

Certain states require renewal in person or by mail. These states are: Alabama, Alaska, Connecticut, Delaware, Florida, Georgia, Hawaii, Idaho, Kansas, Kentucky, Louisiana, Michigan, Mississippi, Missouri, Nevada, New Hampshire, New Mexico, North Carolina, Oklahoma, Oregon, South Carolina and Wisconsin. The District of Columbia also requires in-person or by-mail renewal.

However, many states do grant automatic extensions for people on active duty and for a number of days after discharge. The states and their grace periods are: Arizona, 90 days; California, 30 days; Colorado, 90 days; Iowa, 180 days; Maryland, 30

days; Massachusetts, 60 days; Minnesota, 90 days; Montana, 30 days; Nebraska, 60 days; New York, 180 days; New Jersey, 90 days; North Dakota, 30 days; Ohio, 180 days; Pennsylvania, 45 days; South Dakota, 30 days; Tennessee, 60 days; Texas, 90 days; Utah, 90 days; Washington, 90 days; West Virginia, 180 days; Vermont, 30 days or four years after the original expiration date -- whichever comes first; and Virginia, which extends licenses for four years after the original expiration date or upon return to the state.

Some states issue extensions upon application: Arkansas -- for the first tour of duty only; Illinois, Maine, Rhode Island and Wyoming.

Iowa is the only state that extends dependents' driver's license expiration dates. The extensions may be obtained for up to five years.

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| 10 | 35 | 20,000 | 35,061 |
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| 25 | 50 | 50,000 | 216,361 |

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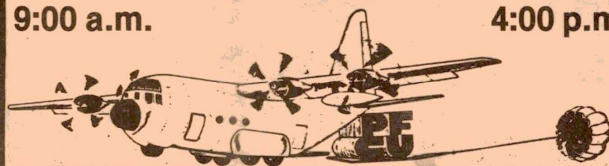
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Instant building

SSgt. Richard L. Mitchell unlatches a section of flooring on a five-ton expansible van which he and seven other members of Detachment 3, 5th Weather Squadron set up last week during Gallant Knight '82. The van is being used as a portable weather station. In all, 16 members of the detachment are supporting the nationwide joint-service, command-post exercise headquartered at Fort Bragg. The exercise will evaluate functions and plans of the rapid deployment joint task force. Some 10,000 Air Force, Army, Navy and Marine Corps members will be involved in the exercise that began Jan. 26 and runs through Tuesday. (U.S. Air Force photo by SrA. Tanya L. Lairmore)

Flying safety improved during 1981

WASHINGTON (AFNS) — The Air Force's 2.42 major mishaps per 100,000 flying hours during 1981 is the lowest major aircraft accident rate since 1973 when the rate was 2.37 per 100,000 flying hours, Air Force Chief of Staff Gen. Lew Allen Jr. announced.

The Air National Guard recorded its

lowest tally in 1981, with 1.7 per 100,000 hours. The Air Force Reserve had only one major mishap during the year, for a 0.7 accident rate.

Seventy-four Air Force aircraft were destroyed in accidents during the year. The only year with fewer was 1976, when 68 aircraft were destroyed.

Pope bowlers top S-J team

Seymour-Johnson AFB invaded Pope Lanes Sunday intent on extending their dominance over Pope's varsity bowling teams.

The visitors, victors in three of four outings with the Falcons last season and four-time winners over the women, found the going a bit uncomfortable as both Pope squads served notice that 1982 is a different year.

The Pope Falcons beat Seymour-Johnson by 284 pins, while the Falconettes led by 64 pins. In mixed doubles a Pope couple was beat by only three pins.

Falcons

The Falcons jumped out to an early lead and never looked back. Righthander Dee Sanders supplied the early punch, tossing a 215 in the opening stanza. Falcon standout, Jerry Vanpelt, found the range in games two and three, connecting for a 205 and 221, as the Falcons outlasted their guests 3,420 to 3,136.

