For Military Service Members and Their Families

Basic Resources **Consumer Protection**

Education and Employment Family Support

Financial **Education**

Relief and Assistance















Basic Resources:

The best sites for general military resources and information, from pay and benefits to federal programs and services

Association of Military Banks of America

Provides banking products and services for military members and their families around the world 1-540-347-3305

https://www.ambahq.org/

Defense Credit Union Council

Represents the interests of defense credit unions operating on military installations worldwide 1-202-734-5007

https://www.dcuc.org/

Defense Finance & Accounting Service

Provides payment services of the U.S. Department of Defense

1-888-332-7411

https://www.dfas.mil/

Department of Veterans Affairs

Provides valuable life insurance benefits to service members, veterans and their families 1-844-698-2311

https://www.benefits.va.gov/insurance/

DoD Wounded, Ill and/or Injured Compensation & Benefits Handbook for Service Members of the Armed Forces

Provides service members and their support network with information and resources about compensation and benefits for wounded, ill and/or injured service members

1-800-321-1080

https://warriorcare.dodlive.mil/benefits/compensation-and-benefits/

Government Publishing Office Bookstore

Provides easy access to Federal publications 1-719-295-2675

https://pueblo.gpo.gov/

Internal Revenue Service

Serves as the nation's tax collection agency 1-800-829-1040

https://www.irs.gov

Marine Corp League

Promotes the interests of the U.S. Marine Corps 1-703-207-9588

https://www.mclnational.org/

For Military Service Members and Their Families

Military & Veterans Legal Center

Brings together entities, programs and projects focused on legal services for military personnel, veterans and their families

1-800-285-2221

https://www.americanbar.org/groups/legal_servic_es/milvets/

Military OneSource

24/7 call center and resources for information, answers and support to military families 1-800-342-9647

https://www.militaryonesource.mil/

Military Pay

Provides current military pay, special pay and allowance tables 1-888-332-7411

https://www.dfas.mil/militarymembers.html

My Army Benefits

Provides information on benefits available to Soldiers and their families 1-800-321-1080

https://www.dfas.mil/retiredmilitary/provide/sbp.html

National Resource Directory

Directory of programs for military members, veterans and families https://nrd.gov

National Suicide Prevention Lifeline

1-800-273-TALK (8255)

http://suicidepreventionlifeline.org/

Navy League of the United States

Enhances the morale of sea service personnel and their families through national and council level programs

Navy League of the United States

1-800-356-5760

https://www.navyleague.org/

Retirement Calculator

Provides approximate retirement calculations based on personalized input 1-800-321-1080

https://militarypay.defense.gov/Calculators.aspx

Survivor Benefit Plan

Provides information on enrollment in an annuity plan for eligible beneficiaries 1-800-321-1080

https://www.dfas.mil/retiredmilitary/provide/sbp.html

Transition Assistance Program

Benefits and services available to help veterans achieve success after the military 1-844-698-2311

https://www.benefits.va.gov/tap/tap-index.asp

United Services Organizations

Provides programs, entertainment and services to service members and their families 1-888-484-3876

https://www.uso.org/

USAGov

Provides timely, needed government information and services and makes them easily accessible 1-844-872-4681

https://www.usa.gov/

VA Health Care

Provides access to health care services, medical equipment, and prescriptions 1-844-698-2311

https://www.va.gov/health-care

For Military Service Members and Their Families



Consumer Protection:

The best sites and resources for protecting your financial decisions as a consumer and investor

Consumer Federation of America

Advances the consumer interest through research, advocacy and education 1-202-387-6121

https://consumerfed.org/

Consumer Financial Protection Bureau

Makes sure banks, lenders and other financial companies treat consumers fairly 1-855-411-2372

https://www.consumerfinance.gov/

Consumer Sentinel Network

Provides network members with access to millions of consumer complaints
1-877-701-9595

https://www.ftc.gov/enforcement/consumersentinel-network

Council of Better Business Bureaus

Fosters honest and responsive relationships between businesses and consumers 1-703-276-0100

https://www.bbb.org/local-bbb/council-of-better-business-bureaus

Federal Reserve Board

Provides information and resources on consumer protection and community development 1-202-452-3000

https://www.federalreserve.gov/consumerscommunities.htm

Federal Trade Commission

Provides consumer protection from unfair practices 1-202-326-2222

https://www.ftc.gov/

Financial Industry Regulatory Authority

Protects investors by making sure the broker-deal industry operates fairly and honestly 1-301-590-6500

http://www.finra.org/

National Association of Insurance Commissioners

Sets the standards for and regulates state insurance 1-816-783-8500

https://www.naic.org/

North American Securities Administrators Association

Protects consumers who purchase securities or investment advice 1-202-737-0900

http://www.nasaa.org/

Securities & Exchange Commission

Enforces laws to protect households that have turned to the securities markets to invest in their futures

https://www.sec.gov

For Military Service Members and Their Families



Education and Employment:

The best sites for employment services and scholarship opportunities for military members and their families

