

## MTF Website Content: Flu Vaccine 2020 Guidance

### Influenza Vaccine Update

Flu season is upon us. We are concerned about your health and encourage everyone to get vaccinated annually against influenza.

It's critical that everyone who is able, receives a flu vaccine. It's essential that active duty service members, active duty family members and other beneficiaries are well-protected from influenza.

Please see the guidance below for getting the flu vaccine here at Barquist Army Health Clinic (BAHC):

### Active Duty Service Members (ADSMs):

Active duty and Guard/Reserve members are required to get the flu vaccine.

- Walk-ins are available Monday-Friday, from 0800-1100 and 1300-1500.
- Vaccine is available during an appointment with your PCM (for any reason)

When you get a flu vaccine from anywhere besides Barquist Army Health Clinic, follow your Service policy guidance for recording the vaccine in your shot record. You'll need the following information:

- The date the vaccine was given
- The vaccine name or code
- Manufacturer
- Lot number

### Active Duty Family Members (ADFMs) and Retirees/Retiree Family Members Enrolled to BAHC

- To minimize entry into the clinic during the pandemic, the vaccine is currently available for Barquist Enrolled patients only. All others, please see below.
- Vaccine is available during a PCM appointment for patients of all age groups.
- Walk-ins are available ONLY for children under 35 months of age; Monday-Friday from 0800-1100 and 1300-1500. All others must be given in conjunction with a PCM appointment

### Other Beneficiaries Not enrolled to Barquist:

- Local Tricare network pharmacies ie....Walgreens, Rite-Aid, Walmart, Weis, Giant, Giant Eagle, Wegman's, Costco.

### IMPORTANT: Other Options for Getting the Flu Vaccine (to include all AD, ADFMs, Retirees, Retiree FMs)

If you're unable to get the flu vaccine at Barquist, you can visit any participating network pharmacy or TRICARE-authorized (civilian) provider. Visit [www.tricare.mil/flu](http://www.tricare.mil/flu) to learn more.