

FINAL FORMATION

M-day Guard & Reserve

ETS/NO DEPLOYMENTS/NO LINE OF DUTY INJURIES



1. If you have Tricare Reserve Select it will end the day of your ETS.

- a. You can convert to Continued Health Care Benefit Program the Quarterly cost for an individual is \$1,553 and for a family \$3,500.
- b. If you have Tricare Dental, it will end the day of your ETS.
- c. Benefeds for vision, it will end the day of your ETS.

2. You are eligible for VA home loan, as long as you have completed 6 years of service. You are not eligible VA Health care unless you can successfully submit a VBA claim for a military related injury. Once service connected, you then become eligible for VA healthcare.

3. SGLI ends 120 days after your ETS. You may convert to a civilian policy thru the VA website, or you can sign up for the Veteran's Group Life Insurance (VGLI).

4. FSGLI it ends 120 days after your ETS. You can convert to a civilian policy thru the VA website.

5. Traumatic Service Life Insurance that you were paying (part of your SGLI payment) a \$1.00 for each month ends the day of your ETS date.

6. Through DMDC "My Access Center", sign up for DS Logon so you are able to access Ebenefits, check your GI Bill information, military records, DD214, etc. You need to be sure it is a .mil site before entering any information.

7. Before ETS you can get with JAG to get power of attorney, wills and medical power of attorneys done.

8. Survivor Outreach Service (SOS) is available to your family members if anything happens to you for life. The SOS can assist with determining which benefits your family members may be entitled to.

The Transition Assistance Advisor can answer any questions or concerns you have, 720-250-1173.

There is no time limit for services and can help you no matter your status with the military.