Vanpelt led the Falcon assault with 608 pins, followed by Sander's 597. Keith Reigel paced Seymour Johnson with a 561.

Falconettes

The Falconettes got off to a slow start in the match, falling behind by 21 pins as game one concluded. The deficit lasted only one game, however, as the lady Falcons roared back in game two behind Linda Griffin's excellent 222-pin effort. The charge proved to be too much for Seymour-Johnson as the Falconettes extended

their lead in game three and emerged with a 3,032 to 2,968 win.

Griffin carried the scoring banner for the Falconettes, finishing with 591 pins. Carol Arnold led the visitor's attack with a 519.

Mixed doubles

Strong scoring from every quarter highlighted the mixed doubles competition.

A Seymour-Johnson duo, Natsuko Ellis and Mark Faulhaber, grabbed top honors in the tourney's sideline event, ripping sets of 577 and 581, respectively, en route to a 1,158-pin finish.

A Pope couple, Griffin and Ed Fenstermacher, finished only three pins off the pace as they rode a 1,155-pin total into second place.

Other Falcon/Falconette teams finishing "in the money" were Lek Douglass and Rich McClain (5th) with 1,121 and Martha Killian and Mike Callahan (6th) with a 1,117-pin total.

Overall

Callahan captured scoring honors on the day, knocking down 1,171 pins on five 190-plus games and a 213, finishing the match with a 195 average. Fenstermacher was a close second with 1,160 pins.

Griffin led all lady bowlers with 1,136 pins, followed by Douglass' 1,098.

Both squads will take to the lanes Sunday to face cross-town rivals, the B&B Lanes All-Stars. Match time is 1 p.m. at Pope Lanes.

Safety belt testimonial

By SSgt. Richard A. Cox, Safety NCO,
1st Aeromedical Evacuation Squadron

Part of a unit safety noncommissioned officer's job is to promote the use of safety belts by unit people.

It often seems like a thankless task that nobody wants to hear about. Many people have patented, well-worn excuses such as "I feel trapped with a seatbelt on," or "if the car crashes, I'll have a better chance if I'm thrown clear." The excuses go on and on, each one as unfounded as the last.

Statistics show that being thrown from a car causes most traffic fatalities. Never has this been more apparent to me than this past Jan. 13.

My co-worker, SSgt. John Rittenberry, had an accident on an icy road that totalled his new car, yet he walked away with only a couple of bruises.

Here is what he told me about his accident:

"I started out very slowly, making my way down highway 210 towards Pope. I turned onto Manchester Road and suddenly felt the car losing traction as I came out of

the curve by the fire department.

"My car was going out of control at 25 miles per hour. Steering was a ridiculous joke as I slid into the oncoming lane. There were two cars coming toward me and I could see that if I tried to regain control it would cause a multiple car collision.

"My only choice was to steer for the ditch. When I hit the ditch head-on, my car flipped over and landed on its roof. I saw the glass pop, so I covered my eyes and turned my head.

"The next thing I remember was two guys helping me out of the car. I just couldn't quite grasp what had happened. My car was totalled but all I had was a bruised leg and sore neck."

It is unfortunate that all traffic accidents can't have this kind of outcome. I'm sure that if more people used their safety belts, traffic fatalities would decrease considerably.

Think about it next time you jump in your car for that routine drive to work.

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Doctors save 15-year-old's life

(From page 1)

Womack, his heart started to beat and he began to breath once more. By the time we were at Womack, he was breathing and had his circulation restored," Doctor Parkinson said.

It was about 20 minutes from the time the doctors assessed the situation until they arrived at the hospital.

During that time, Doctor Phiam-bolis said they, "were very anxious and very taken up by the situation. I don't think we thought that he wasn't going to make it. I think that it was always in our minds that if we maintained the CPR he would come out of it. Luckily he did.

"I think neither one of us had ever had an experience quite like this," Doctor Parkinson said. "It was a real MASH situation of getting in a helicopter and flying over treetops while doing CPR.

