

It's not all fun and games!

Adults often think of child's play as mere fun and games, or a way to fill time. Actually, imagi-native and creative play assist a child's cognitive growth and emotional adjustment.

Family Care Center has a number of Child Play Therapists dedicated to help your child reach their full potential.

Play Therapy Can:

- Develop self-confidence
- Build positive self-image
- Help express feelings
- Help with decision making
- Help cope with real-life situations



Who can benefit from Play Therapy?

All children go through stages of an occasional emotional "crisis". But some children have serious problems, often caused by:

- Neglect
- Family Violence
- Divorce, separation or other changes in family situation
- Chronic illness
- Grief