Association for Financial Counseling & Planning Education

Ensures the highest level of knowledge, skill and integrity of the personal finance profession 1-614-368-1055

https://www.afcpe.org/

CareerOneStop

Serves as a source for career exploration, training and jobs

1-877-872-5627

https://www.careeronestop.org/

Defense Activity for Non-Traditional Education Support

Manages education programs and services that help military members achieve their education and career goals

1-850-452-1901

https://www.dantes.doded.mil/

Hiring Our Heroes

Connects veterans, service members and military spouses with meaningful employment opportunities

https://www.hiringourheroes.org/

My Career Advancement Account

Provides financial assistance to eligible military spouses who are pursuing a license, certification or Associate's degree

1-703-276-0100

https://mycaa.militaryonesource.mil/mycaa

National Military Family Association

Supports military families through a military spouse scholarship program

1-703-931-6632

https://www.militaryfamily.org/

Scholarships for Military Children Program

Recognizes the contributions of military families by awarding annual scholarships to military children 1-888-294-8560

https://www.militaryscholar.org/

Spouse Education & Career Opportunities (SECO)

Provides education and career guidance to military spouses worldwide and offers comprehensive resources and tools for their career progression 1-800-342-9647

https://myseco.militaryonesource.mil/

Wall Street Warfighters Foundation

Provides training and equipment for the financial services industry for disabled heroes 1-888-439-3935

https://wallstreetwarfighters.wordpress.com/

Warriors to Work Program

Provides assistance with job searches, resume writing, interviewing and more 1-888-997-2586

<u>https://www.woundedwarriorproject.org/program</u>
s/warriors-to-work

For Military Service Members and Their Families



Airman & Family Readiness

Supports a variety of community programs at AFB installations across the world 1-703-972-2650

https://afas.org/airmen-and-family-readiness/

Armed Services YMCA

Provides specialized programs and services to active duty junior enlisted military service members and their families https://www.asymca.org/

Army Community Service

Offers real-life solutions for successful Army living for soldiers and families 1-888-721-2769

https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Community-Service-(ACS)?serv=120

Boys & Girls Club of America

Enables all young people to reach their full potential as productive, caring, responsible citizens 1-404-487-5700

https://www.bgca.org/

Coast Guard Work-Life Program

Supports the well-being of active duty, reserve and civilian employees and family 1-800-872-4957

https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/

Jump\$tart Coalition

Supports financial education efforts to advance youth financial literacy 1-202-846-6780 https://www.jumpstart.org/

Junior Achievement

Inspires and prepares young people to succeed in a global economy

1-719-540-8000

https://www.juniorachievement.org/web/ja-usa/home

Marine Corps Community Services

Takes care of Marines and their families by providing quality of life programs, products and services

https://www.usmc-mccs.org/

National Guard Family Program

Supports and educates families along the path of their National Guard life 1-877-577-6691

https://www.jointservicessupport.org/fp/default.aspx

Navy Fleet & Family Support Program

Provides the right services at the right time to support Sailor and family resiliency 1-844-698-2311

https://www.cnic.navy.mil/ffr/family readiness/fle et and family support program.html

For Military Service Members and Their Families



Financial Education:

The best sites for financial education, counseling and planning

360 Degrees of Financial Literacy

Helps people understand their personal finances and develop money management skills 1-888-777-7077

https://www.360financialliteracy.org/

Center for Responsible Lending

Ensures a fair, inclusive financial marketplace that creates opportunities for all responsible borrowers 1-919-313-8500

https://www.responsiblelending.org/

CreditSmart

Supports the benefit of credit education and building sound financial literacy skills among consumers

1-800-373-3343

http://www.freddiemac.com/creditsmart/

Employee Benefit Research Institute

Contributes to sound employee benefit programs and public policy through independent research and education

1-202-659-0670

https://www.ebri.org/

Financial Planning Association

Provides CFP professionals who specialize in working with certain types of clients 1-800-322-4237

http://www.plannersearch.org/

Institute of Consumer Financial Education

Helps people of all ages improve their spending, increase their savings and use credit more wisely 1-619-239-1401

http://www.icfe.info/

Let's Make a Plan

Provides the highest standard of financial planning through CFP professionals 1-800-487-1497

http://www.letsmakeaplan.org/

Military Money

Provides nonprofit debt consolidation with lower payments and interest rates

1-866-904-0274

https://www.incharge.org/military-money/

Military Saves

Helps service members and their families save money, reduce debt and build wealth 1-202-387-6121

https://www.militarysaves.org/

Money Smart

Helps people enhance their financial skills and create positive banking relationships 1-877-275-3342

https://www.fdic.gov/consumers/consumer/mone ysmart/

For Military Service Members and Their Families

MyMoney

Provides information on access to financial services through the collaboration of 20 Federal entities 1-800-333-4636

https://www.mymoney.gov/Pages/default.aspx

National Association of Personal Financial Advisors

Provides fee-only financial advisors who are committed to working in the best interests of those they serve

1-888-333-6659

https://www.napfa.org

National Endowment for Financial Education

Inspires educated financial decision making for individuals and families through every stage of life 1-303-741-6333

https://www.nefe.org/

National Foundation for Credit Counseling

Empowers consumers to take charge of their finances through one-on-one financial reviews 1-800-388-2227

https://www.nfcc.org/

Save & Invest

Provides unbiased financial tools and information to help military families and investors make informed financial decisions 1-202-728-6933

https://www.saveandinvest.org/

Small Business Administration

Delivers loans, loan guarantees, contracts, counseling sessions and other forms of assistance to small businesses

1-800-827-5722

https://www.sba.gov/

Social Security Administration

Provides financial protection and support relating to retirement, disability and survivor benefits 1-800-772-1213

https://www.ssa.gov/

Thrift Savings Plan

Provides details on retirement savings and investment plans for federal employees and members of the uniformed services 1-877-968-3778

https://www.tsp.gov/index.html

TreasuryDirect

Allows users to buy and redeem securities directly from the U.S. Department of the Treasury 1-844-284-2676

https://www.savingsbonds.gov

For Military Service Members and Their Families



Relief and Assistance:

The best sites for programs and organizations that offer military relief and financial assistance

Air Force Aid Society

Offers emergency assistance, education support and community programs 1-703-972-2650 https://afas.org/

Air Force Wounded Warrior

Provides concentrated non-medical care and support for combat wounded, ill and injured Airmen and their families 1-800-581-9437 https://www.woundedwarrior.af.mil/

American Legion

Provides youth mentoring and sponsorship of wholesome programs in the community 1-800-433-3318

https://www.legion.org/

American Red Cross

Prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors 1-800-733-2767

https://www.redcross.org/

Angels of Mercy

Serves wounded military and their families by providing assistance, clothing and school supplies 1-703-938-3572

http://www.supportourwounded.org/

Army Emergency Relief

Offers scholarships, grants and loans to soldiers and families
1-866-878-6378
https://www.aerhq.org/

Army Wounded Warrior Program

Assists and advocates for severely wounded, ill and injured soldiers, veterans and their families 1-888-721-2769

https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Army-Wounded-Warrior-Program-(AW2)

Blinded Veterans Association

Supports blinded veterans and assist them to live independently 1-800-669-7079

https://www.bva.org/

Caring Bridge

Amplifies the love, hope and compassion in the world, making each health journey easier 1-651-789-2300

https://www.caringbridge.org/

Children of Fallen Heroes

Provides support and immediate needs for children and surviving spouses of fallen military 1-910-621-1505

https://www.childrenoffallenheroes.org/

For Military Service Members and Their Families

Coast Guard Mutual Assistance

Assists members of the Coast Guard family during their time of financial need 1-800-881-2462

https://www.cgmahq.org/

Fisher House Foundation

Builds comfort homes where military and veteran families can stay free of charge while a loved is in the hospital

1-888-294-8560

https://www.fisherhouse.org/

Hero Miles

Provides round-trip airline tickets to wounded, injured and ill service members and/or their families who are undergoing treatment 1-888-294-8560

https://www.fisherhouse.org/programs/hero-miles

Homeowners Assistance Program

Provides financial assistance to those who suffer financial loss on the sale of their primary residence 1-800-861-8144

https://www.usace.army.mil/Missions/Military-Missions/Real-Estate/HAP/

Homes for Our Troops

Builds and donates specially adapted custom homes for severely injured post-9/11 veterans 1-866-787-6677

https://www.hfotusa.org/

Hope NOW

Supports home preservation activities to assist struggling homeowners 1-202-589-2449

http://www.hopenow.com/

Marine Corps Wounded Warrior Regiment

Provides support, recovery and non-medical care of wounded, ill and injured marines, sailors attached to marine units and their family members 1-877-487-6299

https://www.woundedwarrior.marines.mil/

Navy/Marine Corps Relief Society

Provides financial, educational and other assistance to members of the Naval Service 1-800-654-8364

https://www.nmcrs.org/

Navy Wounded Warrior - Safe Harbor

Coordinates the non-medical care of seriously wounded and injured sailors and coast guardsmen and provides support to their families 1-855-628-9997

https://www.navywoundedwarrior.com/

Warrior Care

Supports wounded, ill and/or injured service members in their recovery and transition or reintegration to civilian life https://warriorcare.dodlive.mil/

Wounded Warrior Project

Provides charitable services to veterans, caregivers and families of veterans 1-888-997-2586

https://www.woundedwarriorproject.org/

Wounded Warrior Resource Center

Offers help to wounded Soldiers who have served the nation

http://woundedwarriorresourcecenter.com/

For Military Service Members and Their Families

Yellow Ribbon Foundation

Fills the unmet needs of those who have served in the United States military 1-888-994-8387

http://www.yellowribbonfoundation.com

Yellow Ribbon Fund

Provides practical support to active duty and veteran service members while they are receiving medical treatment 1-240-223-1180 https://yellowribbonfund.org/