



# Commander's Corner

## COVID-19 Vaccination Information



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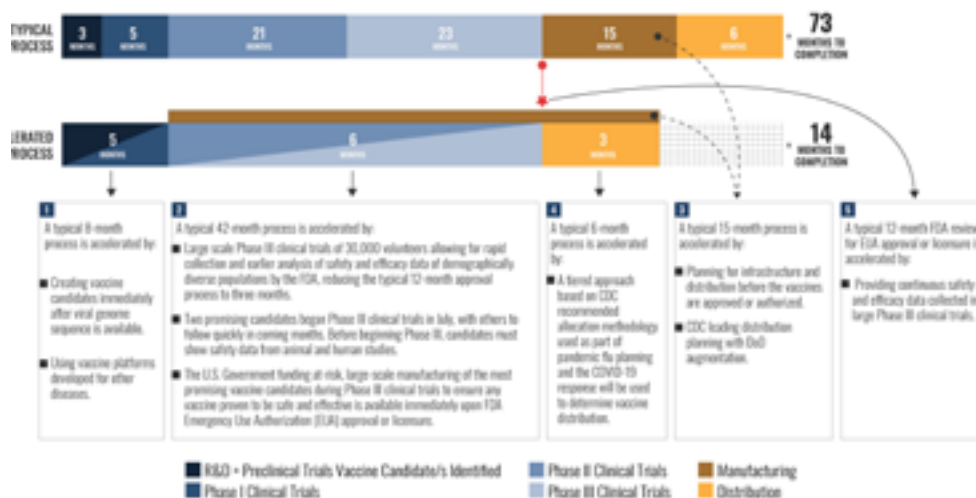


Click on the image to watch the video message on Facebook or right click to copy the web address



## OPERATION WARP SPEED ACCELERATED VACCINE PROCESS

**MISSION:** Deliver 300 million doses of safe and effective vaccine by 1 January 2021.



Click on the image to visit the official Operation Warp Speed website or right click to copy the web address

### Click to Connect:



# Air Force News

## DAF Senior leaders address the recent events at the Capitol

Department of the Air Force senior leaders addressed the recent events at the U.S. Capitol in a letter to Airmen and Guardians encouraging them to exhibit conduct of the highest standard, Jan. 13.

Secretary of the Air Force Barbara Barrett, Air Force Chief of Staff Gen. Charles Q. Brown, Jr., Chief of Space Operations Gen. John W. Raymond, Chief Master Sgt. of the Air Force JoAnne S. Bass and Senior Enlisted Advisor of the Space Force Chief Master Sgt. Roger A. Towberman all signed the memorandum.

"We swore an oath to support and defend the Constitution of the United States," the letter reads. "On the 6th of January, the violent assault on our Nation's Capitol was an attack on the foundation of our republic."

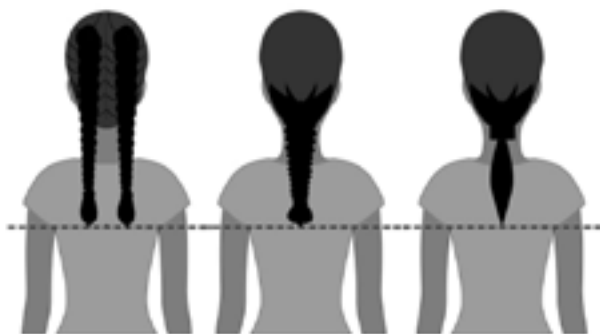
The senior leaders reminded Airmen and Guardians to be guided by service core values while they continue to safeguard American ideals.

"Our actions build the sacred trust placed in the military by American citizens, but our actions can also erode our credibility as an institution," the leaders said. "You are called to exhibit conduct of the highest standard. ... Remain steady and stay focused on your duties to the country. We are proud to stand beside you in service to our Nation."

The full letter can be found [here](#).

[Click here to read more](#)

## Air Force to allow longer braids, ponytails, bangs for women



As an outcome of the 101st Air Force uniform board, Air Force women will be able to wear their hair in up to two braids or a single ponytail with bulk not exceeding the width of the head and length not extending below a horizontal line running between the top of each sleeve inseam at the under arm through the shoulder blades. In addition, women's bangs may now touch their eyebrows, but not cover their eyes.