"I think we both were elated that we actually were able to perform CPR and help out this young troop and pull him through this critical period," he added.

"I wouldn't consider myself a hero," Doctor Phiam-bolis said. "I would consider myself fortunate to be in a position of performing something I'd been taught and helping a fellow human being through a critical period."

"I think a hero is probably someone who is an ordinary person who is given the opportunity to do something out of the ordinary and choses to do it," Doctor Parkinson said. "It's both a combination of opportunity and choice. In that sense, we were given the opportunity and responded appropriately."

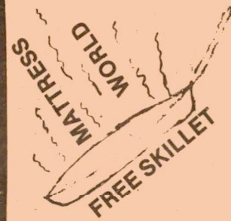
For all Air Force people from AF Secretary Verne Orr

This time of year, much attention is directed to the posture of the Air Force and to the programs needed to improve the quality of life for each of you. Because these subjects are of such vital concern to the Air Force and its individual members, there is a steady stream of headlines and news accounts regarding them.

Within the next few months, the chief of staff and I, as well as other senior civilian and uniformed Air Force leaders, will be giving formal testimony and recommendations concerning programs and resources we need to fulfill our vital mission. Air Force leaders are already working closely with key administration officials, members of the congress and their staffs, to assure that all people-related legislative activity receives proper consideration.

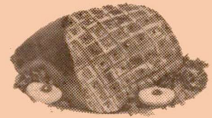
For example, we are continuing to advocate more equitable reimbursement for PCS expenses; a stable, predictable mechanism to maintain pay comparability; preservation of the retirement system; as well as compensation initiatives to help recruiting and retention. We will keep you and your family members fully informed as activities proceed.

Regardless of the outcome on specific issues, you can be assured that Air Force leaders are speaking out on your behalf. That is the least we can do in return for the outstanding contributions you are making to the defense of the nation.



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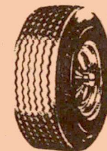
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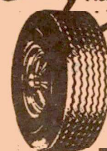
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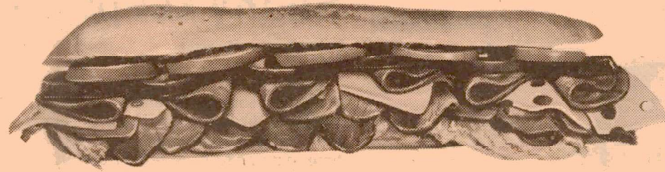
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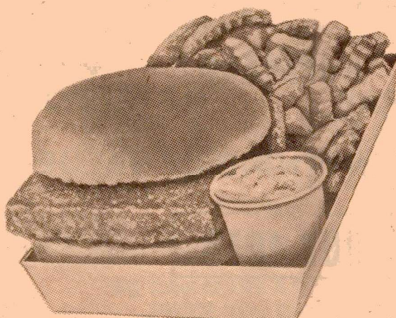
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(U.S. Air Force photo by Amn. Stacy Morrison)
Jumpin' Sunny spins records at local radio station

Sunny keeps 'em dancing

By Amn. Stacy Morrison

Does the name SSgt. Laymon Williams sound familiar? Sergeant Williams, known to his fans as Jumpin' Sunny, spends a great deal of his time spinning records at the Pope NCO club.

Born into a military family, Sunny graduated from high school in West Germany and joined the Air Force a year later.

"The Air Force has been good to me. I've always had good assignments," said Sunny, currently assigned to the 317th Field Maintenance Squadron. "I work at the NCO Club because I enjoy entertaining people."

In addition to his work at the club, Sunny hosts a local radio show Sunday afternoons from 12-6 p.m.

While stationed in Japan Sunny performed in a band where he picked up the nickname Jumpin Sunny because many people commented that the club always was jumping whenever he played his music.

"My first big break came when the club manager at the March AFB NCO Club heard me put on a special show," Sunny said. "The show was so successful that he hired me on regular basis."

