



How the Program Works:

- Attached you'll find the Name and APO Address of your Soldier who is deployed somewhere outside of the Continental United States
- As often as desired, just send your Soldier a card, letter, or a care package which will surely make your Soldier's day
- Be sure to include all of the components of the address on only one side of the package to ensure that your Soldier receives your package as promptly as possible
- All information given is for your use only and should not be released to media. If you are unsure of how to safeguard your Soldiers information or have questions about the confidentiality of your Soldier's information, please call prior to making a decision
- The United States Postal Service will ship your package in a standard flat rate box to any APO address for only \$10.95. So make sure you inquire about your discount. The box size is 12" x 12" x 5 ½ or 800 cubic inches

What to Expect:

- Expect to make the day of a Soldier that may not receive mail or care packages from anyone else
- Expect updated information from the State Family Program's office surrounding the Adopt-A-Soldier Program
- Expect a letter notifying you when your Soldier has made it home safely
- Your Soldier may or may not be able to respond to your letters, cards, or care packages but know that your act of selfless service is greatly appreciated by every Soldier within the Arkansas National Guard

Other Information:

Items Soldiers enjoy receiving:

Drinks:

Capri Sun
Sweetened Kool-Aid packets
Country Time lemonade
Gatorade
Lipton Tea Mixes

Food:

Beef Jerky
Beef sausage (these are very popular according to Paul and Evan)
Candy of all kinds

Items Soldiers enjoy receiving - (cont):

Canned meats
Canned cheese
Canned chips
Canned salsa, dips
Canned tuna, chicken
Cookies (all kinds)
Crackers
Dried fruits
Graham Crackers
Hickory Farms stuff (no need for refrigeration)
Nuts
Pretzels

Fun Stuff:

Books (new or used)
Board games
Card games
Comic books
Electronic Games
Magazines (Newsweek, People, Maxum, Cosmo, Sports anything, etc.)
Tabloids newspapers (they are fun to read)
Playing cards
Poker chips
Puzzles
Movies
Word Puzzles
Footballs
Nerf Balls
Soccer Balls

Health and Hygiene:

Aspirin
Antacids
Band-Aids
Chap stick
Cough Drops
Dental floss
Disposable razors
Foot powder
Hand sanitizer
Hair brush/comb
Kleenex

Mouthwash
Neosporin
Q-tips
Soap (bar)
Shampoo/conditioner
Thera-Flu
Toilet paper
Toothbrushes
Toothpaste
Wet wipes

Miscellaneous:

Batteries
Can opener
Boot socks (gray, green, black only w/ thick soles) Wal-Mart has them
Envelopes
Gloves
Gum
Journal
Pens
Plastic utensils
Stationary

Share who and where you are:

Your local newspapers/comics
Jokes you know
Our soldiers love any news from the outside world

Item that Soldiers can not receive: (packages are subject to search)

Pork or pork products

Alcohol

Pornographic Material of any sort

Anti-Muslim Literature

Large Bulky Items

Avoid Items that will melt

Aerosols

Glass

Troops have very little storage space and must carry 50 lb+ in gear so as you select items, the smaller the better. As a general rule of thumb, **THINK CAMPING!**