These new changes will be effective upon publication of the new standards in Air Force Instruction 36-2903 in February.

"As I outlined in Action Order A: Airmen, this decision is a commitment to supporting the Airmen We Need and sustaining the culture and environment of excellence that will continue to make the Air Force an attractive career choice for Airmen and families," said Air Force Chief of Staff Gen. Charles Q. Brown, Jr. ...

[Click here to read more](#)

## Reserve Centralized Repair Facility provides strategic depth

A small maintenance operation, Air Force Reserve Command T-56-15A engine Centralized Repair Facility, supported by the 913th Airlift Group sustains agile combat support by upgrading the C-130H Hercules engines and returning combat airlift to the Air Force fleet.

Since AFRC acquired the T-56 CRF maintenance contract in 2015, more than 190 C-130H engines were upgraded with the 3.5 modifications which provide significant improvements in fuel economy and performance. In addition, 395 of C-130H four bladed props also received intensive maintenance. Each engine completes a thorough performance check at the T-56 test cell prior to delivery. The upgrades to the C-130 fleet at such a low cost will help ensure longevity across the tactical airlift fleet.



[Click here to read more](#)

# Congratulations

## Newly Promoted Members

Congrats to those below who promoted in January!

Staff Sgt Merhawi Berhe, 96 APS  
Senior Airman Axel Pinard, 913 AMDS  
Senior Airman Dalton Ripley, 913 MXS  
Senior Airman Lindsay Smith, 96 APS  
Airman First Class Anna Miller, 96 APS



## COVID-19 Immunizations

Q: Is the COVID-19 vaccine mandatory for Air Force Reservists?

A: The vaccine is strongly encouraged for the health of our Air Force Reserve Forces, however it is not yet mandatory. Reservists are strongly encouraged to get the COVID vaccination through your civilian medical provider. Reservists and beneficiaries will be eligible for the COVID vaccine based on the approved Phase/Tier prioritization. The COVID-19 vaccine is currently listed in all military members IMR profiles; however, it is not yet mandatory.

[Click here to visit AFRC COVID-19 vaccination Q&A page](#)

# Did you know?

## AFR Major promotion, Captain continuation boards postponed

The Calendar Year 2021 Air Force Reserve Major Line and Nonline Promotion Board has been rescheduled for March 29, pushing it back two months from its original date of January 29. This change is due to new Department of Defense and Department of the Air Force requirements, and the time need to implement them.

As a result of the changes to major promotion boards, the captain continuation boards have also been postponed and will be held immediately following the major promotion boards.

Headquarters Air Reserve Personnel Center has made the necessary changes to the convening notice and will be releasing additional information regarding the new requirements once they received them from the Secretary of the Air Force. The board convening notices for the CY21 USAFR Major Line and Nonline Promotion Board (ARPCM 20-18) and USAFR Captain Continuation Board (ARPCM 20-30) can be found on myPers.

Eligibility requirements have changed due to the new convening date. Please note that the one-year requirement on the Reserve Active Status List (RASL) is now March 29.

[Click here to read more](#)

## Official Air Force memos, letters, and bio templates online

### TONGUE AND QUILL TEMPLATES

Airmen successfully accomplish more missions with fewer people than ever before and there is a constant battle to cover the bases with limited resources. Time is a resource. In the context of Great Power Competition, every moment counts. These official templates will help give time back to Airmen and allow them to focus on the mission.

[Click here to access e-publishing](#)

## TAP reforms help Reservists

Until recently, Reserve Citizen Airmen were required to complete the Transition Assistance Program with every new 180 day set of military orders. With new reforms enacted by Congress, Reservists are no longer required to attend TAP with every 180 day set of orders, according to the policy.

The policy ensures all Reserve members will complete the TAP mandates after serving their first 180 continuous days or more on active duty but they will not be required to attend all of the mandates for every 180 days on orders after that.