After being assigned to Pope, the NCO Club manager here—who had heard about Sunny's show from the club manager at March—auditioned and hired Sunny on a regular basis. He has been working there since June, 1978.

"When I first started working at the NCO Club, I worked three to five nights a week and hosted many different events including Latin night, beach music night and dance contests."

Although he is primarily noted for hosting disco nights, Sunny said that he likes to play a musical variety of disco, rock and roll, Country and oldies.

Sunny will soon be playing to a new audience. He will transfer to Norton AFB, Calif., Apr. 30.

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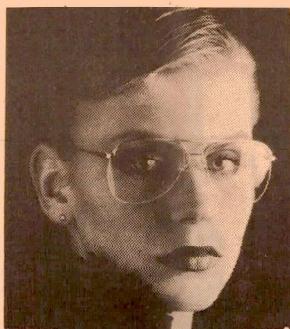
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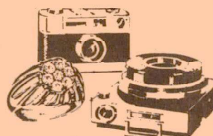
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Happenings

NCO Club

Friday: "Ferris Wheel" plays from 9 p.m.-1 a.m.

Sunday: Membership appreciation buffet 1-5 p.m. Members and spouse or date free. Guests and children age 2 and up, a small charge.

Monday: Game night at 7 p.m. Pinochle tournament at 6:30 p.m. Free nursery service to members.

Wednesday: "Sounds of Nashville" plays country music from 8 p.m.-midnight.

See Phyllis for tickets for three free bowling games.
Dial 497-6955 for menus and entertainment information.

Officers' Club

Friday: Prime rib special in the dining room 6-9 p.m. Live entertainment in the lounge 8 p.m.-midnight.

Saturday: Ladies night. Two-for-one steak dinner 6-9 p.m. All beverages 80 cents. A disc jockey will entertain in the lounge 8 p.m.-midnight.

Sunday: A la carte breakfast 9 a.m.-1 p.m.

Monday: Shrimp platter special 5:30-9 p.m.

Tuesday: Boneless breast of chicken 5:30-9 p.m.

Wednesday: Stuffed pork chops special 5:30-9 p.m.

Thursday: Mongolian barbecue 5:30-9 p.m.

Youth Center

Friday: Pre-teen ice skating party 5:30-7:30 p.m.

Saturday: Teen ice skating party 7-10 p.m.

Monday: Pre-teen bingo 3:30-5 p.m. Free popcorn will be served and prizes awarded to the winners.

Tuesday: Square dance instruction 7-10 p.m.

Wednesday: Father and son pool tournament 4-6 p.m.

Thursday: Pre-teen arts and crafts 3:30-5 p.m.

Rec Center

Friday: Darts contest starts at 7:30 p.m. Eight contestants are needed. The winner receives a MAC mug.

Saturday: Tour bus to Duplin Winery leaves at 9:30 a.m. Cost is \$1 and advance sign-up is required.

Air Force Showcase band "Colorscope" performs free 8 p.m.-midnight.

Sunday: Dungeons & Dragons begins at 1 p.m. Pinochle tournament starts at 2 p.m. Pool tournament begins at 5:30 p.m.

Monday: Free western movie with popcorn and punch at 7:45 p.m.

Tuesday: Aerobic dance class 7-8 p.m.

Wednesday: Newcomers orientation at 7:50 a.m. New wives are

welcome. Two free crime prevention films with popcorn and punch 7:30 p.m.

Thursday: Aerobic dance class 7-8 p.m.

Sign up available for tour to Tryon Palace and gardens leaving Feb. 6 at 9:30 a.m.

Cinema schedule

Friday and Saturday: Tattoo (R) 7:30 p.m. Bruce Dern stars in this offbeat suspense tale of a psychotic tattoo artist whose obsessive love for a high fashion model drives him to kidnap her.

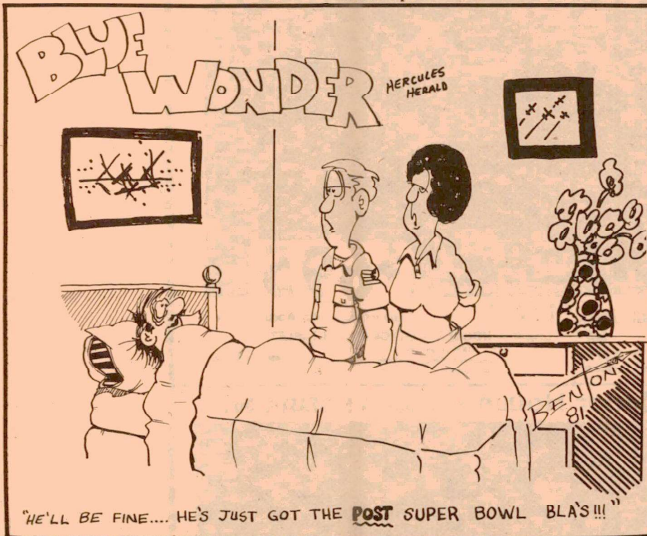
Sunday: Jack and the Beanstalk (G) 2 p.m. The full-length animated musical re-tells one of the world's best loved stories with some fresh twists.

Oh! Heavenly Dog (PG) 7:30 p.m. Private eye Chevy Chase is murdered while examining the corpse of the London interior decorator whom Omar Sharif had hired him to protect.

Monday and Tuesday: Body Heat (R) 7:30 p.m. A contemporary murder mystery involving two lovers—an attorney and the wife of a wealthy man—who successfully plan the murder of her husband.

Wednesday: Stir Crazy (R) 7:30 p.m. Two hapless innocents (Gene Wilder and Richard Pryor) are framed for a bank robbery, imprisoned and coerced into starring in a wacky prison rodeo in this off-the-wall comedy.

Thursday: Scared to Death (R) 7:30 p.m. Bred from a culture in a scientific laboratory, the synthetic genetic organism escapes and makes its way back to the slime from whence it came.



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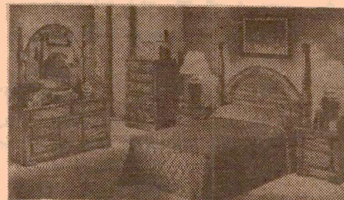
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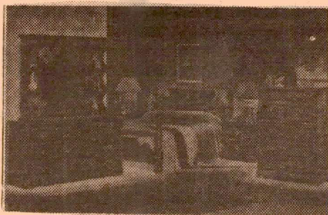


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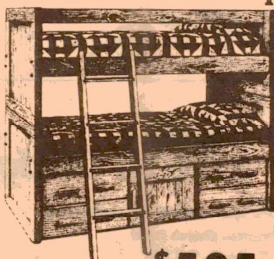
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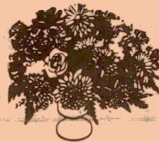
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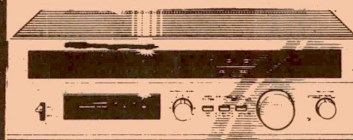
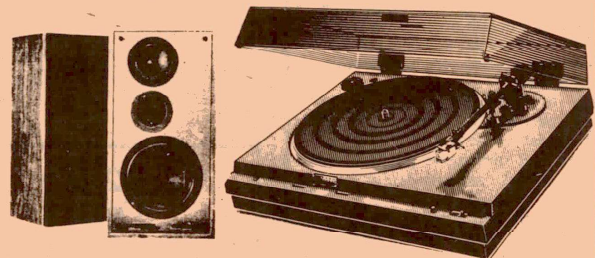
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Black History Week celebration planned at Pope

Events in cultural art forms, entertainment which falls into the natural American custom and old time religion are just a few of the experiences set for Pope people throughout the observance of Black History Week here, Feb. 7-13.

Observance will begin with a Protestant service in the base Chapel at 11:15 a.m. Feb. 7. The ceremony will be led by Chaplain (Capt.) Jerry A. Quick, pastor of Sandy Ridge AME Zion Church in Landis, N.C. Accompanying the reverend in the service will be the Jerry A. Quick Gospel Choir. Chaplain Quick has been affiliated with the chapel and its services here since 1975.

At 2 p.m. that day, the choir will have a one-hour performance at the chapel. The choir has 25 signers and features Ms. Charlie Clark, from Fayetteville, as vocal soloist.

A seminar on the black family is scheduled Feb. 10 at the chapel building from 2-6 p.m. The seminar will be led by Dr. George N. Neely, professor of health and administration at the University of North Carolina. Designed to help base people understand the black family, emphasis will signify the differences and likeness to other families.

A musical jazz and progressive dance show is scheduled at the Recreation Center Feb. 10 at 7:30 p.m. The black

art forum will highlight creative movements.

Podium Call, a luncheon for military and civilians on the base will be at the Officers' Club Feb. 11 at 11 a.m. Guest speaker for the occasion will be Mr. J.D. Lewis, TV commentator and show host for WRAL-TV, Channel 5 in Raleigh.

Fashion is the evening entertainment Feb. 11 as models parade various styles of clothing around the NCO Club stage

for all to see. Theme for the occasion will be "Black fashions from our past and present." The fashion show will get under way at 8 p.m. A local dance troop will perform at intermission and music accompaniment will be provided by Jumping Sunny.

Young, gifted and black will be the theme Feb. 12 as children of Pope workers take to the base theater stage for merriment and dance. Four to ten year-olds will perform a waltz number

as well as other activities. These other activities have not been disclosed so that the audience may be surprised with the acting.

The Reid Ross Gospel Choir will also perform at an evening concert.

Upward Bound, a dance ensemble from Fayetteville State University, will balance the evening performances with foot movements taken from arrangements by their company.

Admission to the "Youth Night" show is free and the doors open at 6 p.m. Free refreshments will be available during intermission.

Black History observance will culminate Feb. 13 as the base hosts its annual banquet and ball at the NCO Club. Cocktails will begin at 6 p.m. with dinner being served at 7 p.m. Guest speaker for the banquet will be Maj. Frankie Jones, chief of Officer Retention Branch at Air Force Manpower and Personnel Center at Randolph AFB, Texas.

Musical entertainment will be provided by a local group—the "Ultra Sonics."

Tickets are available from squadron representatives and Black History Week committee members.



(U.S. Air Force photo by TSgt. Eric Wain)

Base children rehearse dance number for Black History Week show

Cancer link causes concern

By Capt. (Dr.) Robert Dicks
USAF Clinic

Were you or your children born after 1940?

According to the U.S. Public Health Service, several million women have been treated with female hormones (like DES) since 1940. These hormones, which include Diethylstilbestrol (DES), were used to treat complications of pregnancy, and more specifically, to avoid miscarriage. If you, or your mother, were given a medication like that during pregnancy you should consult your doctor.

What's the big deal?

In 1971, physicians discovered an association between DES type drugs taken during pregnancy and a form of cancer of the vagina and cervix of exposed DES daughters, or other, frequently noted, non-cancerous changes in the vagina that need to be followed by a health professional. Additionally, there is a concern that mothers and exposed sons may develop problems, too.

Each of these problems can be treated, but require early discovery. The best way to have your questions answered and investigate possible exposure is to make an early doctor's appointment.

The telephone number for the clinic's central appointment desk is Ext. 2714.

Girl Scout cookie sale under way

The Cumberland County Girl Scouts' annual cookie sale began Jan. 22 and will continue through Feb. 8. Cookies will be delivered between March 8-22 and cost \$2 per box.

Seven varieties of cookies are available including oatmeal, Caramel Delites, shortbread, thin mints, peanut butter patties, peanut butter sandwich and assorted sandwich cremes.

If not contacted by a Girl Scout, cookies may be ordered by calling 396-1278.

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