



US Navy COVID-19 Standardized Pre-Deployment Guidance Clean Crew, Ready for Mission



To ensure a clean crew, ready for mission, units shall adhere to the following standardized pre-deployment guidance to the maximum extent possible. **This guidance does not restrict Fleet, TYCOM, and Operational Commanders from issuing more specific guidance to units within their respective areas of responsibility.**

***Informed by DoD Force Health Protection (FHP) Supplement 6**

***Aligned with Navy and Marine Corps Public Health Center Pre-Underway COVID-19 Mitigation Recommendations for Ships**

1. Minimum required actions prior to deployed/underway operations* => Goal is a COVID Free Crew

- a. Mandatory screen for existing medical conditions that place personnel at higher risk for COVID morbidity and mortality => High Risk personnel² must be evaluated by a Medical Professional and First Flag must approve waiver to deploy
- b. Conduct daily personnel screening (questionnaire / temperature checks)
- c. Test and isolate any personnel with influenza-like illness (ILI) symptoms at MTF
- d. Conduct minimum 14 day ROM to allow 95% of those individuals who will be symptomatic to present symptoms; if local COVID-19 level conditions warrant, strongly consider increasing to 21 days to increase chance of exposing symptomatic individuals to 99%
 - Onboard in-port, individual hotel rooms or at-home sequestration (with NO other contacts) provide acceptable ROM arrangements. There are pros and cons for each of these that need to be weighed given the unit specific circumstances
 - Ensure essential watch stations are manned / conduct required maintenance / conduct underway preparations (logistics, training, etc.)
 - Develop “Operational Bench” for redline personnel to assume mission essential operations (nuclear power plant, bridge, CIC, CDC, etc.)
- e. Pre or Post ROM testing may be requested for CRITICAL** missions. Testing is the only way to uncover asymptomatic individuals, but testing capacity is limited.
- f. External crew, ship riders (contractors, tech reps), direct support personnel, and all others embarking ship during underway require a 14 day ROM prior to embarking
 - Short notice contractor/tech rep embarking ship requires additional precautions (PPE, restrict movement, sanitization, etc.)

***It may not be possible to meet these minimum requirements for all underway operations in the OFRP. Fleet CDR discretion is allowed except prior to final deployment training/certification event in which all requirements must be met.**

****CRITICAL missions include Strategic assets, SEAL teams iso COCOM named operations, and CSG/ARG**

2. During ROM when a Crew Member starts showing signs of possible COVID infection

Isolate and screen the Crew member - Patient Under Investigation (PUI)

- a. If ROM is onboard the ship, transfer PUI and close-contacts¹ ashore soonest
 - a. Restrict contact with the rest of the crew/Operational Bench
 - b. Test PUI
 - c. If lab positive – isolate and treat
 - d. If lab negative – provide medical treatment until clinically improved
 - If lab negative and clinically improved: they have no restrictions
 - If lab negative and do not improve: quarantine and re-test
- b. If ROM is not onboard, provide PUI medical treatment until clinically improved
 - a. Screen twice a day at a minimum
 - b. If symptoms worsen, consult medical authorities regarding transfer to medical facility
- c. Re-evaluate to return to crew duties

Identify, quarantine and screen close contacts¹ of confirmed COVID case

- a. If onboard the ship, transfer ashore
- a. Screen member. Screening should at a minimum include a questionnaire to assess risk to exposure, temperature check, and visual check for signs and symptoms per CDC
- b. Isolation for 14 days
 - Individuals cannot test out of isolation
- c. If close contact becomes symptomatic – follow PUI protocol
- d. Do not test persons after isolation period, they may be released if asymptomatic

Continue to evaluate PUI and close contacts => medical providers shall use PPE

- a. Conduct twice daily screening => temperature checks & questionnaire
 - Evaluate for evidence of ILI

GOAL is a COVID Free Crew but asymptomatic personnel will be present
Day-to-day actions must assume COVID is present =>
Follow Prevention / Mitigation Frameworks

¹**Close Contact:** Individuals identified by the Medical Department Representative (MDR) as a) being within approximately 6 feet (2 meters) of a COVID-19 case for a prolonged period of time (>10 minutes); close contact can occur while caring for, living with, visiting, or sharing a health care waiting area or room with a COVID-19; or, b) having direct contact with infectious secretions of a COVID-19 case (e.g., being coughed on). Close contact is only considered during the COVID-19 case's potentially infectious period, defined as from 48 hours prior to symptom onset (or positive test if asymptomatic) to time the case is placed in isolation.

Examples:

- Individuals in the positive Sailor's berthing with a rack located above, below, and across the aisle or in the series of racks immediately forward and aft of the positive Sailor
- Other prolonged interactions identified by the MDR, e.g., galley, gym, smoking deck, chapel, etc.
- Present in the positive Sailor's immediate workspace during infectious interval (weather deck an exception)

²**High Risk Individual:**

- **Smoking (due to immunity effects)**
- **Chronic lung disease or moderate to severe asthma**
- **Serious heart conditions including hypertension**
- **Immunocompromised (cancer treatment, HIV/AIDS, immunosuppressing medications)**
- **Severe obesity (BMI \geq 40)**
- **Diabetes**
- **Chronic kidney disease**
- **Liver disease**
- **65 years or older**