[Click here to read more](#)

## UTA Schedule

### **Friday, 5 Feb**

1300-1345 - Pre-UTA & Strategic Alignment Meeting (Bldg 262, HQ conference room)  
1430-1500 - First Sgts meeting (Bldg 266, Ops conference room)  
1550-1620 - ART/SORTS/DRSS meeting (Bldg 266, Intel vault)

### **Saturday, 6 Feb**

0800-1030 - Newcomer's Brief (Bldg 266, APS auditorium)  
0830-1530 - PHAs, Audio & Dental exams (19 Med group, bldg 1950)  
1000-1200 - 3F5 Training (Bldg 266, MXS conference room)

### **Sunday, 7 Feb**

0730-0900 - Fitness Testing (HAWC) deferred until April 2021  
0830-1100 - End of Course testing (Base Education Center)  
1000-1100 - Status of Discipline Meeting (Bldg 262, HQ conference room & Teams)  
1000-1100 - Quarterly UDM Meeting (Bldg 430)  
1300-1400 - CSS/FSS in-house training (Bldg 266, APS auditorium)  
1430-1530 - Cheater University (Bldg 266, Ops Auditorium; Security Clearance required)

### **Fiscal Year 21 UTA Schedule**

~~3-4 October 2020~~  
~~7-8 November 2020~~  
~~5-6 December 2020 (reschedule UTA with unit)~~  
~~9-10 January 2021~~  
6-7 February 2021  
6-7 March 2021  
8-11 April 2021  
1-2 May 2021  
5-6 June 2021  
No July UTA  
7-8 August 2021  
11-12 September 2021

## Health and Wellness

### Working on that Fitness

Vital 90 workout classes are available specifically for drill weekends!

**Drill Saturdays: 4 p.m.**

**Drill Sundays: 6 a.m.**

**Warfit pavilion (near track)**

Might move classes indoors to an aircraft hangar (H255) for cold weather. Check 913AG Facebook for updates.

The class is no more than **one hour**. It is a mixture of cardio and strength training. There is a mix of running (not long distance, but short intervals and some sprinting) and rowing into the workouts. Instructors mix it up and many times, will vary our workout depending upon class size.



During the week, Vital 90 classes are held Monday through Friday at 7 a.m. & 11 a.m. and at 6 p.m., Monday through Thursday.

**Fitness assessment due date matrix** - current as of 7 Dec 2020

EXCELLENT SCORES		
DATE OF LAST IN-PERSON FITNESS ASSESSMENT	COVID-19 EXEMPT	DUE DATE OF NEXT FITNESS ASSESSMENT
Mar 2019	Mar 2020	Apr 2021*
Apr 2019	Apr 2020	Apr 2021
May 2019	May 2020	May 2021
Jun 2019	Jun 2020	Jun 2021
Jul 2019	Jul 2020	Jul 2021
Aug 2019	Aug 2020	Aug 2021
Sept 2019	Sept 2020	Sept 2021
Oct 2019	Oct 2020	Oct 2021
Nov 2019	Nov 2020	Nov 2021
Dec 2019	Dec 2020	Dec 2021
Jan 2020	Jan 2021	Jan 2022
Feb 2020	Feb 2021	Feb 2022
Mar 2020	Mar 2021	Mar 2022

\* NOTE: If last in-person test was March 2019, Airmen will test April 2021. Ensures readiness and fairness as all other Excellent Score category personnel receive 2 years between testing.

**Fitness assessment due date matrix**

[Click here to read more](#)

**Air Force Personnel Center**

[Click here to visit the AFPC fitness site](#)

**Fitness test moved to April story**

[Click here to read more](#)

**FITNESS & SPORTS CENTER**

Monday - Thursday: 5 AM - 10 PM

Friday: 5 AM - 7 PM

Saturday: 9 AM - 6 PM

Sunday, Holidays and Down Days: 24 Hour Fitness Access Only (registration required)

To register for 24 Hour Access, please see the front desk during regular hours.

