

## Safe HelpRoom Sessions for Military Men

Are you a man who has experienced unwanted sexual contact or touching? You are not alone. Join us in an **anonymous** online forum and hear from other men who have had experiences with unwanted sexual contact.

**Who:** Military men who have experienced unwanted sexual contact or touching looking for **anonymous** information and support.

**What:** Safe HelpRoom is an **anonymous, moderated group chat service** that allows individuals who have experienced sexual assault in the military to connect with, and support one another. These sessions will be specifically for men to connect with other men who have had experiences with unwanted sexual contact.

**When:** Every Wednesday in February

Feb 1 - 1000-1200  
Feb 8 - 1900-2100  
Feb 15 - 0100-0300  
Feb 22 - 0700-0900  
(All times listed are EST)

**Where:** Join the conversation online at [www.safehelproom.org](http://www.safehelproom.org).

**Why:** These sessions provide a space where individuals who have experienced sexual assault can connect with one another to provide peer-to-peer support. Here, men are able to talk to each other and explore their experiences in an **anonymous** and secure environment.

*Members of the DoD community who have been affected by sexual assault can access 24/7, confidential, anonymous support through the DoD Safe Helpline, or by calling 877-995-5247. Safe Helpline is operated by RAINN through a contract with the DoD and provides no personally identifiable information to the DoD or your chain of command.*