

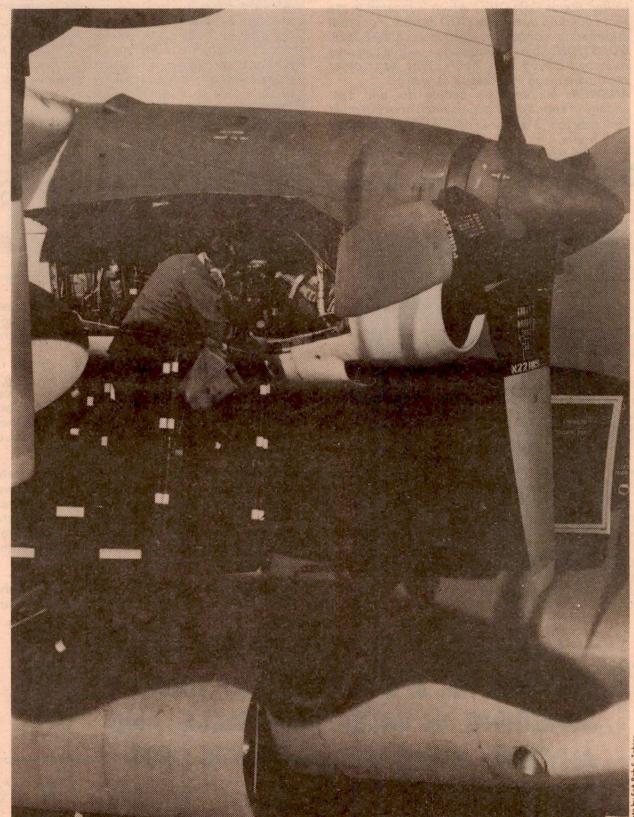
Base goal

\$55,000 \$50,000 \$45,000 \$40,000 \$35,000 \$30,000 \$25,000 \$15,000 \$5,000

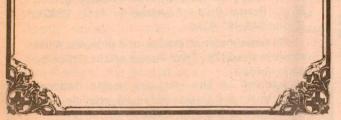
As of Tuesday, the following units had reached or exceeded 100 percent of their Combined Federal Campaign goal.

> USAF Airlift Center 317th AMS 317th FMS 317th SPS 317th Supply Det. 3, 5th Weather Det. 12, 1600 MES Det. 21, 7th WWG 215th FTD

317th TAW in Bold Eagle '80



Det. 1, 507th TAIRCW 1943rd Communications 1st AES



Engine problems can occur during major exercises and must be fixed in a minimum length of time. This 317th Field Maintenance Squadron mechanic works to correct a problem on a C-130's number three engine. The plane was fixed in time to participate in the redeployment phase of Bold Eagle '80, which is currently in progress. Bold Eagle is an annual exercise conducted to evaluate the effectiveness of combined U.S. military forces.

The Hercules Herald is an unofficial newspaper published weekly in the interest of personnel at Pope Air Force Base, North Carolina of Military Airlift Command. It is published by the Duvanal Publishing, Inc., Fayetteville, N.C., a private firm, in no way connected with the Department of the Air Force. Opinions expressed by publishers and writers herein are their own and are not to be considered an official expression by the Department of the Air Force. The appearance of advertisements, including supplements and inserts, in this publication does not constitute an endorsement by the Department of the Air Force of products or services advertised. PAGE 2 **HERCULES HERALD**

NOVEMBER 2, 1979

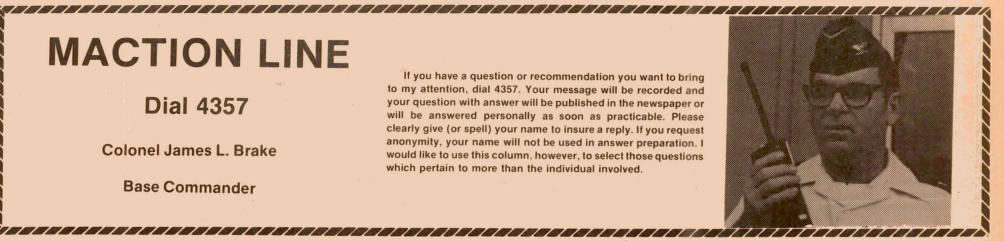
MACTION LINE

Dial 4357

Colonel James L. Brake

Base Commander

If you have a question or recommendation you want to bring to my attention, dial 4357. Your message will be recorded and your question with answer will be published in the newspaper or will be answered personally as soon as practicable. Please clearly give (or spell) your name to insure a reply. If you request anonymity, your name will not be used in answer preparation. I would like to use this column, however, to select those questions which pertain to more than the individual involved.



QUESTION: Why doesn't the base mail room offer Cash on Delivery service?

ANSWER: Air Force regulations prohibit postal service centers from offering COD service. The United States Post Office which is located in the same building does offer COD service. For more information, contact the Postmaster at 394-2828. QUESTION: Some maintenance people can play volleyball during duty hours. Why can't other sections engage in athletics as well?

ANSWER: Maintenance people do, and can, engage in sports during their lunch hour but must limit play to this one hour period or wait until after duty hours.

QUESTION: Why can't I get two pieces of meat the first time I go through the line in the Hercules Inn? If I want seconds, the line is very long.

ANSWER: The dining halls use portion control on all food items to try to eliminate waste and standardize quantities of food. Dining halls do not offer seconds on all entrees, but when they do, the customer waits his turn in line. The portion control policy will be especially important to insure standard seconds when the dining halls begin a la carte or item pricing on Nov. 1.

QUESTION: Why does dining hall #2 serve milk in paper cups instead of cartons with the carryout meals

ANSWER: Milk in bulk is easier to store any per unit cost is 3¢ less to serve.

QUESTION: On Oct. 22, I was waiting at the stop by the Bowling Center for a ride to the flightline side of the base. An Air Force bus came by and would not pick me up. Why didn't the bus stop for me?

ANSWER: Air Force buses are required to pick up people waiting at bus stops unless it would create a traffic hazard or cause the bus to be late in meeting an incoming aircraft. Since you did not specify the time of the day this occurred, I cannot give you a definite answer. I assume the bus was going the meet an aircraft.

People are key to Air Force says general



Gen. Lew Allen Jr.

"Ultimately our capability rests not on weapons but on people," Air Force Chief of Staff Gen. Lew Allen Jr. told Air Force Association members at an annual convention in Washington, D.C.

However, he pointed out, "over the past year, the Air Force has failed to meet its enlisted recruitment goal for the first time since the initiation of the all-volunteer force.

'Our concerns go well beyond shortfalls in enlisted recruitment. We will not meet this year's recruitment goals for scientific and technical officers. Significant numbers of skilled aviators are leaving active duty at the very point they should be moving into important midlevel leadership responsibilities.

"To meet the challenge of maintaining the military balance of the 1980s, we must first resolve these people issues which go to the heart of our capabilities. This means responding to the doubts about pay and benefits which, left unanswered, erode our ability to attract and maintain quality people.

"The military profession entails sacrifice and Air Force members understand that. They will

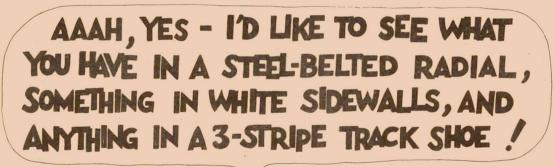
endure frequent moves, the rigors of alert, long periods of family separation and the demands of being available 24 hours a day, if these things are required, to get the job done.

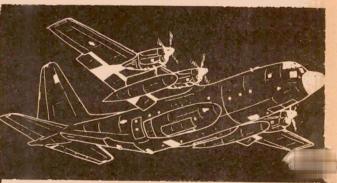
'In return, they ask nothing more than a fair standard of living and support for those benefits which they took into account in their decisions to pursue an Air Force career.

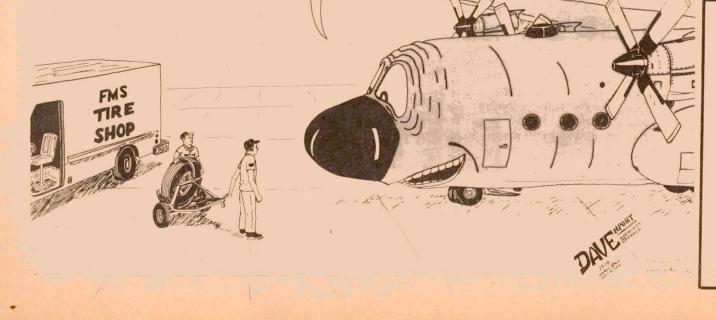
Many of our people now see the conditions under which they volunteered to serve sacrifice-being altered or called into que We have not maintained pay comparability with the civilian sector. The benefits are under attack on virtually all fronts, affecting not only service members', but dependents' benefits, as well.

"Military people do not have the option to withhold their services to dramatize their concerns. Rather they depend on their senior military and civilian leaders to defend their interests

"I will continue to fight to ensure our Air Force is an institution which can attract quality people, live up to its promises for adequate compensation and proper benefits, and provide an atmosphere in which service to country remains a worthy calling.







The Hercules Herald is published every Friday except Christmas week. Address all advertising inquiries to Duvanal Publishing, Inc., 851C Bragg Blvd., Fayetteville, N.C. 28301. Phone 919-483-6340.

All news material, stories, and pictures, must arrive in the 317th TAW Public Affairs Office by noon Friday.

Address of The Hercules Herald Editorial Department is P.O. Box 35716, Fayetteville, N.C. 28303. Phone 919-483-4210.

Everything advertised in this publication must be made available for purchase, use or patronage, without regard to the race, color, national origin or sex of the purchaser, user or patron. A confirmed violation or rejection of this policy of equal opportunities by an advertiser will result in the refusal to print advertising from that source

General Glover discusses Civil Engineers

By SrA. Bob E. Tobias

317th TAW Public Affairs Office

To get acquainted and find out what is going on in the field was the purpose of a senior Military Airlift Command official's recent visit to Pope AFB.

Brig. Gen. Allison G. Glover, who was recently appointed MAC deputy chief of staff for engineering and services, visited here last week to familiarize himself with base engineering operations. His stop here was one of many he is making at MAC bases as a part of a special prientation tour.

During his tour, the general is looking for problem areas as well as opportunities for improvement within the command. As part of his duties at MAC, he is involved in insuring the proper maintenance and operation of engineering and service facilities. Some areas of particular interest include dining halls, commissaries, billeting and housing.

Having arrived here at the half-way point of his tour, General Glover was able to compare recent construction projects here with those he has seen at other MAC bases. "Pope doesn't have quite as much recent construction as the other bases I have been to," said the general. "Pope hasn't gotten as many construction dollars as they have. This probably occurred because Pope did not become a MAC base until fairly recently." MAC uses a long-range projection of construction funds and Pope was not in MAC when funds for this time frame were planned.

Although some of Pope's facilities are not as new as those on other bases, the maintenance and upkeep of these facilities is just as good. "The facilities I have seen here are really being taken care of," said the general. "One thing I am impressed with is the care taken by the people who live and work in the facilities. The care of them by the civil engineering folks is clearly iperior.

The base is presently involved in acquiring 66 acres of land for a new supply complex. According to General Glover, there are several steps that have to be taken to obtain this land. Among these are: putting it into a Military Construction Project, showing a need for the facility to get the project funded; obtaining authorization and appropriations from Congress; a Title 10 hearing by Congress to give the Air Force specific hearings and a land appraisal by the Army Corps of Engineers. Two steps of this process are already under way.

Funding may be a problem for some of the projected construction projects at Pope, the



Brig. Gen. Allison G. Glover

general said. For fiscal year, 1979, MAC's construction project budget was \$21 million and in FY '78 it was \$20 million. General Glover would like to see this year's budget exceed the \$24 million budget of FY' '76. One area he is particularly interested in is the Bachelor Facility Improvement Program. This program is designed to improve living facilities and conditions for single airmen.

The general also noted that MAC decreased energy consumption by 11 percent in FY '79 as compared to the 1975 base line level. The MAC goal for FY '79 was decrease energy use by 5 percent. In comparison with other MAC bases, Pope is number one in energy conservation. "Pope is down by 22 percent, so you can see that Pope is doing twice as well as the average MAC base," said General Glover.

Some energy saving steps are still possible, but the easy ones have already been implemented, said the general. The ones left are going to be expensive and will require a little more time to complete. One system being implemented is the Energy Control and Monitoring System. This system uses computers and sensing devices to control heating and cooling units in buildings. It also monitors energy use and provides hands-off operations so that the temperatures in a building can be controlled by one master unit instead of individual thermostats.

The general also commented on the MAC Prime BEEF teams. This team is the Base Engineers Emergency Force which is tasked to go into a combat zone and construct a runway and other facilities. "I am really impressed with the MAC Prime BEEF teams.

"In the last command I was in, we were not nearly at the stage of readiness and training that MAC teams are. If there are any teams really ready, they are the MAC teams," said the general. He added, "We are behind in the services or Prime RIB portion of this program. MAC is also the leader in this area, but we haven't had Prime RIB as long as we have Prime BEEF. Prime RIB doesn't have all of its necessary equipment and training yet, but we are working hard in this area."

Summarizing his visit here, General Glover said, "I sure enjoyed being at Pope. The hospitality of the folks was outstanding. I was really impressed with the people and what a fine job they are doing, as well as their attitudes."

President Carter's

Veterans Day

proclamation

"No Americans have done more to win and protect the peace than the men and women of our armed forces, past and present.

"Veterans Day affords each of us the opportunity to join our fellow citizens, in communities across the nation, in honoring those whose love of country knew no bounds—those to whom patriotism was principle, not mere sentiment.

"Without the sacrifices which our brave veterans made so freely and so generously, our cherished freedom would long ago have vanished.

"On this historic day, let us resolve anew to keep faith with those who have done so much to shape this nation with their honor and valor. The flag under which they served is the emblem of our unity, our power, our purpose as a nation. It has no other character than that which we give it from generation to generation.

"Now, therefore, I, Jimmy Carter, president of the United States of America, do hereby invite citizens everywhere to join with me in observing Veterans Day on Sunday, November 11, 1979.

"Let the past and present unite in prayer that America will ever seek the ways of peace, and, by her example at home and throughout the world, hasten the return of goodwill among men.

"This is a particularly appropriate time to remember with respect and affection our sick and disabled veterans. I urge their families and friends to visit with them and reassure them of their country's enduring gratitude..."

Jimmy Carter President

roper dental care can prevent trips to the dentist

By Maj. Francis C. Lipsinic Base Dental Clinic

The lack of frequent or proper use of a toothbrush and dental floss generally results in tooth decay or periodontal (gum) disease. Although these conditions are responsible for most trips to the denist, many other needless trips are made to the dentist as a result of injuries that are self inflicted and could be prevented by applying care and common sense.

Some types of injuries include chemical and electrical burns, tooth brush injuries, ill-fitting dentures or other appliances, injuries from foreign objects, bruxism or habitual grinding of ones teeth, and mouth injuries, usually occuring in athletics.

Burns produce a most unpleasant mouth injury. Hot foods, such as pizza, can produce

slow-heating and painful burns when these foods stick to the roof of the mouth or sit upon the tongue. Chemicals or over-the-counter medicines are often placed in the mouth to relieve oral pain. Caution should be exercised in their use, since improper use may result in burns. An example is aspirin, effective for pain if taken internally, but placed against the skin in the mouth will produce a serious and painful burn.

Tooth brushes used incorrectly, particularly when they have hard bristles or are combined with toothpaste that is too abrasive, can cause unknowing tooth wear and loss of gum tissue.

Ill-fitting dentures, a chipped tooth, or a broken filling may cause sores or localized overgrowth of tissue in the mouth. In these instances, the patient should see a dentist to have these problems corrected. It should also be pointed out that care should be taken when leaving the dentists office not to bite on the lip, tongue or cheek while still "numb".

Many of the accidents which cause injury that result in a trip to the dentist could be avoided. Children who participate in organized contact athletics such as football, should wear protective mouth guards that help prevent tooth fractures or tongue lacerations. Children should not be allowed to play or run about with objects in their mouths. A fall or blow to the face could result in injury to the teeth, mouth, or throat.

Last but not least, children, as well as adults, should take advantage of seat belts in moving vehicles. A sudden stop could spell disaster and another of those avoidable trips to the hospital or dental clinic.

HERCULES HERALD PAGE 4

NOVEMBER 2, 1979

Bold Eagle:

Popenow heavily involved

The first two phases of Bold Eagle '80, a jointservice exercise being conducted by the United States Readiness Command at Eglin AFB, Fla., have been completed. The exercise is currently in the final, or redeployment, phase.

This exercise is designed to provide a simulated combat environment to evaluate participating commanders, staffs and forces in joint service tactics, techniques and procedures. It began with the deployment phase kicking off Oct. 1

The scenario of the exercise is built around a conflict between two simulated countries. Fera and Agres. As the exercise began, Agres invades Fera, who in turn asked for U.S. military assistance. After receiving this request, the U.S National Command Authority directed the Readiness Command to send a joint task force to aid and support Fera against the aggressors.

The exercise is being conducted at the Eglin complex which encompasses 464,000 acres of land and nearly 4,000 square miles of airspace over the Gulf of Mexico.

During the employment phase of the exercise, Pope was designated as a forward operating base and staging area to support and control all C-130 forces, including active, Air Force Reserve and Air National Guard units. Col. Duane H. Erickson, 317th Tactical Airlift Wing commander, is responsible for the individual tasking and mission accomplishment of the 317th TAW's portion of the exercise.

More than 3,460 members of the 82nd Airborne Division, Fort Bragg, N.C. and 1,670,006 pounds of cargo was flown during the employment phase of the exercise. The cargo was delivered using the Container Delivery System, the Low Altitude Parachute Extraction



These C-130 Hercules aircraft stand ready awaiting loads bound for Eglin AFB, Fla., in support of Bold Eagle '80. More than one million pounds have already been

System and the heavy equipment airdrop methods. This cargo included equipment from the 82nd Airborne Division such as five M551 Sheridan Tanks (each weighing 36,800 pounds). jeeps, trailers, and 155 and 105MM howitzers.

Members of the 101st Airborne Division (Air Assault) from Fort Campbell, Ky., also participated in the first two phases of Bold Eagle. They teamed with Aerospace Defense Command units flying F-106 Delta Darts to form the aggressor force from Ages.

The Tactical Air Command's F-15 Eagles, F-4 Phantoms and A-7 Corsairs provided close air airlifted during the joint-service exercise being conductd by the U.S. Readiness Command.

support for the airlift aircraft flying support to ground operations. Included among these were Air Force Reserve and Air National Guard C-7 s, C-123s, and C-130s, plus Military Airlift Command C-130s, C-141s and C-5s. The F-15s and F-4s flew air-to-air support while the A-7s were tasked to deter resistance from groundbases defenses. This is the first time this particular type of air support has been provided to airlift aircraft during a training exercise. The normal method used includes only the air-to-air support.

Other bases participating in this exercise include Lawson Army Air Field, Ga., Charleston AFB, S.C., Norton AFB, Calif., Little Rock AFB, Ark., Dyess AFB, Texas, and McChord AFB, Wash

The 317th TAW flying portion is scheduled to end Wednesday and the exercise should be completed by Nov. 11

			<u>.</u>		
		- The		and the second	
K					
		-			

An Organizational Maintenance Squadron crew chief marshals a C-130 aircraft to the taxiway during its departure to participate in Bold Eagle '80. Pope Maintenance crews were augmented by more than 75 maintenance people from other bases during the employment phase of this annual exercise. More than 200 of Pope's maintenance personnel were sent to Eglin AFB, Fla., to support aircraft there.

MID SUMMER SALE

ng Bed, AT, \$3795	77 FORD CUSTOM 100, L AC, Radio, Like New.
\$795	74 CATALINA STATION WAGON
\$1495	68 CAMARO CLASSIC
C, AM-FM, \$1495	73 MONTE CARLO, AT, A PW
MANS, AT, \$1995	73 PONTIAC SPORTS L AC
GON, \$1095	72 PINTO STATION WA
\$995	71 BUICK SKYLARK
\$995	71 INTERNATIONAL ½ To Pickup
\$1495	71 MALIBU CLASSIC
\$1695	74 MONTE CARLO
2995	76 CHEVETTE
\$1695	75 GREMLIN R.H./A.T./ Air

With TDY assistance

Maintenance supports Bold Eagle

Maintenance teams from other Air Force bases are here providing maintenance assistance in support of aircraft involved in a simulated war between Agres and Fera.

Crews from the 317th Avionics. Organizational, and Field Maintenance Squadrons are working 12-hour shifts to keep Bold Eagle '80 support aircraft flying.

Forty-six people from the 437th Military Airlift Wing at Charleston AFB, S.C., six from the 63rd MAW at Norton AFB, Calif., 22 from the 463rd Tactical Airlift Wing at Dyess AFB, Texas and 36

people from the 314th TAW at Little Rock AFB, Ark., are here to support Pope's maintenance crews. Two reserve units, the 172nd TAW of the Mississipi Air National Guard and the 459th TAW (Air Force Reserve) from Andrews AFB, Md., are also participating in the exercise.

Combined with these augmentee forces, the 317th Tactical Airlift Group's maintenance complex is supporting 317th TAW and transient aircraft. More than 200 Pope maintenance people are on temporary duty at Hurlbert Field at Eglin AFB, Fla. in support of that portion of the exercise.

FINANCING AVAILABLE—ALL RANKS

Spring Lake **Motor Company**

436-3131

245 S. BRAGG BLVD.

Base suggestors win cash awards

Six Presidential Commendation letters were awarded to Pope AFB people recently during a reception in the wing conference room

Col. Duane H. Erickson, 317th Tactical Airlift Wing commander, presented the personal letters of appreciation from President Carter to the following individuals: William Blalock, 317th TAW; TSgt. James D. Hopper, 1943rd Communications Squadron; SSgt. Timothy E. Williams, 317th Field Maintenace Squadron; SSgt. Gerry Bird, 317th Supply Squadron; SSgt. even Delphia, 317th Avionics Maintenance adron and SSgt. Kenneth W. Elliott, formerly ith the 3rd Mobile Aerial Port Squadron

Sergeant Delphia received two letters for two suggestions he had submitted.

These people were recognized for their suggestions which saved the government more than \$5,000 each in first year tangible savings. The six suggestions have resulted in a \$137,780 savings so far.

The big money winner for the month of September was Special Agent Norman C. Tupper, Det. 2101, Air Force Office of Special Investigations. Agent Tupper proposed a change to AFM 67-1 which would provide a copy of the Base Special Inventory Adjustment Listing to the OSI office rather than the Security Police. This change allows OSI people to be knowledgeable about unresolved inventory discrepancies. The suggestion was adopted by Headquarters, USAF, and Agent Tupper received a \$400 cash award

A1C Jarrett W. Brown, 317th Civil Engineering Squadron, was awarded \$25 for his suggestion to install a removable cover on the fillstand control pit at building 820.

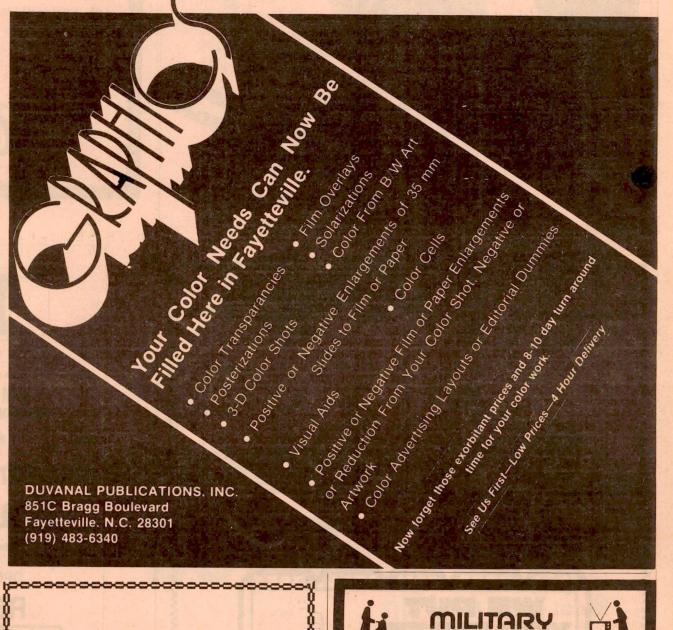
The following suggestors received certificates of appreciation for suggestions submitted in the month of September:

0 0 0

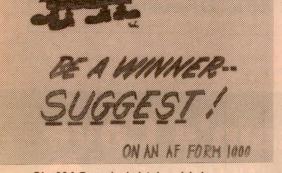
t. David C. Pleasants	317th TRNS
Togt. Lewis S. Weingarten	317th Hq. Sq.
Melva F. Smith	317th Supply
MSgt. Curtis L. Mize	317th FMS
SSgt. Arnold T. Turner	317th CES
Rogers Townsend	317th CSG
SSgt. Billy R. Parsons	317th TAW
TSgt. Frank Young	317th CSG
1st Lt. Doris E. Welch	317th FMS
TSgt. David Hayes	USAF Clinic
Sgt. Mary N. West	317th CSG
A1C. Alfred Patterson	317th OMS
SrA. Morris A. Little	317th CSG
Sgt. Deborah J. Cotton	317th FMS
Lt. Col. Anthony J. Brill	317th CSG
SSgt. Richard M. Hall	317th OMS
Sgt: Edward J. Lippiett	3rd MAPS
Linda C. Pechenino	USAF ALCENT

SSgt. Edwin Stefan, 1943rd Communications Ssquadron motorcylce safety NCO, believes in providing a fine example when it comes to motorcycle

safety. Sergeant Stefan believes that all passengers, even his dog Sheba, should wear a protective helmet at all times when riding.



Pope NCO **Proudly Presents**



Sir MAC, a knight in shining armor, and his horse CASHius appear on the new suggestion program logo. The logo cartoon was created by CMSgt. Jesus Varela, 443rd Security Police Squadron, Altus AFB, Okla.

Smokin Joe Frazier's **Musical Review**

Sunday, Nov. 11 9-1, \$4.00 cover charge

> *No Advance Reservations *Tickets On Sale At the Door

Portable Washer & Dryer . Floor Care Equipment • T.V. & Stero Equipment • Towing Equipment **Baby Equipment** Party Supplies **Roll-Away-Bed** Service Machines Automotive Tools Camping Equipment · Family Size Washer & Dryer 115 S. Bragg Blvd. Spring Lake **New Location** 436-5050



National Tire Center 3240 Bragg Blvd.

Fayetteville, NC 28303 Ph. 868-5121

Any Datsun or Toyota Alignment Only \$8.50

5......

Captain's Cove Banquet Facilities The All U Can Eat Thur. Party Room Wed. 8 Sat. Fri. 8 Sat. Hours: 5-10 SEAFOOD HOUSE

TAKE OUT ORDER **BROWN BAGGING**

497 4704 HWY 210 N Spring Lake

HERCULES HERALD

Tips for coping with a family alcoholic

A recent survey conducted by the National Institute on Alcohol Abuse and Alcoholism shows there are nine million alcoholics in the U.S.

The survey also revealed that these alcoholics adversly affected 40 million other Americans, including family members, friends and fellow workers. One out of every five people surveyed said they knew an alcoholic or someone who has been a heavy drinker for 10 years or more.

Here are some tips for the family in coping vith an alcoholic member:

Learn all you can about alcoholism.

• Examine your own feelings and attitudes regarding drinking, drunkenness and alcoholism.

• Accept alcoholism as an illness, but keep in mind that it is treatable.

• Seek out the resources: mental health clinics and centers, family therapists, clergymen, doctors and social workers who are knowledgeable about alcoholism, alcoholism councils and clinics, A.A., Al-Anon and Ala-teen in your local community. Don't let pride interfere in your search for help for you and your family. Remember you are not alone.

• Play it straight with your children. Don't try to lean on them to fill your unmet needs and, above all, do not allow your alcoholic or yourself to get them in the middle of your arguments.

• Use the resources, when you locate them, for your own problems and not for the alcoholic's problems. Remember the only person you can change is yourself.

• Keep your cool. this problem did not devlop overnight and it is not going to disappear overnight.

 Change is always difficult, so don't get discouraged if you backslide occasionally or if your alcoholic does.

• All of this implies a lot of conscious effort and work on your part, but the ultimate rewards far outweigh the effort. Keep in mind you are not alone. There is hope and there probably is help in your local community.

Heating systems on

Base heating systems were scheduled to be turned on yesterday, and air conditioning units in all buildings except living quarters were turned off Oct. 1.

Civil Engineering personnel are checking all units, changing them from air conditioners to heating units, according to 1st Lt. John Andrews, wing energy coordinator.

MAC directives state that military family housing and other living quarters thermostats are to be set no higher than 68 degrees in the winter.

According to Lieutenant Andrews, regulations give various maximum temperatures for different type areas, but for most the standard is 65 degrees. He added, "everyone should make maximum use of outside air.

"All equipment seems to be in pretty good shape", he said. If something should go wrong with your heating unit, "stay out of them! Let CE do the work."

CE has a 24-hour service call desk for emergencies. Failure of a heating unit is a bonafide emergency. CE tries to fix heating units within eight hours and no more than 48 hours.



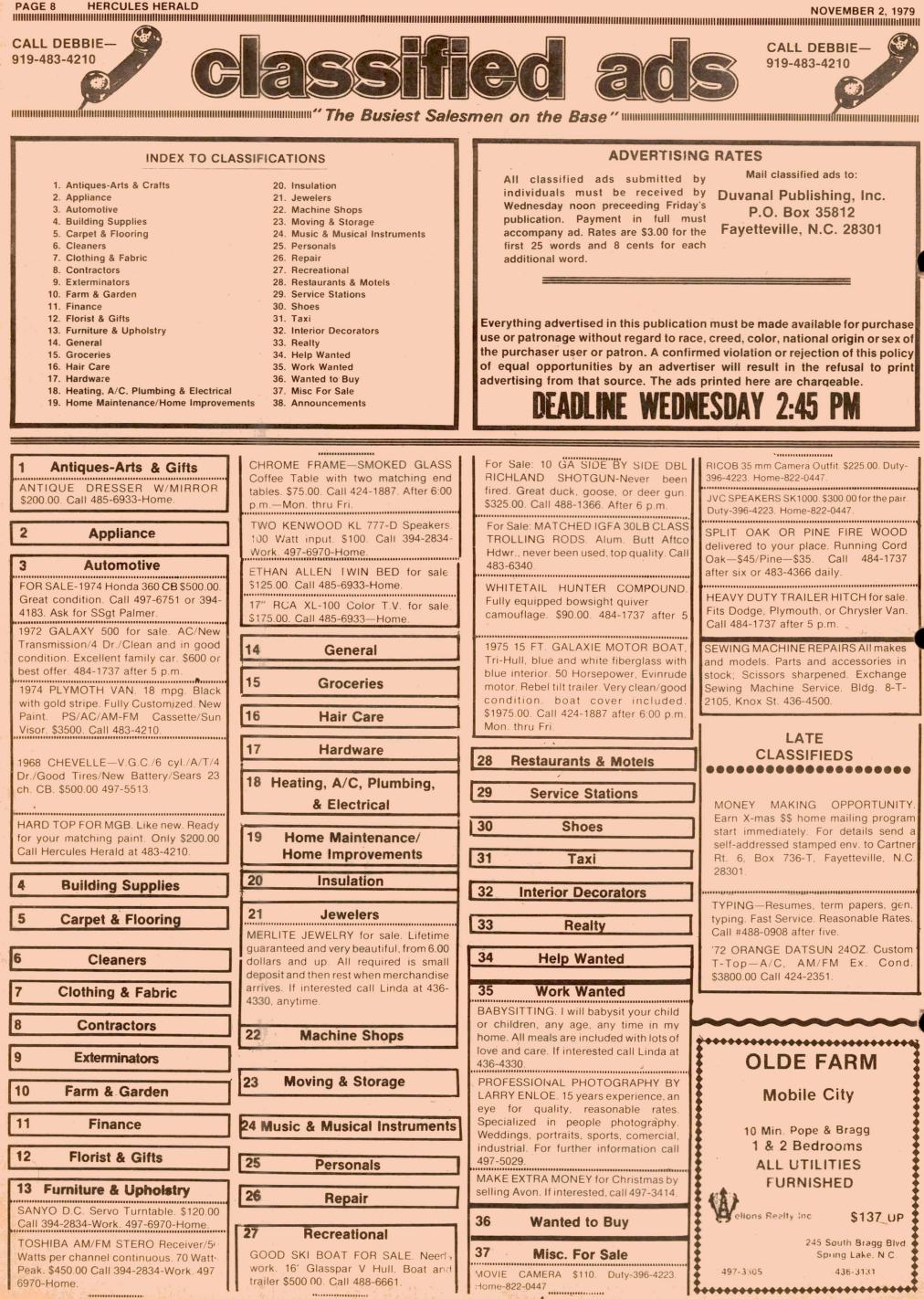
In preparation for winter, CE has an estimated \$308,000 project to insulate all attics of the 461 military family housing units on base. This project also includes installing new thermostats, insulating hot water heaters and adding storm windows and doors. The project is currently underway and is expected to be finished prior to Christmas.

Another project, the Energy Monitor Control System, monitors heating and air conditioning units. The \$505,000 system is to be installed in 45 base facilities soon. It should be completed by August.

"Eighty percent of the base uses natural gas heating units. We should have enough fuel for the other 20 percent of these units", added Lieutenant Andrews.

Compared to 1975, the base has reduced energy by about 20 percent, he said.





HERCULES HERALD

PAGE 9

Aerosol propellants can be extremely dangerous

Recently an individual used three automatic aerosol indoor foggers to rid his home of roaches. He activated all foggers in one room and left the house. A few minutes later there was an explosion followed by fire. The house received extensive damage due to the explosion, plus fire damage to the kitchen.

Investigations revealed that the aerosol propellant was a mixture of propane and isobutane, both highly flammable. This type of propellant has been extensively used since the recent ban on fluorocarbons. The user had missed the small print on the container that rected him to "extinguish all flames and pilot

hts prior to using." Further investigation has shown that many other common products contain these ingredients. Among these are shaving cream, deodrant, hair spray, insect repellant, and spray

paint. Many of these household products contain 80 to 98 percent propane and isobutane. which are extremely flammable because of their small particle size and the dispersal of the product itself.

Everyone must be aware of the potential danger of these products and should follow the manufacturer's directions and warnings. Pope AFB Safety Office technicians recently surveyed the Base Exchange and Commissary. They found that all aerosol products contained a warning, but often the print was very small and could be easily missed.



Be informed! Read City forum. a city/county monthly magazine that serves the interests of a community of educated. civic-minded. affluent and influential readers. A positive attitude publication that editorially covers the arts. current affairs. consumer news. cultural activities. food entertainment. and timely advice on the quality of life in North Carolina's most vibrant and promising city.

Aerobics testing a three-way choice

All Air Force members, regardless of age, can now choose one of the three methods to test for fitness under a recent change to the Air Force Physical Fitness and Weight Control Program.

Previously, members 35 years of age and older were required to test using the 3-mile walk. The other two options are the 1.5-mile run, and running in place.

Restricting those 35 and over to the 3-mile walk was started in January 1979 in an effort to reduce the risks to this age group which is statistically more prone to heart attacks.

This policy was widely misunderstood as indicating Air Force de-emphasis on physical fitness. This was never the intention.

It is now the responsibility of all Air Force members to choose a test method which fits their level of conditioning.

At the time of testing, individuals age 35 and older will be asked if they have been participating in a regular physical conditioning program. Their responses will be noted in their medical records.

If members feel they are not able to test, officials advise that they should decline testing and be entered in a remedial conditioning program.

Major airlines extend discounts

Furlough fares, discount rates offered by some commercial airlines to military people on leave, will be continued at least through Sept. 30, 1980, according to the Military Traffic Management Command.

Eight major airlines have extended these 25 percent discount fares through September 1980. They are: Western, United, Trans World, Northwest, Eastern, Delta, Continental and American.

Airlines that have extended the discount fares indefinitely are: USAir Inc. (Allegheny), Texas International, Republic, Piedmont, Pan American World Airways, Ozark, National, Hughes Airwest, Frontier and Braniff International.

The availability of these fares may be affected by choice of destination and other factors. The fares may be used only when on leave and traveling at personal expense. Travelers using personal funds for official travel and using a furlough fare are not authorized reimbursement by the government.

Furlough fares for airlines operating from the Fayetteville and Raleigh-Durham Airports are available at the Scheduled Airlines Traffic Office on Fort Bragg. For scheduling and ticket information, call SATO at 436-5808.

Volant Spouse expanded: base begins new program

Col. Alexander K. Davidson, 317th Tactical Airlift Wing vice commander, has requested that each unit participate in Project Tag Along. This new program is designed to improve the Air Force image and create a greater sense of belonging for the Air Force family.

Each base unit is urged to establish a program to allow families to see first-hand how their sponsor fits into the Air Force organization. This could be done by setting aside a day to invite dependents to come on the job and observe the servicemember at work, holding squadron open houses complete with picnics, or establishing a luncheon with key members of the unit.

This program takes up where Volant Spouse left off because it includes all base employees instead of just aircrewmembers. Each unit commander is responsible for organizing and conducting this program within their respective organizations. However, they are reminded to keep in mind the safety restrictions and restricted areas which might affect their programs.

All Air Force members are urged to encourage their family's participation in this program.

Seventeen base people receive diplomas

Seventeen Pope AFB people were among 1,720 Air Force members who graduated from the Community College of the Air Force in ceremonies throughout the Air Force Oct. 23. These graduates increase the number of people to graduate from CCAF to more than 7,600 since the program began.

Col. James L. Brake, base commander, presented the diplomas to base graduates in a ceremony held in the wing conference room. These graduates were added to the list of alumni of CCAF graduates at Pope to bring the total to 88. Members present to receive their degrees were: MSgt, Claude Dalton, SMSgt. Billy Luttrell, SSgt. James Patterson, SrA. Hector Silvestre, SSgt. Allen Summey and SSgt. Judson Waters.

Members who earned their degree but were unable to attend the ceremony were: TSgt. John Yoder, SSgts. Early Boger, Ricky Charles, Lawrence Datrilo. Thomas Myers, Robert Oberer, Sammy Steen, and John Wicker.

Others not present were: Sgt. Michael Forman, SrA. Frank Guiseppe and A1C. Ronnie Carver.

CCAN

SUBSCRIPTION REQUEST

Conum

Please send me the below listed subscription.

As you fill out your 12 months (12 issues) subscription for \$6.65 please take a few seconds longer to jot down what you like about City Forum what you don't like and what you would like to see in future issues. Thank you!

ot down ink you!			
	Remittance Enclosed Please Bill Me		
	Credit Card	Ĭ	
	Master Charge/Visa		1.1
	Card Number		
	Exp. Date		1
	• • • • • • • • • • • • • • • • • • •		

н

	Send City forum to:	Gift Subscription to:	Credit Ca
	Name	Name	Master C
Mail to:	Address	Address	Card Number
City forum	City	City	Exp. Date
P.O. Box 35812 avetteville. NC 2		StateZip	Signature

Bulk subscription rates available for Organizations, Institutions, Schools, etc. Please call for rates. Telephone (919) 483-6340

Fuels shop integral in aircraft maintenance

By Sgt. Larry Nordquest

317th TAW Public Affairs Office

The Field Maintenance Squadron's fuel systems shop is perhaps one of the most hazardous shops on Pope AFB.

According to MSgt. Paul T. Lex, NCOIC of Fuel Systems, the shop has to use respirators while working with the many toxic chemical compounds needed every day to repair C-130 aircraft fuel tanks.

The respirator device they use is an air purification system manufactured by the fuel system manufactured by the fuel systems personnel and approved by the base environmental health, which insures that air samples taken from the breathing air meets all safety requirements demanded by Air Force Occupational Safety and Health standards

The shop's 30 people work on all the planes assigned here plus transient aircraft. The shop is under a 24-hour operation that consists of three shifts. Usually the shop closes four times a year on holidays.

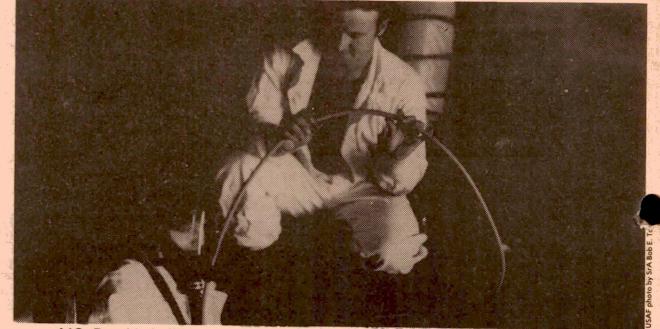
When working on the aircraft, workers use a buddy system one person watching for another's safety while the other works on the fuel tanks.

The people are trained by the base hospital, in artificial respiration, CPR and first aid in case of and emergency. They are retrained annually and get a physical examination.

Portions of their job include locating fuel leaks on the exterior of the aircraft fuel tanks, opening the effected tank and locating the leak inside.

Once inside the fuel tank they look for corrosion and any structural damage that may have occurred because of loose fasteners, cracked spars, ribs, braces or any other damage that will hinder flight. They are also responsible. tor making sure any faulty components are removed and replaced.

Commenting on the importance of safety, Sergeant Lex said, "because it's so hazardous at



A1C Ronald J. Witherow assists AB Debra Meade with the air hose to her respirator as she enters a wing fuel tank on a

certain times the people must keep safety in their minds at all times. If not, a plane could be seriously damaged. There could also be the possibliity of an inflight explosion if fuel leaks aren't properly repaired.'

It takes 24-116 hours of constant work to repair a tank, depending on the size of the leak. Before working on a tank, the aircraft has to be grounded, the battery disconnected, fire extinguishers made readily available for emergencies, and the fire department notify

Supervisors handle most flightline work maintenance temporarily fixing fuel leaks and trouble-shooting component failures according to Sergeant Lex. He says that fuel tank leaks occur

C-130 aircraft. All fuel systems maintenance workers are required to wear respirators when working inside a fuel tank.

because of structure mis-match or stress and strain.

Seventy-five percent of all flightline maintenance is performed on a red streak. Red streaks are aircraft flying within an hour and maintenance must be completed to meet mission requirements.

The people working here don't get hazardous duty pay, unless civilian, because of medical benefits from the Veterans Administration after the person gets out of the Air Force.

All people in this career field go to a mandatory technical school at Chanute AFB, III. for a term of eight weeks before being assigned to an operational unit.





Three Colonies is an exclusive contemporary planned community designed for those who seek maximulal privacy, their own recreations, "tonities and secure property value. For entertains, it drete is an elegant clubhouse where thrends cut, where or find a partner for a fast gamo of tennis on the lighted Conveniently courts or dive into the glittering surface of the Located to the

Become part of a ther life at your village for all seasons.

swimming pool For source property value rolize that only two bundled familiars will be fortunate enough to call Trice Golomes nome. And at this time there is less than sixty units still available. The energy efficient three beforoin homes with spacious private patios bright stimming kitchens and ample storage space will adapt idely to your individual needs and way of life. The fenced patios provide an unusual setting for outdoor entertainment or sunbathing. Earth tone colors are found in the sturdiness of the rough newn siding which combines tasteluly with the French doors and the spacrous class areas reflecting the change of City...



Air Force, MAC, base and local news in brief

An Army and Air Force Exchange Service official has announced that, effective immediately, the new check cashing policy will allow authorized AAFES customers to cash personal checks up to \$100.

This new policy doubles the amount previously allowed by AAFES. There will be no change in accepting checks for the amount of purchase or the customer check-cashing indentification procedures.

This change was made because of customer requests and growing economic inflationary trends. There is no charge for these checkcashing services.

* * * *

The Public Affairs Office of the 1943rd Communications Squadron was recently awarded the Air Force Communications Service's Southern Communications Area Inkpot Award.

Through the efforts of TSgt. Reginald Nichols, SrA. James Camp and A1C. Daryl Cleland, the 1943rd infomration office finished first out of eight squadrons competing for the award presented for the April-June quarter of 1979.

Bowling news

By Mike Callahan

Several special activities will highlight the Pope Lanes Calendar-of-Events during the remainder of the year.

Today marks the last chance to sign up for the 1979-80 Base Team Roll-off. This event will run for four days, beginning Nov. 12 and will feature Pope's top bowlers in an 18-team test of skill and stamina. The qualifying eight-person squad will represent the base in competition throughout the Carolinas. Those still wishing to sign up may do so in the lobby of the bowling center

On Dec. 2, 12 All-Star bowlers, representing the two intramural bowling leagues will take to the lanes to compete in the second Annual All-Star Classic. Selected by ballet on the basis of league performance, these bowlers will compete in a rigorous 102-game format that will include team, singles and doubles events. The National League won last year's event.

The event of the year, Pope Lanes Second Annual Holiday Mixed Couples Tournament will be held Dec. 15-17. This tournament is a very special event designed with the military mixed couples league bowler in mind. It will employ a fully handicapped, multi-event format which will make it possible for the novice bowler and seasoned veteran, alike, to compete, equally, for the hundreds of dollars in prize money and trophies being awarded. This activity is open to all active duty and retired military bowlers bonafide dependents and authorized civilian employees of Pope AFB and Fort Bragg. Entry forms and complete details are available at the bowling center control counter.

TARTS AUTO SALE LOT NO. 1

The Inkpot Award is given for outstanding achievement in all phases of the Southern Communications Information Program.

. . . .

All base people are reminded it is once again time for their annual flu shots. These shots will be given at the shot clinic in the Pope Clinic. Hours for these shots is 7:15 a.m.-4 p.m. during normal duty days. Everyone is reminded that they must have their shot record with them to receive shots.

The Base Exchange Shoppette has changed its operating hours. The new hours are: 10:30 a.m.-7 p.m. Monday through Friday, 10 a.m.-7 p.m. Saturdays and noon-6:30 p.m. on Sundays.

* * * *

. . . .

The United States Postal Service has advised the Department of Defense that all mail for overseas APOs should be mailed early. If you are planning to send a Christmas package overseas. check with the local Post Office to find out the latest date you can send it.

AF announces camp dates

Any active-duty people interested in attending the 1980 Air Force Training Camps should go to the base gym and get a specialized training release letter. This letter, along with recommendations, should be turned-in to the gym, to be forwarded to MAC Headquarters.

These letters must be submitted 30 days prior to the start date of the camp. Each individual is responsible for coordinating his or her paperwork through Morale, Welfare and Recreation.

The following is a list of camps offered along with effective dates:

EVENT	OPEN TO	DATES
Basketball Wrestling Boxing Shooting Volleyball Bowling Track and Field Slow pitch softball Golf Racquetball Tennis	Men/Women men men/women men/women men/women men/women men/women men/women men/women	Feb. 1-Mar. 1 Feb. 27-Mar. 22 Feb. 25-Apr. 4 Open Apr. 27-May 17 May 19-29 May 4-29 Jul. 21-Aug. 11 Aug. 6-16 October October

HERCULES HERALD PAGE 11

Air Force people taking leave during the Christmas holidays are urged to plan early. Several airlines offer reduced rates for buying tickets well in advance. Since many people are already purchasing these tickets, officials warn it may be hard to get late reservations.

The Budweiser Clydesdale horses will be at Cross Creek Mall in Fayetteville today from 2-6 p.m. This event is open to the public.

* * * *

* * * *

"The U.S. Air Force." a tune popularly known as "Off We Go Into The Wild Blue Yonder," has been adopted as the official song of the Air Force.

Gen. Lew Allen, Jr., chief of staff, made the announcement in a recent letter to the field. "In keeping with our tradition, let us stand proudly when it is played or sung," the chief of staff wrote.

The song was originally titled, "The Army Air Corps." It was retitled in 1947, but no. accompanying formal action was taken to adopt the song or secure a copyright release for its use until recently.

sports shorts

A basketball free-throw tournament is scheduled for Dec. 15 at 1 p.m. in the gym. This event is open to active-duty people here and will be the best of 25 shots. For more information or sign-up, call Ext. 2671 or go by the base gym.

The Holiday Racquetball Tournament will be held in the base gym Nov. 21 and 23-25. (The base gym will be closed Nov. 22 for Thanksgiving.) This tournament is open to active-duty members stationed here. Come by the gym anytime to signup for this event.

Players are still needed for the Pope AFB Falconetts. Membership on this team is open to active-duty women stationed here. The team will begin their season by hosting a team from Langley AFB, Va., in the base gym tomorrow at 5:30 p.m. and again Sunday at noon.

The Pope Falcons will open their season at home tomorrow night against Langley AFB, Va. Game time is 7:30. The Falcons will entertain the Langley team again Sunday at 2 p.m.

The Base Intramural Flag Football Championship Tournament is scheduled to begin today at 4 p.m. at the football field behind the base service station. The top four finishers in regular season play from each league will be competing

The intramural basketball season is scheduled to begin Nov. 26 at the base gym.

Pool tournaments on tap at Rec Center

Financing for all military ranks.

- Mech. Spec.-1974 Plymonth Fury. \$499
- Classic-1965 Mustang V-8/A-T. \$1695-\$400 dwn.
- Classic-1964 Ford Galaxy 2 dr H.T /95% orig \$1195-\$300 dwn.
- Classic-1968 Mustang 3 sp /6 cyl /Air C \$599 dwn.
- 1973 Mavrick. 3 spd /V-8 \$299 dwn. \$1395
- 1972 Ply. Duster. 340 c eng /A T \$399 dwn. \$1495.
- 1971 Ford Pinto. 4 spd \$399 dwn. \$1295
- 1973 Vega. 4 spd \$299 dwn. \$995
- 1972 Volkswagon Bug. \$399 dwn. \$1695
- 1976 Ford Cobra. V-8/A T \$599 dwn. \$2995
- 1976 Ford Courier pick-up. 5 spd \$650 dwn. \$3195
- 1972 Datsun pick-up. 4 spd \$350 dwn. \$1195
- 1973 Camero. V-8 A T \$499 dwn. \$2395

5514 Bragg Blvd. 868-1173

HOME OF THE FRIENDLY PLANTS

Plant

- Terrariums
- Dish Gardens
- Tropical Plants
- Expert Repotting
- Largest Collection of Comanche Pottery

***************** ************* 1422 Highway 87 North 497-8980 Hours: 10-7

Mark Sieske won the pool tournament held at the Recreation Center Oct. 19, finishing ahead of Paul Monticinos. Joseph Tremins finished third in the event.

The following week, the tournament was moved from Friday night to Sunday night. The first Sunday night tournament was held Oct. 28 with first place going to David Sexton. Runnersup were Gerald Crayton and Glenn Higa, finishing second and third respectively.

The weekly tournaments will continue and will be starting at 5:30 p.m. each Sunday. At the end of each month, the top finishers in the weekly tournaments will compete in a tournament of champions to determine the base champs for that month.

These tournaments are open to anyone on base who is eligible to use the rec center. For more information about these tournaments, contact the center at Ext. 2779.



Gen. Robert E. Huyser, Military Airlift Command commander in chief, discusses the role of officers in the Air Force and MAC at a briefing at the Pope AFB Officers Club. The general also discussed enlisted people, family life

in the military, and the effects of communism throughout the world. While he was here, General Huyser met with the local press, where he discussed military airlift and the role of women in the Air Force.





Gen. Robert E. Huyser, Military Airlift Command commander in chief, visited the base over the weekend. Here he is welcomed to Pope AFB by Col. James L. Brake, base commander. The general came here for an orientation tour of

MAC.

the base and to see the 317th Tactical Airlift Wing in action. This was the first visit to Pope for General Huyser since he assumed control of