**Personnel scheduled to physically show for drill are requested to answer the "Safe to Work" questions below. Communicate with your supervisors if you have questions or concerns.**

## COVID-19

[Air Force COVID Website](#)

[AFRC COVID Website](#)

[Little Rock AFB COVID Website](#)

[AR Dept. Of Health](#)

[CDC Website](#)

[DoD Updates](#)

[Pfizer Vaccine Factsheet](#)

[Moderna Vaccine Factsheet](#)

**FDA Emergency Use Authorizations video**



Click on the image to watch the video on YouTube or right click to copy the web address



## 913th Airlift Group Safe to Work Questions

Have you directly and persistently been exposed to someone who has tested positive for COVID-19 in the past 14 days?

**NO** →

Have you experienced a persistent fever over 100.4°F in the past 14 days?

**NO** →

Have you experienced a persistent cough in the past 14 days?

**NO** →

Have you experienced persistent shortness of breath in the past 14 days?

**NO**

**YES**

**YES**

**YES**

**YES**

**Do you have any other symptoms?**

**NO** →

Self-monitor and wear a mask. Proceed to next question above.

**YES** →

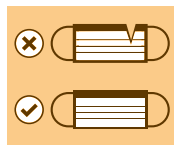
Consult with squadron leadership if you should stay home or come to drill.

**GO TO DRILL**

You must be physically present at drill weekend with appropriate PPE.

If member is not having symptoms (fever, chills, body aches, persistent cough or shortness of breath) then member must self-monitor and wear a mask.

## How to Wear Cloth Face Coverings



**CHECK YOUR MASK**  
Make sure it's not damaged



**SECURE YOUR MASK**  
Secure the strings behind your head or over your ears



**COVER YOUR MOUTH AND NOSE FULLY**  
make sure there are no gaps

Cloth face coverings should –

- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape.

## Informational Flyers

### Process Improvement Guru

Meet the group's process improvement manager!

Jim Henjum, 913th Airlift Group process manager, is responsible for overseeing effective process improvement in an effort to ensure processes here are efficient, cost saving and compliant with Air Force instructions.

Airmen are encouraged to take improvement issues to their supervisors first who can then bring them to Henjum if further assistance is required.

You can reach Henjum at [james.henjum@us.af.mil](mailto:james.henjum@us.af.mil) or check out the 913 AG app to find the Ideas Submission button.

### AFRC Continuous Process Improvement and Innovation (CPI2)



Click on the image to watch a video about AFRC CPR2 or right click to copy the web address

### Free Green Belt Training



Air Force leaders have charged all Airmen to accelerate change across every level of the Air Force. Green Belt training online is now offered to all Military and Civilian personnel.

The course is spaced out over nine weeks, requiring an hour each day to complete the training without significantly impacting duties. The course is accessible on the government network or personal devices.

The course is made up of 36 hours of self-paced online training and four hours of structured virtual class time. Each Reserve student can receive points only credit time in addition to the certificate of completion, continuing education credits, and a special experience identifier.

Click on the link below to sign up for training. Be sure to place Jim Henjum ([james.henjum@us.af.mil](mailto:james.henjum@us.af.mil)) as your group POC.

[Click here to sign up](#)

### T-56

### Centralized Repair Facility Highlight

#### FY21 Production:

Engines: 28

Props: 11

Total Inspections: 5



# Safety Highlights

## Occupational Safety

Courtesy of the 913 AG Safety Office



Big changes in female hair standards are coming. This is exciting news for female Airmen, but don't forget about the safety aspect of this change. While change can be good, it's not good when it presents hazards for our Airmen. Members need to adhere to current occupational safety, fire and health guidance, and mishap prevention procedures. These safety policies emphasize when and how to mitigate the potential for injury from hair around machinery, equipment, power transmission apparatus or moving parts. Airmen are encouraged to reach out to their Unit Safety Representatives or Safety Office for assistance in analyzing any potential hazards, as applicable.

This message, along with some quick references from AFMAN 91-203 have been posted on the [913 AG Occupational SharePoint](#) (CAC enabled link).



Remember: Only one team wins, but if you drive drunk, you may lose your career, your money, your reputation, your car, and even your life. Everyone should know by now that it is illegal to drive impaired. Even still, thousands die each year in drunk-driving-related crashes. In 2019, there were 10,142 people killed in drunk-driving crashes.

The costs can be financial, too: If you're caught drinking and driving, you can face jail time, lose your driver's license and your vehicle, and pay up to \$10,000 in attorney's fees, fines, higher insurance rates, and lost wages.

More may be found on the [913 AG Occupational SharePoint](#) (CAC enabled link).

**buzzed**  
driving is  
**drunk**  
driving  
designate a sober driver

# OPSEC Highlights

## COVID-19 Fraud

Courtesy of U.S. Department of Health and Human Services

The U.S. Department of Health and Human Services Office of Inspector General is alerting the public about fraud schemes related to the novel coronavirus (COVID-19). Scammers are using telemarketing calls, text messages, social media platforms, and door-to-door visits to perpetrate COVID-19-related scams.

Fraudsters are offering COVID-19 tests, HHS grants, and Medicare prescription cards in exchange for personal details, including Medicare information. However, these services are unapproved and illegitimate.

These scammers use the coronavirus pandemic to benefit themselves, and beneficiaries face potential harm. The personal information collected can be used to fraudulently bill federal health care programs and commit medical identity theft.

### Protect Yourself

Be vigilant and protect yourself from potential fraud concerning COVID-19 vaccines. You will not be asked for money to enhance your ranking for vaccine eligibility. Government and State officials will not call you to obtain personal information in order to receive the vaccine, and you will not be solicited door to door to receive the vaccine.

Beneficiaries should be cautious of unsolicited requests for their personal, medical, and financial information. Medicare will not call beneficiaries to offer COVID-19 related products, services, or benefit review.



Be suspicious of any unexpected calls or visitors offering COVID-19 tests or supplies. If you receive a suspicious call, hang up immediately.

Do not respond to, or open hyperlinks in, text messages about COVID-19 from unknown individuals.

Ignore offers or advertisements for COVID-19 testing or treatments on social media sites. If you make an appointment for a COVID-19 test online, make sure the location is an official testing site.

Do not give your personal or financial information to anyone claiming to offer HHS grants related to COVID-19.

Be aware of scammers pretending to be COVID-19 contact tracers. Legitimate contact tracers will never ask for your Medicare number, financial information, or attempt to set up a COVID-19 test for you and collect payment information for the test.

If you suspect COVID-19 health care fraud, report it immediately online or call 800-HHS-TIPS (800-447-8477).

[Click to read more](#)

# Hot Off The Press

(Satire)

Courtesy of Staff Sgt. Christian Diaz, 913 MXS

## Pillow Forts, Food Review, & Smoking Cessation

### BREAKING NEWS

The 19th Maintenance Squadron has recently renovated its old break room into a lead tech office, stirring much excitement. Specialist NCOIC's are scrambling for bedding to add to their new pillow forts. Anyone donating sheets or blankets to the Airman's Attic in the near future, be advised that lead techs need these materials more than Airmen do. In related news, Master Sgt. Kilian is auctioning off a "No SNCOs allowed!" sign from his glory days to the highest bidder. Contact Dragon 4 for details while supplies last.



### How's the Chow?

Today's chow highlight is the quinoa bowl from the Hungry Herc. Quinoa, aka Velcro rice, lines the bottom of this nutritious breakfast bowl. Sautéed cherry tomatoes and mushroom chunks add juiciness and vitality to the ensemble. Hidden under one of the Herc's signature over-fried eggs is a hearty microwave sausage patty to round out this balanced breakfast. Overall, a must try dish.



### Final score:

5/5 nutrition,  
4/5 taste (would be better with runny yolks.)

### Safety Flash

19th Operations Group recently encountered a plane that began smoking during startup. This situation required immediate action because the flightline is not a designated smoking area. To solve the problem, engine shop slapped a nicotine patch on the underside of the aircraft to curb its urge to smoke. For tobacco cessation help, personnel are advised to call 800-784-8669 (QUIT-NOW) to speak with an addiction management specialist.



# Camera Roll

Click to Connect:

