26 February 2021



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Commander's Corner COVID-19 Vaccination 2nd Dose message

913th,

As you are aware, we offered the first round of the Moderna COVID-19 vaccine to members during the February drill weekend. I want to sincerely thank our 913 AMDS Reserve medical professionals who came in to knock out our routine medical appointments during drill weekend, but who also worked long hours to ensure a smooth vaccine distribution the following day. I am also grateful to our 19 MDG Active Duty and 189 MDG National Guard medical counterparts who also came in to provide additional assistance. This is a perfect example of what Herk Nation is all about; providing assistance to one another to improve overall readiness.

For the March drill weekend, the second dose of the Moderna COVID-19 will be distributed to raise the effectiveness of the vaccine to 94.1 percent. Members will be notified when and where to report from their leadership. The format will be similar to the initial distribution with groups rotating through 30 minute blocks. Once this round of personnel receive the second dose, medical will offer the first dose of the vaccine to those who were absent last drill weekend. If there are doses remaining, medical will continue to offer the vaccine to those who may have previously declined. We administered 92 doses during the first round of the vaccine and have reported no notable adverse side effects.

For those who have not taken the vaccine, I strongly encourage you to take the time to read more about the vaccine and the emergency use authorization process. Have conversations with your medical provider and with your family. The vaccine is not yet mandatory, but I and AFRC leadership strongly encourage you to get the COVID vaccination. If you are on the fence about the vaccine, just be aware that it might be difficult to receive the vaccine from the group in the future. When formally licensed by the FDA, in the future the DoD may require a vaccine for military personnel or personnel in specific fields, as is the case for the influenza vaccine.



Moderna:

https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/Moderna.html

EUA: <u>https://youtu.be/iG-</u> waESsGBQ

AF message:

https://www.dvidshub.net/video/782368/covid-19-vaccine-education

Thank you all for taking the COVID-19 pandemic seriously and implementing proper health precaution measures. The fight isn't over, we must continue with masks and social distancing until the majority of the population is inoculated. Stay safe as we work toward restoring readiness.

Very Respectfully, Col Lacouture Commander, 913th Airlift Group

Air Force News

Herk Nation enhances interoperability in **Panther Storm exercise**

The 19th Operations Group from Little Rock Air Force Base acted as the lead AF unit in Panther Storm, a deployment readiness exercise (DRE) supporting the 3rd Brigade Combat Team, 82nd Airborne Division, Jan. 31 - Feb. 2, at Joint Base Charleston, South Carolina.

Shortly after receiving the support request, six C-130J Super Hercules, nine C-17 Globemaster IIIs, and a Brazilian KC-390 conducted 18 heavy equipment drops and airdropped approximately 650 paratroopers at the Joint Readiness Training Center in Fort Polk, Louisiana.

"One of the key capabilities that military airlift offers is the ability to deliver lethal combat forces and supplies anywhere, anytime," said Capt. Taylor Swope, 41st Airlift Squadron airlift mission planning cell chief. "In order for the execution to be successful, Army and Air Force personnel must effectively integrate to ensure the desired effects of the operation are achieved. Exercising together fosters those healthy relationships, improving interoperability across the Joint Force."



Click here to read more

Arkansas Reserve unit offers first dose of COVID-19 vaccine



On Sunday, Feb. 7, 2021, the Air Force Reserve 913th Airlift Group administered its first round of COVID-19 vaccines to Air Force Reserve members on Little Rock Air Force Base, Arkansas.

Group reservists and civilian employees were offered the Moderna COVID-19 vaccine, which is being distributed using the Department of Defense's phased approach and administered by military medical professionals assigned to the installation.

"I greatly appreciate the coordination and distribution efforts between our reserve and active duty medical professionals." said Col. Christopher Lacouture, 913th AG Commander. "This is a huge step towards retaining medical and mission readiness as both are critical to combat airlift capabilities."

While the vaccine is voluntary for members, personnel are highly encouraged to accept the vaccine to protect their health, families, community and lower the public health risks associated with the COVID-19 pandemic.

Click here to read more

Help End Serial Offenders

Remember the last time you had the wind knocked out of you. It brought you to your knees, eyes were stinging, you are gasping to breathe, you feel a little disoriented, and you can hardly speak.

Early on in my Air Force career I was recovering from a trauma, and I focused on just trying to breathe. I was faced with the decision to file a Restricted or Unrestricted Report against a coworker for sexual assault/conduct. I was newer, less than a year, to the organization and feared no one would believe me and also feared how my chain of command would respond to my allegations since my offender was established within the organization. These were my personal fears and because of them I decided the right path for me at the time was to file a Restricted Report.



Click here to read more

Congratulations

Newly Promoted Members

Congrats to those below who promoted in February!

Master Sgt. Lacey Gustines, 96 APS Master Sgt. William McLeod, 327 AS Tech. Sgt. Andrew Bohannon, 327 AS Tech. Sgt. Tiah Phillips, 913 FSS Tech. Sgt. Danielle Strout, 913 MXS Staff Sgt. Mia Parker, 913 FSS Senior Airman Haley Beecher, 913 MXS Airman First Class Raven Davis, 913 MXS



Did you know?

Combat Airlifter of the Week: Master Sgt. Tobey Pruitt

Name and Rank: Master Sgt. Tobey J. Pruitt Unit: 96th Aerial Port Squadron Official Duty title: passenger service supervisor Hometown: Memphis, Tennessee Time in service: 23 years Time at Little Rock: 23 years Goals: To strengthen Airmen's performance and their ability to become future leaders in the U.S. Air Force Hobbies: golfing, singing, producing music, day trading and making furniture 913th Airlift Group priority portrayed and why? As a 96th Aerial Port Squadron passenger service supervisor, Pruitt integrated with a Joint Task Force unit in United States Africa Command working with all military branches. Pruitt deployed as an air transportation senior NCO enabling the mission through inspecting, planning, loading and unloading 21 tons of cargo.

MilTax Service for Reservists

Preparing and filing federal and state tax returns for military members can be confusing. Military OneSource has launched its MilTax service for all active, reserve and National Guard members to help get your taxes done right and on time.

Not only does MilTax step you through the process of entering information needed based on current IRS and state requirements, but it allows you to file returns for free with up to three states (if needed) and provides expert tax consultants to answer your questions.





Click here to read more

Mandatory climate assessment survey coming

The Air Force mandates units conduct climate assessments surveys (DEOCS). Expect an offical email soon with the survey link and take the time to fill it out. The survey gives unit members of all status types an opportunity to make a positive impact across the group. The survey will be available over two drill weekends.



UTA Schedule

Friday, 5 March

1300-1345 - Pre-UTA & Strategic Alignment Meeting (Bldg 266, Ops conference room) 1345-1445 - FMB (Bldg 266, Ops conference room) 1430-1500 - First Sgts meeting (TBD) 1450-1550 - Squadron Commanders' Meeting (Bldg 266, Ops conference room) 1600-1630 - ART/SORTS/DRSS meeting (Bldg 266, Intel vault)

Saturday, 6 March

0730-0745 - Award Presentation - FSS 0745-0800 - Award Presentation - AMXS 0800-1030 - Newcomer's Brief (Bldg 266, APS auditorium) 0830-1530 - PHAs, Audio & Dental exams (19 Med group, bldg 1950) 0830-0900 - Group Staff Meeting for all group staff members (Outside pavillion) 0900-0930 - Group Staff Directors Meeting (Bldg 262, HQ conf rm) 1000-1030 - EO Meeting (Bldg 262, HQ conf rm) 1000-1200 - 3F5 Training (Bldg 264, MXS conference room) 1430-1445 - Award presentation - OSS 1500-1600 - AG/CC Walk-in Time *Group Staff Directors & Sq/CCs as needed)

<u>Sunday, 7 March</u>

0730-0900 - Fitness Testing (HAWC) deferred until Apirl 2021 0830-1100 - End of Course testing (Base Education Center) 0830-1500 - COVID vaccination distribution (Walters Center) 1300-1400 - CSS/FSS in-house training (Bldg 266, APS auditorium) 1300-1400 - AG/CC Mentoring Time w/ Majors (Bldg 266, Ops Conf Rm) 1430-1530 - Cheater University (Bldg 266, Ops Auditorium; Security Clearance required)

Fiscal Year 21 UTA Schedule

3-4 October 2020 7-8 November 2020 5-6 December 2020 (reschedule UTA with unit) 9-10 January 2021 6-7 February 2021 6-7 March 2021 8-11 April 2021 1-2 May 2021 5-6 June 2021 No July UTA 7-8 August 2021 11-12 September 2021

Schedule is subject to last minute changes. Check you CSS for the latest schedule.

Health and Wellness

Working on that Fitness

Vital 90 workout classes are available specifically for drill weekends!

Drill Saturdays: 4 p.m. Drill Sundays: 6 a.m. Warfit pavilion (near track)

Might move classes indoors to an aircraft hangar (H255) for cold weather. Check 913AG Facebook for updates.

The class in no more than **one hour.** It is a mixture of cardio and strength training. There is a mix of running (not long distance, but short intervals and some sprinting) and rowing into the workouts. Instructors mix it up and many times, will vary our workout depending upon class size.

Fitness assessment due date matrix

Click here to read more

Air Force Personnel Center

Click here to visit the AFPC fitness site

Fitness test moved to April story

Click here to read more



During the week, Vital 90 classes are held Monday through Friday at 7 a.m. & 11 a.m. and at 6 p.m., Monday through Thursday. FITNESS & SPORTS CENTER Monday - Thursday: 5 AM - 10 PM Friday: 5 AM - 7 PM Saturday: 9 AM - 6 PM Sunday, Holidays and Down Days: 24 Hour Fitness Access Only (registration required)

To register for 24 Hour Access, please see the front desk during regular hours.

Culture? By Chaplain Landers

One of the many buzzwords you will hear in the workplace is "culture." Why? Because people that work together often develop similar patterns of behavior and thoughts that are unique to their group.

Now stop and think for a moment: Have you noticed similar actions or thoughts in your group? What about accountability? Do your coworkers keep each other accountable? Or is there a pattern of letting things slide? Do your coworkers enjoy work? Or is everyone fearful and untrusting? These are all cultural elements of groups.

Why care? Because you are a part of that culture. "Either you will manage your culture, or it will manage you." You have a choice! You do not have to be a sheep, mindlessly following the patterns of your group. In fact, if you begin to act differently than the group, people will notice. You can be a leader toward positive change if you choose. Change is not always easy, yet if you act or think differently, you will begin to influence others actions and behaviors. Yet, be careful, make sure you are doing it to produce positive and productive change that will increase the wellbeing of the group. Go ahead, be counter-cultural and you will begin to see positive changes in the others around you.

References

Connors, Roger and Tom Smith. Change the Culture, Change the Game: The Breakthrough Strategy for Energizing Your Organization and Creating Accountability for Results. New York: Penguin, 1999. Personnel scheduled to physically show for drill are requested to answer the "Safe to Work" questions below. Communicate with your supervisors if you have questions or concerns.



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Informational Flyers Spark Tank 2021 Finalists Announced

It's been nearly a year since Master Sgt. Gabrial Valenzuela, Capt. David Coyle and Lt. Adam Treece were selected as co-winners of Spark Tank 2020 for their Smart Weapons Loading Checklist and Low-Cost Threat Emitter concepts.

Now, with 2021 underway, Air Force and Space Force leaders have selected five more ideas from the Spark Tank 2021 semi-finals board to be shared virtually with senior leaders at this year's Air Force Association Virtual Aerospace Warfare Symposium.

Spark Tank — the Department's capstone innovation campaign co-produced by Rich Lombardi, Air Force deputy chief management officer, and AFWERX — unleashes the innovative capacity of Airmen and Guardians, reflecting leadership's continued efforts to empower intrepreneurs, celebrate their problem-solving skills and give them a stage to share their projects with fellow service members and the world.



View on dvidshub.net

Click on the image to watch the finalists videos or right click to copy the website link



Air Force leaders have charged all Airmen to accelerate change across every level of the Air Force. Green Belt training online is now offered to all Military and Civilian personnel.

The course is spaced out over nine weeks, requiring an hour each day to complete the training without significantly impacting duties. The course is accessible on the government network or personal devices.

The course is made up of 36 hours of self-paced online training and four hours of structured virtual class time. Each Reserve student can receive points only credit time in addition to the certificate of completion, continuing education credits, and a special experience identifier.

Click on the link below to sign up for training. Be sure to place Jim Henjum (james.henjum@us.af.mil) as your group POC.

Click here to sign up

T-56

Centralized Repair Facility Highlight

FY21 Production:

Engines: 36 Props: 16 Total QAR Inspections: 42

Current as of Feb. 25, 2021





Safety Highlights

Motorcycle Training For Reservists



First Things, First

#1—Have a conversation with our unit Motorcycle Safety Rep (MSR) regarding eour desires and plans for riding a motorcecle.

913AG MSRs are:

SMSgt Melanie Rohauer, x-4536 MSgt Derek Johnson, x-1423

#2—Next, become familiar with state and Air Force requirements for operating a motorcecle. AF guidance can be found in AFI 91-207, The USAF Traffic Safety Program, and requires you to be licensed or have a learner's permit prior to training. The state licensing requirements can be found on the Arkansas State Police website: <u>https://www.dps.arkansas.gov/law- enforcement/</u> <u>arkansas-state-police/services-programs/driver-examination/</u> The Motorcecle Endorsement Stude Guide can also be found on this site.

Are Training Requirements Applicable to me?

Reservists who plan to ride a motorcycle to work while in a military status, are required to comply with AFI 91-207. Members who ride while in military status must be registered in AFSAS MUSTT, comply with state licensing, AF training, PPE and installation requirements.

Once training is complete, be sure to enter your training in MUSTT, scan and upload a cope of your MSF card, and notify your unit Motorcycle Safety Rep (MSR).

Civilians, and ARTs that ONLY ride while in civilian status, must comply with state licensing, PPE and installation requirements.

Where can I Find Information to Sign-Up for Training?

The 19 AW Safety Office manages the Installation Traffic Safety Program. Instructions are posted on the 19 AW Occupational Safety SharePoint (CAC enabled) at:

https://eim2.amc.af.mil/org/19se/Ground_Safety/

<u>default.aspx</u>, scroll down to middle of page, click on "MSR/ Rider Info" then select the "Rider Information" folder.

How do I Register for an AFSAS MUSTT Account?

For instructions on how to register for an AFSAS MUSTT account and build a training record, open the document titled "New Rider Account Set Up".

Required Personal Protective Equipment:

Courtesy of the 913 AG Safety Office

-Head Protection (DOT approved helmet) -Eye protection -Foot & Ankle protection -Full-fingered gloves or mittens -Long trousers -Long-sleeved shirt or jacket (abrasion resistant or leather offers more protection)

Riders are encouraged to select PPE that incorporates fluorescent colors.

SUICIDE OR SAFE SIDE... WHICH ARE YOU ON?

WILMIT - considered the most important piece of protection a rider can use. An approved heimet protects against head injuries, cold weather and flying objects.

REFLECTIVE VEST - mokes you more visible during hours of dorimets.

JACKET/LONG SLEEVED SHIFT jockets or long-seeved shifts can help reduce or prevent abrasion injuries.

GEOVIS - well-podded gloves protect your paims, knuckles, and fingers.

FANIS - long-seeved pants help resid obroson and can protect opdint/surloum, windbum or hypothermio.

BOOTS - boots provide protection opping foot and anyte injuries.

OPSEC Highlights

Courtesy of National CyberSecurity Alliance

Take It Personally: Ten Tips for Protecting Your Personally Identifiable Information (PII)

Seems like we always have a connected device somewhere within arm's reach, whether it's a smartphone, laptop, tablet, a wearable, or some combination of them all. In a way, we bring the internet along with us nearly wherever we go. Yet there's something else that follows us around as well—a growing body of personally identifiable information, also known as PII.

What is PII?

What is PII? It's information relating to an identified or identifiable individual when such individual can be identified directly or indirectly, when used alone or linked to other online identifiers provided by their devices, applications, tools and protocols. A prime example is your Social Security Number, if you live in the U.S. That clearly calls out your identity. Further examples include your facial image to unlock your smartphone, your medical information, your finances, your phone number (because it can be easily linked back to you), , internet protocol addresses, or other identifiers such as radio frequency identification tags.

You can also find examples of PII in the accounts you use, like your Google to Apple IDs, which can be linked to your name, your email address, and the apps you have. You'll also find it in places like the apps you use to map your runs, because the combination of your smartphone's unique device ID and GPS tracking can be used in conjunction with other information to identify who you are and where you like to do your 5k hill days . The same goes for messenger apps, which can collect how you interact with others, how often you use the app, Are you sharing too much Personally Identifiable Information (PII)?

> FULL NAME AGE GENDER TELEPHONE NUMBER TELEPHONE NUMBER TELEPHONE NUMBER TELEPHONE NUMBER TELEPHONE NUMBER DETTIELENSE UNITAL EXCORP INATIONALITY MATINA SETUS INCOME INFO INCOME INFO

Some examples of PII, information that can be used to identify you.

- · Name, maiden name, alias
- Social security number (SSN), passport or driver's license number
- Street address or email address
- Internet Protocol (IP) or Media

...PRACTICE GOOD OPSEC! "SHRED, ENCRYPT, PROTECT" and your location information based on your IP address, GPS information, or both.

In all, there's a cloud of PII that follows us around as we go about our day online. Some wisps of that cloud are more personally identifying than others, yet gather enough of it and PII can create a high-resolution snapshot of you—who you are, what you're doing, when you're doing it, and even where you're doing it too—particularly if it gets into the wrong hands.

Protecting your PII protects your identity and privacy

It reminds me of Pig-Pen, the character straight from the old funny pages of Charles Schultz's Charlie Brown, followed as he was by an ever-present cloud of dust. Charlie Brown once said, "He may be carrying the soil that was trod upon by Solomon or Nebuchadnezzar or Genghis Khan!" Except the cloud surrounding us isn't the dust of kings and conquerors, they're motes of digital information that are of tremendously high value to crooks and bad actors—whether for purposes of identity theft or invasion of privacy.

Needless to say, with all PII we create and share on the internet, it means we need to take steps to protect it—lest that PII get abused.

Click to read more

26 February 2021

Hot Off The Press (Satire)

Pillow Forts, Food Review, & Smoking Cessation

BREAKING NEWS

To complement the new break room, Staff Sgt. Seminario has procured a high quality dartboard to hang on the wall. The game set includes a dozen Black Widow knurled barrel steel tip darts and a sack of apples. With that being the case, members are reminded that under AFI 36-2903 para 3.5.1, face and body piercings are prohibited for all military personnel. Should any member find themselves spontaneously pierced while playing William Tell, personnel are advised that they may not keep it no matter how rad it looks.

Selling Golden Bolts

Local entrepreneur, Master Sgt. Coffman, will begin selling golden bolts to whoever wants a day off. When questioned about his new startup business, Coffman explained the philosophy behind hoarding Quality Assurance's precious hardware.

"The first time I found the golden bolt as an Airman, leadership denied my CTO request. I said, 'Alright, screw it. What can you do?' So I've been keeping the bolts ever since."

To date, the Master Sgt .has amassed over a hundred golden bolts. Prices vary by rank, so Amn pay \$10, NCOs pay half their day's salary, and QA personnel trying to cover up the loss of their golden bolts should contact Coffman directly to work something out.







Courtesy of Staff Sgt. Christian Diaz, 913 MXS

How to Access the Portal on a Government Computer

-By Sgt. Murph, local tech guru

1. Insert CAC

- 2. Click applicable login icon
- 3. Type PIN

4. You should get a message either "domain not specified" or "credentials not verified." Repeat steps 2 through 4, for a total of five consecutive times. (Gotta let her warm up)

5. Be sure to have at least 30 minutes to log on to the Portal, as this process has become rather lengthy.

a. Click internet icon and within 10 minutes you should get a notification at the top of the screen "Not Responding"

b. Exit window and try again

c. Rinse, lather, repeat

d. By now you are pondering all life decisions and whether the military was the right one. You should be having the feeling of throwing away your entire military career because of a petty computer system.

e. After almost 30 minutes of waiting and a blood pressure level of 80/100, you are now ready to access the portal!

Enjoy!



Click to Connect:



